

March 2020

A Community of Practice

by Jen Sermoneta

ICP+P is a community of practice, in which colleagues learn through interdependence and mutual support. Our community offers us tremendous opportunities to develop personally and professionally.



When peers open up about therapeutic struggles, share insights, discuss cases or articles, share emotional reactions, or pose thought-provoking questions, everyone involved learns from that together. When colleagues teach theory, give guidance, or mentor development, both teacher and student learn. These experiences take place both formally and informally, at conferences, short courses, study groups, training programs, on the listserv, at breaks, and in workgroup meetings. Through many paths, ours is a community centered in learning.

ICP+P's training programs in particular are foundational. As our director Eleanor Howe commented, "Learning through a yearlong or multi-year training program provides a unique opportunity. In our clinical work, as the paid professionals, we continually set parameters and make choices to sculpt the process. So it is a pleasant change of pace to be the recipient of another's effort -- to be guided through a well-curated curriculum and syllabus. It is a gift to adopt a new role through which others come to know us well and see us grow as clinicians."

Three of our four long-term training programs are forming new cohorts in 2020. Could one be right for you?

- The CAPP program is a 2-year clinical training program specifically focused on the values, attitudes and listening perspectives of clinicians who operate from Self Psychological and Relational orientations. To learn more, attend one or both of the case conferences on March 15th and April 18th.
- Our Couples Therapy Training Program focuses on integrating psychodynamic theory and specific clinical skills, so that clinicians can feel effective in therapeutically addressing the challenges of this work. On April 25th, join us for a case presentation exploring neurobiological considerations in the psychodynamic psychotherapy of a couple.
- The Fellowship Program is designed for practicing clinicians, residents, interns, and advanced graduate students from mental health fields including psychology, psychiatry, social work, counseling, and nursing. The Fellowship gives participants a feel for the types of learning experiences available in ICP+P's training programs and professional community.

Below is more information about all three programs. In the meantime, I look forward to meeting you at the teaching and learning experiences that make our community of practice so enriching.

CAPP Open Houses

ICP+P's CAPP Program is pleased to announce two Open Houses, offered free of charge, as an introduction to topics and clinical applications included in the training experience. Join us to explore how you can deepen your practice, expand your theoretical

understanding, and learn more about the only psychotherapy program in the DC area that is dedicated to Self and Relational perspectives.

Sunday, March 15th from 3:00 – 4:30 pm

Raquel Willerman, LCSW, CAPP graduate, will present her graduation paper entitled “The Beautiful Porch.” In this paper, Willerman discusses an impasse with a patient in which the working through required her to own a part of herself that she had not acknowledged was in the room. We will discuss Bromberg’s notion that successful therapy is wrought from a dialectic between the patient’s being seen (by the therapist) and seeing (the therapist), particularly and poignantly when the patient sees something in the therapist that the therapist disavows.

Saturday, April 18th from 10:00 – 11:30 am

Janna Sandmeyer, Ph.D., Chair of the CAPP program, will present “A Case Illustration of Core Concepts in Self Psychology.” Using this detailed case example, Sandmeyer will explore Kohut’s seminal contributions in empathy, selfobject transferences, and disruption and repair as they manifest in the therapeutic relationship. We will consider how Self and Relational theories work together to inform a meaningful therapeutic experience for patient and therapist.

Both programs will be held at the ICP+P office at 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008.

For further information about applying to the [CAPP Program](#), and to RSVP for the Open Houses, please contact Janna Sandmeyer, PhD, Program Chair, at JannaSandmeyer@me.com or (202) 306-6500.

Couples Case Conference April 25

Are you a couples therapist? Or, are you interested in learning more about the Couples Therapy Training Program? Don't miss this case conference to learn more and experience the training in action.

Integrating Psychodynamic and Neurobiological Principles in the Treatment of A Couple

Saturday, April 25, 2020

8:30-9:00 am Registration ~ 9:00 am-12:30 pm Program
12:30-1:30 pm Community Gathering and Refreshments

Saratoga Apartments Community Room
4601 Connecticut Ave, NW, Washington, DC 20008



RSVP for the Case Conference Here

Through case presentation and discussion, Kirsten Chadwick and Janice Sanchez will offer an opportunity to explore neurobiological considerations in the psychodynamic psychotherapy of a struggling young couple. We will explore how equipping couples with information about emotional arousal, their “Window of Tolerance” and the dynamics of the brain can help couples in and out of the therapy office. We will discuss how we can integrate knowledge of the body and brain to understand developmental injuries relevant to the couple and broaden a psychodynamic couples therapy. Psychodynamic work can be impeded by an alexithymic partner for whom empathy is difficult or by a partner who has few words for his emotions and the developmental history that informs the couple’s dynamic. Kirsten will talk about the ways in which she has used ideas from neurobiology to help a couple understand themselves and each other better, enable each partner to access informative childhood memories and engender reparative compassion and behavioral change in their mates.

