



**Institute of Contemporary
Psychotherapy+Psychoanalysis**

A Community for Self+Relational Theory+Therapy

October 2022 Newsletter Supplement: The ICP+P Fellowship Program



What is the ICP+P Fellowship Program? By Eileen Boyle, PhD

We're very pleased to introduce the incoming Fellows of the 2022–2023 class of ICP+P's Fellowship Program in Contemporary Forms of Psychoanalysis!

The Fellowship Program introduces participants to the ways in which psychoanalysis has evolved as a relevant clinical practice for the 21st century. The program is a self-contained series of nine talks on selected topics in psychoanalysis. These topics include the experience of race, culture, and language; the evolution of psychoanalysis; the therapeutic relationship; dream interpretation; attachment and loss; and treatment of trauma. The Fellowship serves as both a stand-alone educational experience, as well as an introduction for those who might consider membership in ICP+P, or further training in one of ICP+P's three other programs.

The program is designed for practicing clinicians, residents, interns, and advanced graduate students from mental health fields including psychology, psychiatry, social work, counseling, and nursing. Scholars with an interest in psychoanalysis, clinicians who provide training in psychotherapy, as well as more-seasoned clinicians, may also find the Fellowship to be a valuable experience. We limit the class size, to foster discussion during each meeting, and to encourage a sense of community that we hope will last beyond the Fellowship year.

The Fellowship draws on graduates of the ICP+P Psychoanalytic Training Program, as well as other members of ICP+P, to serve as faculty. While faculty lecture on their topics, they also encourage Fellows to engage by discussing examples from their own clinical practice or lived experience. Readings are provided in advance of each meeting, to add context to the presentation. We request evaluations from the Fellows after every meeting, and we incorporate their thoughts into our ongoing planning. Continuing education credits are available for each meeting, and a Certificate of Completion is awarded to those who attend at least seven of the nine meetings. Faculty members include Eileen Boyle, Ph.D., Elizabeth M. Carr, APRN, MSN, Adriana Cuto Silva, LCPC, Marie Hellinger, MSW, LICSW, Fonya L. Helm, PhD, ABPP, Ruth Migler, MSW, Marya Myslinski, PsyD, Shoshana Ringel, PhD, LCSW-C, Roger J. Segalla, PhD, and Cherian Verghese, Ph.D.

As you will see in their introductions below, the Fellows are all accomplished

professionals, with clear potential to contribute to psychoanalytic thinking and practice. We're so glad to welcome them into the ICP+P community!



Fellow Introductions 2022 – 2023

Laura Berg, MSW, LCSW-C is a clinical social worker who currently works as a senior clinician with the University of Maryland Faculty Physicians Employee Assistance Program, in addition to her own private practice. Previously, Laura served as director of the Maryland Physician Health Program and the Maryland Professional Rehabilitation Program with MedChi, The Maryland State Medical Society. Laura has worked with numerous physicians and other healthcare professionals with various mental health issues, substance use, behavioral concerns, boundary-related issues, cognitive disorders, professional burnout among other presenting issues. Laura is excited to continue to build on her professional growth and development through the ICP&P fellowship where she hopes to contribute to this rich, engaging and collaborative community.

Sophie Browner is a second-year graduate student at Smith School of Social Work. Her primary clinical interests include personality pathology, eating disorders, and attachment-related disorders. She has worked with adolescents with a wide range of presenting challenges including complex trauma, as well as anxiety and mood disorders. This year she will be completing her practicum internship at The William Alanson White Institute in New York City and working at Mount Sinai's Mood and Personality Disorders Research Program. In addition to her clinical training, she is also a certified birth and postpartum doula. In her spare time she enjoys reading, writing, hiking, and cooking.

Jon Lindefjeld, MD, MSc is a psychiatry resident at the National Capital Consortium based out of Walter Reed National Military Medical Center. As a third-year resident, he primarily sees outpatients and intermittently takes inpatient call. He is particularly interested in the social determinants of health. Jon is currently serving as a Captain in the US Army. Outside of work, he enjoys traveling, reading, and going for walks in the city.

Dyuti Ganesh, LPA, MPS is a registered psychology associate in Washington, DC and Maryland. She enjoys and specializes in working with college-aged & young adult individuals from multicultural backgrounds with mood disorders, trauma, adjustment, and identity concerns. Her clinical style is integrative and relational-cultural in nature and she hopes to learn and use psychoanalytic approaches to treat complex trauma in a cultural context. In her spare time, Dyuti enjoys gardening (at a very novice level), cooking, spending time outdoors, and practicing yoga alongside other holistic health techniques.

Matthew Greve, MD is currently an active-duty military psychiatrist and the Program Director for the Walter Reed Child and Adolescent Psychiatry Fellowship training program. He recently returned from almost three years in Germany serving as Chief of the Child and Family Behavioral Health Service and is happy to be returning to the DMV to practice family-centered care as well as teach and supervise trainees. Dr. Greve has a passion for psychotherapy, including family and group therapy, and his belief in the power of play and games for healthy individual and family growth has recently led to a passion for Therapeutically Applied Tabletop Role Playing Games, among other play-based therapies. He also seeks to enhance military cultural competence among mental health practitioners and gain more familiarity with novel uses for technology and social media connectedness in treating children and families.

