

ICP+P ANNUAL CONFERENCE
Three Characters in Search of a Story:
Empathy as a Complex Relational Achievement
Featuring Hazel Ipp, PhD and Malcolm Owen Slavin, PhD

Saturday, April 30, 2022

9:45 am-4:00 pm EST

Virtual Event

Online Zoom Webinar

We share multiple realms of experience with our patients. Very often, what feels real—what we both deeply trust—emerges through a process of probing and negotiating the universal, human existential challenges around otherness and loss that we inevitably share with our patients. Hazel Ipp and Malcolm Slavin will basically try to show this—show it as it developed over time in an ongoing therapeutic relationship. Their story will revolve around Mal's treatment of his patient, Adam. We'll hear Hazel re-narrating how Mal and Adam communicate—how they try to connect and make meaning. Mal resumes his story. Hazel continues to comment. Back and forth, we hear the story develop. What emerges is what Hazel and Mal come to see as a complex form of empathy: A valued empathy that, however, is neither a "stance," nor a learned "technique." Rather, through an "adaptive probing" of what is hidden, conflicted and multiple in the other, a kind of complex empathy emerges over time in this relational context. Eventually Adam, Mal's patient, reads and responds to the story as Mal tells it. He reflects and directly speaks to us through his written commentary on Mal's story of their years of therapy. As Adam brings us inside his inner dialogue, we hear his subjective experience of the empathic process that Hazel and Mal have come to understand and to call a complex relational achievement.

At the conclusion of this conference, participants will be able to:

1. Describe how empathy can be a complex relational achievement.
2. Identify how adaptive probing, coming to know and be known, works in the process of building trust.
3. Describe how patients may change and develop internally without putting significant parts of their experience into words.
4. Critique Dr. Ipp and Slavin's concept of complex relationally achieved empathy and apply it to their clinical work through engagement in a small group discussion.

This conference is appropriate for clinicians at all levels of experience and offers 5 CEs.

About our Presenters:



Hazel Ipp, PhD is in full time private practice in Toronto, Canada. She is a founding Board Member of the Toronto Institute for Contemporary Psychoanalysis and is currently Vice President of this institute. She also serves on the faculty and provides training and supervision. She is a founding director and past president of The International Association for Relational Psychoanalysis and Psychotherapy and is currently vice president of the organization. She is Chief Editor Emeritus of *Psychoanalytic Dialogues* and also serves on the editorial boards of *Contemporary Psychoanalysis* and *Psychoanalysis, Self and Context*.



Malcolm Owen Slavin, PhD is a founder of The Massachusetts Institute for Psychoanalysis, where he teaches, supervises and has served three terms as President. He is a consulting and associate editor of *Psychoanalytic Dialogues* and also serves on the editorial boards of *Contemporary Psychoanalysis* and *Psychoanalysis, Self and Context*. Mal's first book (with Daniel Kriegman) is *The Adaptive Design of the Human Psyche: Psychoanalysis, Evolutionary Biology and the Therapeutic Process*. His current book, *Original Loss: Mourning Existential Trauma in the Arts and the Art of Psychoanalysis*, explores our major human evolutionary loss of an earlier, innate, instinctual embeddedness in nature necessitating the vital survival function of the arts, and the art within psychoanalysis and religion.

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Registration Form

Name _____ License or Degree _____

Address _____ City, State & Zip _____

Email _____ Phone _____

Conference Fees

- \$150 ICP+P Members
- \$75 ICP+P First- and Second-Year Members, ICP+P Members-In-Training, ICP+P Fellows, Graduate Student Members, Unaffiliated Students, and Emerging Professionals (those within 5 years of graduate education)
- \$75 International Attendees (Outside US)
- \$200 Non-Members

For more information, to request reasonable accommodations, or to register online, please visit www.icpeast.org/conferences or email icppeat@km-direct.com. A refund for cancellation is available up to 10 days before the conference.

To register by mail, send this page and payment to:

ICP+P
3298 Governor Drive, Suite 22270
San Diego, CA 92192

Continuing education credit: 5 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. As our CE program receives oversight from a licensed social worker, the CE credits we award are highly likely to be recognized by licensing boards in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 5.0 CE credits for attending the CE activity. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of *5.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Hazel Ipp, PhD, Malcolm Owen Slavin, PhD, and the planners have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationship with any commercial interests pertaining to this educational activity. Additionally, the presenters have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during this presentation. This presentation will not contain any references to off-label (non-FDA approved) use of products or devices.

Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session. Please arrive at least 10 minutes before the scheduled start time to allow time to check in. **Full Zoom attendance is required in order to receive CE Credit.**