At the end of this presentation, participants will be able to:

1. Describe what a neurobiologically aware therapist notices in their clients.
2. Describe ways couples can help each other regulate their emotional arousal.
3. Explain how the Window of Tolerance can be used to help couples be in their optimal arousal zone.
4. Discuss how a couple's physiological reactions (feelings? experiences?) can be resources for psychodynamic couples therapy.

This program is appropriate for clinicians at all levels of experience and offers 3 CEs.

This gathering will include light refreshments and will take the place of the yearly Couples Program potluck dinner. *There is no fee to attend. But you must register in advance.*

[Click here to learn more and register for this case conference...](#)

[Click here to learn more about the Couples Training Program...](#)

Fellowship Program is Taking Applications

Fellowship Program: Contemporary Forms of Psychoanalysis

ICP+P's Fellowship Program introduces participants to the ways psychoanalysis has evolved as a relevant clinical practice for the 21st century.

Who should apply?

The program is designed for practicing clinicians, residents, interns, and advanced graduate students from mental health fields including psychology, psychiatry, social work, counseling, and nursing. The Fellowship gives participants a feel for the types of learning experiences available in ICP+P's training programs and professional community.

What do Fellows do?

Fellows participate in monthly Saturday afternoon seminars throughout the academic year, featuring presentations on selected psychoanalytic topics by faculty and graduates of ICP+P's Psychoanalytic Training Program. Readings are provided in advance of the meetings. Seminars draw from a variety of contemporary psychoanalytic perspectives, including self psychology, relational theory, intersubjective systems theory, motivational systems theory, attachment theory, and findings from infant studies.

What topics will be covered? Presentations will include:

History and Evolution of Contemporary Psychoanalytic Theory, Early Attachment and Traumatic Loss, Empathic Immersion, Working with Dreams, Some Self Psychology Fundamentals, Intersubjective Systems Theory, Culture and Motivational Systems, and Relational Analytic Process.

What are the additional benefits?

- Fellows will have opportunities to attend conferences and programs addressing a wide variety of current topics in psychoanalytic thinking and clinical practice sponsored by the larger ICP+P organization. The two ICP+P conferences offered free to the membership will also be offered free of charge to Fellows. Other ICP+P conferences, seminars, and short courses will be available to Fellows at the student rate.
- Two Continuing Education Credits are available for each monthly seminar.

When and where are the meetings?

The Fellowship will begin September 12, 2020 and continue through May 2021 on the following dates: October 10, November 14, and December 12, January 16, February 13, March 13, April 17 and May 15. Seminars will be held on Saturday afternoons from 2:00 to 4:00 PM at the ICP+P office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008.

What is the cost?

The Fellowship Program is free of charge, other than the application fee.

What is the process to apply?

Applications will be accepted until July 15, followed by interviews scheduled with the Fellowship Co-Chairs. Admissions will occur on a rolling basis.

Click here to complete the online application form. There is an application fee of \$50 for professionals and \$30 for residents, interns, and graduate students. It can be paid online via credit card with the application. If paying by check, please send the application fee made out to ICP+P to Linda Kanefield, PhD, 5480 Wisconsin Ave., #227, Chevy Chase, MD 20815.

Need Additional Information?

For further information, contact the Co-Chairs of the Fellowship Program:

- Linda Kanefield, PhD, LKanefieldphd@gmail.com or 301-654-2645
- Kathy Beck, MSW, kbeckmsw@gmail.com or 202-462-0404

Click here for a copy of the Fellowship information in flyer form.

Click here for the class list and presenters for 2020-2021.

ICP+P Board Nominations Are Open

Greetings from the Elections Committee,

This is an exciting time for ICP+P as we plan for upcoming conferences, changes in leadership and the many volunteer opportunities that are becoming available.

The opportunity to become a Board member is one of the many possible volunteer activities. The Board positions that will be vacant in this election cycle are: Director; Study Group Coordinator; Associate Director of Member Relations; and Board Representative. Attached is a link to the descriptions of each of the positions.