Rachel Henry, LCSW is a native of Louisiana and long-term Northern Virginia resident. She graduated with dual B.S. degrees in psychology and human studies from Old

Dominion University, then completed her Master of Social Work at George Mason University. Currently, Rachel is a psychotherapist specializing in trauma informed and somatic techniques and is licensed in Virginia and Washington, D.C. After working in a variety of clinical settings she now is a solo practitioner with Therapeutyque Counseling Solutions. While attending GMU, Rachel developed a love for painting in watercolors and now paints with pastels, gouache, and alcohol inks. In addition to painting, Rachel has a wide range of crafting hobbies and particularly enjoys quilting design and paper crafting. Other passions include adventure travel and writing.

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Sheva Melmed, LCSW-C, LICSW has been in practice since 2007. A graduate of Smith School for Social Work, she has trained at the Washington School of Psychiatry and is now guest faculty there. Sheva has experience working in both school and hospital settings doing family and group work. In her private practice she sees individual adults and does some family work. In her work with individuals, Sheva is very interested in how the work of therapy emerges relationally in the dyad, and in the mysterious work of the unconscious made conscious by both participants in the process. She plans to expand her practice to include group work. Outside of her work as a psychotherapist, Sheva is interested in the ancient arts of woolworking, breadmaking, seasonal cycles and respect and reverence for the Ancestors, Earth and the Cosmos. Sheva is ordained in the Earth-based, Jewish tradition of the Kohanot.

Jessica Nelson, MD is a third-year psychiatry resident in Bethesda, Maryland. She is currently seeing patients at an adult outpatient behavioral health clinic. She is new to her studies in psychotherapy but has a particular interest in trauma-focused therapy and is very excited to be a part of the ICP+P fellowship! Outside of work she enjoys reading, running and baking.

Emily Parker, PhD is an Associate Professor at Towson University, where she teaches philosophy and gender studies. Emily's research focuses on political philosophy, with an emphasis on twentieth century to contemporary francophone philosophical approaches to ecology and body politics. She is interested in understanding the contributions of psychoanalysis to this period and has enjoyed attending her first ICP+P events during the 2021-2022 year. Emily is very pleased to participate in the ICP+P fellowship. Originally from Memphis, Emily enjoys cooking, travel, meditation, walking, and painting.

Candice Passerella, MD graduated from the United States Naval Academy in 2004. From 2006-2013, she was a Naval Flight Officer and a Mission Commander, in Iraq and Afghanistan. She then received the Navy Health Professions Scholarship Program to attend Howard University College of Medicine from 2016-2020. She currently trains at Walter Reed National Military Medical in psychiatry, and serves as the Psychiatry Department's Diversity, Equity, and Inclusion Chair. She also recently received the American Psychiatric Association Foundation Child and Adolescent Fellowship Program awards in 2022. In her free time, she enjoys traveling with her husband and daughter, long distance running, reading, and watching Sundance movies.

Lisa Schock, MD is a general psychiatrist practicing in Fargo, ND. She practices a mix of inpatient and outpatient adult psychiatry including neuromodulation through electroconvulsive therapy and transcranial magnetic stimulation. She has an interest in working with patients who have treatment-refractory mood disorders, as well as those with severe personality disorders. She is an Assistant Clinical Professor of Psychiatry at the University of North Dakota where she teaches residents and medical students. When not

at work, she enjoys spending time with her husband and two dogs, reading, riding horses, and playing bassoon with a local concert band.

Mary Ann Thomas, MD is a rising PGY3 in the combined internal medicine and psychiatry program at Walter Reed. She is very excited to take part in the ICP+P fellowship program which coincides with her first year in outpatient psychiatry clinic. Outside of work, Mary Ann likes to stay active with running, lifting weights, and learning how to cook.

Chelsea Turner, MPP MSW is a licensed social worker in private practice in Takoma Park, MD. She is most excited to expand her experiential and practical skillsets through ICP +P. She primarily works with adult survivors of childhood trauma. Chelsea is a nerd at heart and enjoys Dungeons and Dragons, gardening, and kittens.

Veronica Williams (Wright), MD is a PGY-3 resident physician in the Walter Reed National Military Medical Center Combined Internal Medicine and Psychiatry Residency Program. Veronica sees patients with a wide range of psychiatric and medical concerns, but she has a particular clinical interest in comorbid psychiatric and medical needs (e.g., the management of severe depression with comorbid diabetes, substance use disorders, eating disorders, etc.) In addition to her clinical interests, Veronica also has experience and interest in the recognition and mitigation of healthcare provider bias against patients belonging to traditionally stigmatized groups, and works in medical education on this issue. She is very excited to be joining the ICP&P Fellowship this upcoming year to learn more about psychoanalysis. Outside of work, Veronica enjoys reading and traveling/spending time with her new husband who lives in Chicago.

Gabrielle Yundt, PsyD is a clinical psychologist with a private practice in Dupont Circle, where she works with adolescents and adults. Gabby finds particular joy in working with individuals with complex family of origin relationships, trauma survivors, immigrants, and young adults. She also has specialized training in integration of spirituality (specifically Christianity) with psychology. She also integrates attachment theory, person centered, and feminist theory into her relational psychodynamic approach. Gabby recently relocated from her home state of Oregon and enjoys hikes, green pastures, mountain views, and a well-crafted cup of coffee. She also enjoys spending her time with her black lab puppy.

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