

Short Course

Intersubjectivity: Working with the Leading Edge and the Trailing Edge with Marie Hellinger, LICSW and Marya Myslinski, PsyD, PLLC

This course will take a deep dive into intersubjectivity theory as developed by Robert Stolorow with a focus on leading edge/trailing edge experiences in therapy. Intersubjectivity theory highlights, in the words of Robert Stolorow, “there is no immaculate perception”, but how moment to moment experiences are both created by and need to be understood by the subjective experiences of both therapist and patient. We will focus on leading edge and trailing edge experiences for both the patient and the therapist in clinical experiences. Leading edge experiences are new developmental opportunities in the treatment, while trailing edge experiences are those that repeat problematic themes from the patient’s or therapist’s development. This course will be “experience near” by bringing the concepts alive with clinical examples. We will include how a cultural context is crucial to understanding and working with subjective experience.

This workshop is designed to help participants:

1. Discuss the basic tenets of Intersubjectivity and self-object experiences.
2. Explain the generative transferences according to Kohut (i.e., mirroring, twinship, and idealization) and how they influence self-object experiences.
3. Describe the leading edge and trailing edge experienced in therapy and the ways the four quadrants influence the therapy and the relationship between both patient and therapist.
4. Identify how intersubjectivity theory can be useful in addressing cultural dynamics in therapy.

This program is appropriate for clinicians at all levels of experience and offers 2 CEs.

About our Speakers:



Marie Hellinger, LICSW is a psychoanalyst in Washington, D.C. who practices from a Self-Psychological perspective. She is a training analyst, supervisor and faculty member in ICP&P’s Psychoanalytic Training Program and a supervisor and faculty member in ICP&P’s psychotherapy training program (CAPP program). She particularly enjoys teaching Intersubjectivity Theory and Motivational Systems Theory. Recent presentations include “Leaning into the Pain: The Analyst’s Subjectivity and Developmental Transformation” and “Kaitlin: Co-Created Empathy, Forward Edges and Developmental Change.”



Marya Myslinski, PsyD, PLLC is a licensed clinical psychologist with a private practice in Falls Church, VA. She completed the CAPP program through ICP&P in 2018. It was through CAPP that Marya began to develop and enhance an appreciation for the theory and therapy of Self Psychology in general and Intersubjectivity in particular. Her adult psychotherapy practice reflects this focus and she enjoys watching her clients, herself, and the relationship between them shift and grow.

References:

Doctors, S. R. (2020). The Selfobject Concept: The Heart of Kohut’s Psychology of Health. *Psychoanalysis, Self, and Context*, 15(1), 25-32.

Geist, R. A. (2011). The Forward Edge, Connectedness, and the Therapeutic Process. *International Journal of Psychoanalytic Self Psychology*, 6(2), 235-251.

Zimmermann, P. B. (2019). On Leading and Trailing Edge: Toward a New Conceptualization of What is Curative in Psychoanalysis. *The Psychoanalytic Review*, 106(4), 291-303.

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REGISTRATION FORM

Limited space is available.

Name _____ License/Degree _____

Address _____ City, State, Zip _____

Email _____ Cell Phone _____

FEES:

- \$50 ICP+P Members
- \$25 ICP+P 1st Year Members, 2nd Year Members, Emerging Professionals, MITs, Graduate Student Members, Fellows, and Unaffiliated Students
- \$70 Non-Members

For more information or to register, please visit <https://icpeast.org/short-course/> or email administrator@icpeast.org. A refund for cancellation is available up to 10 days before the seminar.

Mail-in registrations should be sent to:
3298 Governor Drive, Suite 22270, San Diego, CA 92192

Continuing education credit: 2 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. As our CE program receives oversight from a licensed social worker, the CE credits we award are highly likely to be recognized by licensing boards in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 2.0 CE credits for attending the CE activity. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

** Marie Hellinger, LICSW & Marya Myslinks, PsyD, PLLC, as presenters and planners, have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationships with any commercial interests pertaining to this educational activity. Any references to "off-label" (non-FDA approved) use of medication, products or devices will be explicitly disclosed in the presentation.*

CE Credit is granted to participants with documented attendance at individual workshops. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session.