Being part of the Board of ICP+P gives members a chance to be involved with collaborating, decision making, and planning of activities for the present and the future. Board meetings are a time when ideas are discussed in a dedicated and creative environment. As a Board member, you would be a part of shaping our organization. If you are interested in taking a more active part in ICP+P or know of someone who might consider becoming active in the governance of ICP+P, please nominate yourself or her/him for a position.

We encourage you to contact a member of the Elections committee or an existing Board member to discuss and answer any questions you may have about their work and/or about the open positions. Nominations are due by March 18th.

Thank you for participating in this process.

ICP+P Nominations and Elections Committee

Nancy Wachtenheim 703-277-7668, nancyw.lcsw@gmail.com

Alexandra Kaghan 703-319-1436, askaghan@yahoo.com

Kathy Beck 202-462-0404, kbeckmsw@gmail.com

Virginia Voigt 410-808-3422, vvoigtlcswc@gmail.com

Terence Chang 2023503780, terencechang9@gmail.com

Welcome New Member Chad Olle, PhD

by Nancy Wachtenheim

Chad is from Wisconsin where many of his family members still live. He is a first generation college graduate and he describes himself as “psychologically minded and introspective” as a child growing up. He has a Bachelor’s Degree in English Literature and Master’s Degree in Community Counseling, both from the University of Wisconsin system. Chad went on to receive his Ph.D. from Boston College in Counseling Psychology.



The majority of Chad's predoctoral internships/externships were in college counseling. He feels that he can identify with college students—especially first generation—and remembers the time when he was an activist in his college days. As he was an English Literature major, his writing has come out of his analytical and philosophical thinking, especially when it comes to social justice and critical psychology. Chad also had a one year experience as an Extern at Harvard Medical School at Beth Israel Deaconess Medical Center in the field of Neuropsychology.

Chad moved to Washington for his Post Doctoral experience working with the Therapy Group of DC, and he currently has a private practice in Dupont Circle. He likes working with college students as well as adults with depression, anxiety, and relationship issues. Chad "uses himself as an instrument" in his work and considers his "home base theory" relational and psychodynamic. He also describes himself as using "parts" talk from Internal Family Systems, and CBT as a bridge to his relationship work for some clients. Chad is glad to be working in private practice after dealing with the political and bureaucratic issues in academic institutions.

Chad loves movies, music, TV, and books, and he enjoys playing and watching basketball. He is hoping to get back to writing at some point in the near future. For now, he is busy and enjoying his private practice.

Please join me in welcoming Chad as a new member to ICP+P. If you see him at any of the many ICP+P events, please don't hesitate to introduce yourself.

New Study Group is Forming

Study groups are a unique benefit of ICP+P membership, providing members with an exciting and stimulating way to deepen clinical knowledge, and to expand relationships with colleagues. There are [multiple groups that have openings](#) and you can join at any time.

There are also new groups forming regularly like the one below. Contact Jonathan Lebolt, PhD, CGP, Therapy@Doctor-Jon.com, (240) 507-7696 for information.

Title – Relational Perspectives Study Group

Time – 3rd OR 4th Friday (TBD by members) of each month from 1:30–2:45 pm

Location – 4401 East-West Highway, Suite 304, Bethesda, MD

Would you like to learn more about relational psychotherapy and psychoanalysis with individuals, couples and groups? We will be choosing books from Routledge's Relational Perspectives Book Series (<https://www.routledge.com/Relational-Perspectives-Book-Series/book-series/LEARPBS>) and discussing one chapter per month, relating concepts to case material as much as possible. A potential book with which to start: *Toward a Social Psychoanalysis: Culture, Character, and Normative Unconscious Processes*, by Lynne Layton; *The Unobtrusive Relational Analyst: Explorations in Psychoanalytic Companionship*, by Robert Grossmark OR *Memories and Monsters: Psychology, Trauma, and Narrative*, edited by Eric Severson and David Goodman. The group leader is an analyst and group therapist; therapists and analysts of all ages and cultures are welcome. Feel free to contact the leader for more information; please schedule a meeting with the leader prior to joining.

Upcoming Conferences + Short Course

Join ICP+P as we welcome Adrienne Harris, PhD
to Washington, DC for two great events!

