



Wounded Healers and Suffering Strangers: Navigating Ethical Dilemmas Together with the Red Well Theater Group

Saturday, December 5, 2020
9am-12:30pm Eastern (US/Canada)

Online Virtual Conference
3 Ethics CEs

Presented by The Bruce Wine Memorial Fund and ICP+P

Socio-cultural-political and environmental forces in the 21st century have converged to generate complex ethical dilemmas for the practice of psychotherapy. In 2020 the traumatic stress of the COVID-19 pandemic, cascading economic vulnerabilities, systemic inequities impacting marginalized communities, racial injustice, and polarization in American politics is expressed in our consulting spaces through dissociated silence, cautious whispers, aching grief, and rageful torment. Neither therapist nor client is immune from these stressors causing injury—moral, psychic, relational, and physical.

The seismic shift to teletherapy, in particular, has set in motion novel dilemmas for therapists and patients to navigate together. A core ethical question facing clinicians today:

How do we reconcile the competing ethical imperatives of therapist wellbeing and an effective therapist-patient relationship with a civic duty to safeguard public health?

By definition an ethical dilemma in clinical practice reflects an underlying conflict between multiple ethical principles that require a dynamic process of resolution, rather than a solution-based application of evidence-based or best practice interventions and guidelines.

The process of resolution includes a recognition that something is amiss, information gathering to learn more, an exploration of the nature and meaning of the dilemma with stakeholders, a decision to take action, and an evaluation of that action's effectiveness.

In this program these core concepts will be introduced:

- Ethical Standards: The utilitarian approach, the rights approach, the fairness or justice approach, the common good approach, the virtue approach.
- Ethical Principles: beneficence, non-maleficence, respect for autonomy, justice, fidelity, and therapist self-care.
- Therapist virtues: compassion, discernment, trustworthiness, conscientiousness and integrity.
- An inclusive, process-oriented approach to resolving ethical dilemmas.

The program format features:

- Dramatic reading of the play, *Off the Map*, by Joan Ackermann, presented by the Red Well Theater Group.
- Commentary by the therapist/actors linking themes from the play to vignettes from their personal lives and clinical practices, as examples of working with ethical dilemmas.
- Audience members will be invited to contribute comments and questions to a discussion segment among the therapist/actors.

At the conclusion of this conference, participants will be able to:

1. Identify subjectively felt experiences that might alert the clinician that an ethical dilemma has emerged related to a client, group, or practice-as-a-whole.
2. Explain the underlying conflict of competing ethical principles as the basis for understanding ethical dilemmas in clinical practice.
3. List the marginalized others to be included as stakeholders in a collaborative process of resolving ethical dilemmas in clinical practice and beyond.
4. Name therapist self-care strategies which reflect core ethical principles of clinical practice.

This conference is appropriate for clinicians at all levels of experience and offers 3 Ethics CEs.



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About our Presenter:

The Red Well Theater Group of Washington, DC contributes to the professional development of psychotherapists through dialogical presentations featuring a dramatic reading of a stage play, clinically relevant commentary, and audience discussion. Our goal is to enhance therapist empathy by illuminating and exploring themes of mutual recognition and communal wellbeing in and beyond the consulting room.

About the Bruce Wine Memorial Conference:

Bruce Wine was a founding member of ICP+P. The Bruce Wine Memorial Fund was created in 2008 with a mission to sponsor conferences that bring creative and innovative theoretical and clinical perspectives to ICP+P and to the larger mental health community. The Fund's central mission is focused on fulfilling Bruce's wish to bring cutting edge thought to theory building and clinical practice.

Registration Form

Name _____ Professional Designation _____

Address _____ City, State & Zip _____

Email _____ Phone _____

Conference Fees

- | | |
|---|--|
| <input type="checkbox"/> Free for ICP+P Members | <input type="checkbox"/> \$90 for Non-members |
| <input type="checkbox"/> \$35 for Unaffiliated Students | <input type="checkbox"/> \$60 for International Attendees (Outside US) |

For more information, to request reasonable accommodations, or to register online, please visit www.icpeast.org or email administrator@icpeast.org. A refund for cancellation is available up to 10 days before the conference.

To register by mail, send this page and payment to: ICP+P, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008

Continuing education credit: 3 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. As our CE program receives oversight from a licensed social worker, the CE credits we award are highly likely to be recognized by licensing boards in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 3.0 CE credits for attending the CE activity. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of *3.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Red Well Theater Group of Washington, D.C. and the planners have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationship with any commercial interests pertaining to this educational activity. Additionally, the presenters have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during this presentation. This presentation will not contain any references to off-label (non-FDA approved) use of products or devices.

CE Credit is granted to participants with documented attendance. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session