Coming on May 1 and 2, 2020

Misogyny, Hatred and Envy Preconference

Friday, May 1, 2020 ~ 4:00-6:00 pm
Silver Spring Civic Building, Silver Spring, MD

Gender Fluidity and Gender Fixed: Contemporary Intersectional and Psychoanalytic Models of Gender and Gender Development Conference

Saturday, May 2, 2020 ~ 9:00 am - 5:00 pm
Georgetown Conference Center, Washington, DC



Adrienne Harris, PhD is Faculty and Supervisor at New York University Postdoctoral Program in Psychotherapy and Psychoanalysis. She is on the faculty and is a supervisor at the Psychoanalytic Institute of Northern California. She is an Editor at *Psychoanalytic Dialogues*, and *Studies In Gender and Sexuality*. In 2009, she, Lewis Aron, and Jeremy Safron established the Sandor Ferenczi Center at the New School University. She, Lew Aron, Eyal Rozmarin and Steven Kuchuck co-edit the Book Series *Relational Perspectives in Psychoanalysis*. She is an editor of the IPA ejournal, *Psychoanalysis Today*.

Much more information is coming soon!



Short Course

Deepening Psychodynamic Clinical Engagement: Reflections on Contemporary Models of Transference and Countertransference

with Elizabeth M Carr, APRN, MSN, BC & Ruth Migler, MA, MSW

Sunday, March 29, 2020
2:00 - 4:00 pm (2 CEs)

ICP+P Office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC

[More Information](#)

[Register Here](#)

We will begin by exploring how participants think about transference and countertransference. What importance does a focus on these phenomena play in their clinical work? Although both concepts are considered to be foundational aspects of a psychodynamic approach, therapists may feel uncertain about how to apply them clinically as psychoanalytic theory has evolved and changed. We will share a contemporary model which views these concepts as fundamentally related to subjectivity and intersubjectivity. In this, transference is viewed as the patient's subjective experience of the therapist and countertransference as the therapist's subjective experience of the patient.

We will focus very carefully on the myriad ways the patient's experience of the therapist is expressed in ongoing clinical interactions. We will provide a range of clinical vignettes that illuminate how to identify and work with the patient's subjective reactions to the therapist. We see these implicit and explicit moments as pivotal to the process of deepening the exploratory work of psychodynamic therapy. On a parallel track, we focus on the therapist's ability to face intense personal responses as they emerge in the heat of clinical encounters. We will illuminate the clinical practices associated with listening for, recognizing, and wearing the patient's

attributions. Our approach calls for the therapist to be authentically open—open to one's own subjective reactions as well as to how these reactions may influence or be influenced by that of the suffering patient.

Through participation in this short course, we hope to expand participants' capacities for understanding complex clinical interactions through an intersubjective lens and to come to realize deeper engagements with themselves and with their patients.

Save the Dates 2020 ICP+P Training + Education

- **Sunday, March 15, 2020, CAPP Open House:** "The Beautiful Porch" with Raquel Willerman, LCSW, ICP+P Office, 3:00-4:30 pm. [Register](#) by contacting Janna Sandmeyer, at JannaSandmeyer@me.com or (202) 306-6500.
- **Sunday, March 29, 2020, Short Course:** "Deepening Engagement in Psychodynamic Therapy: Reflections on Contemporary Models of Transference & Countertransference" with Elizabeth Carr, APRN, MSN, BC and Ruth Migler, MA, MSW, ICP+P Office, 2:00-4:00 pm, 2 CEs. [Register Here](#)
- **Saturday, April 18, 2020, CAPP Open House:** "A Case Illustration of Core Concepts in Self Psychology" with Janna Sandmeyer, PhD, ICP+P Office, 10:00-11:30 am. [Register](#) by contacting Janna Sandmeyer, at JannaSandmeyer@me.com or (202) 306-6500.
- **Saturday, April 25, 2020, Couples Case Conference:** "Integrating Psychodynamic and Neurobiological Principles in the Treatment of A Couple" with Kirsten Chadwick, PhD, CGP and Janice Patterson Sanchez, MSW, 4601 Connecticut Ave, NW, DC, 8:30 am-1:30 pm, 3 CEs. [Register Here](#)
- **Friday, May 1, 2020, Pre-Conference:** "Misogyny, Hatred and Envy" with Adrienne Harris, PhD, Silver Spring Civic Building, 4:00-6:00 pm, 2 CEs. [Registration Opening Soon](#)
- **Saturday, May 2, 2020, Annual Conference:** "Gender Fluidity and Gender Fixed: Contemporary Intersectional and Psychoanalytic Models of Gender and Gender Development" with Adrienne Harris, PhD. Georgetown University Conference Center, 9:00 am-5:00 pm, 6 CEs. [Registration Opening Soon](#)
- **Saturday, September 26, 2020, Conference:** "The Use of Somatic Approaches to Augment and Deepen Psychodynamic Psychotherapy" with Amy Gladstone, LCSW, PhD, Takoma Park Auditorium, 9:00 am to 12:30 pm, 3 CEs.
- **Saturday, November 7, 2020, Short Course:** "It's OK to act it out: Exploring our counter-transference with psychodrama techniques" with Monica Meerbaum, PhD, ICP+P Office, 1:00-4:15 pm, 3 CEs.
- **Saturday, December 5, 2020, Conference:** Bruce Wine Conference on Ethics with the Red Well Theater Group, Silver Spring Civic Building, 9:00 am-12:30 pm, 3 CEs.
- **Saturday, February 6, 2021, Conference:** "Imagination, Mentalizing, and Metaphor" with Robert Benedetti, PhD and Team, Silver Spring Civic Building, 9:00 am-12:30 pm, 3 CEs.
- **Saturday, May 1, 2021, Annual Conference:** "Historical Trauma and Trans-Generational Transmission" with Jill Salberg, PhD, ABPP, Georgetown University Conference Center, 9:00 am-5:00 pm, 6 CEs.



Stephen Stein has been presented the Society for Military Psychology Presidential Citation for his leadership in the education of military and civilian providers treating service members and their families, and for his dissemination of knowledge about the professional diversity of military psychology. [Read more about this award and Stephen's accomplishments.](#)



Together with Simone Jacobs, Joanne Zucchetto and Cornelia Tietke will give two presentations at the March 2020 annual conference of the International Society for the Study of Trauma and Dissociation (ISSTD). The first is *Shame Shame Shame: The Healing Power of Group Psychotherapy for Male Survivors of Sexual Abuse*. The second, *Suicidality: Changing the Narrative*, is a condensed version of a short course they presented at ICP+P in February 2020.



Jonathan Lebolt published an article, *Dealing Directly in our Relationships*, in January 2020 in the Mental Health Library of [NetworkTherapy.com](https://www.networktherapy.com). Please go to <https://www.networktherapy.com/library/articles/Dealing-Directly-in-Our-Relationships-21-Tips/> to read the article.



Robert Benedetti has been named Faculty Member and Consulting Psychoanalyst of the National Training Program in Contemporary Psychoanalysis (NTP) National Institute for the Psychotherapies (NIP) New York, NY. He will Co-Chair the NIP Annual Conference in 2021.



Bulletin Board

Offices

We have two beautiful offices in our suite in Georgetown where Wisconsin Ave runs into the river. One has a floor to ceiling window wall which has an unimpeded view looking straight up the Potomac River towards Key Bridge and Rosslyn Mountain, a spacious office with a magnificent vista. The other is also spacious with a quiet rooftop view of Georgetown and a full length window facing the early morning sun.

If interested, contact Rob Rix, robrrix@gmail.com or 202 625 0782.



Dupont Circle sublet available immediately on Thursday afternoons from 3pm on and all day Saturdays and Sundays. Located in the historic Anchorage Building, 1/2 block from Dupont North metro. Four office suite with waiting room, bathroom, kitchen, and friendly colleagues. Please call Kathy Beck (202) 462-0404 or email kbeckmsw@gmail.com if interested.



My suitemates and I have a brand new Dupont Circle office available for subletting beginning immediately. Our space is located in a full-service office building just steps from the Dupont Circle metro. The office is spacious with ample natural light, and includes amenities such as: new furnishings, high-speed wireless internet, printer/copier, a full kitchen, hot/cold water, thoughtful colleagues, and the potential for referrals. Office space is available weekday evenings, Thursday mornings, and all day on Fridays and weekends. Photos and rates available by request. Preference may be given to those interested in subletting multiple blocks of time. Please contact Julia Rosenfield at 202.495.0635 or juliarosenfieldmsw@gmail.com for more information.



Seven-office suite, Foggy Bottom, Three Washington Circle, for sale. Five offices overlooking Washington Circle, two offices on inner courtyard), waiting room, two bathrooms, kitchenette, administrative space (or possible additional therapist) inner office, another inner office containing copier, fax, water cooler, etc, subsidized patient garage parking, two parking spaces also for sale. For more information please contact the Washington Psychiatric Group, Audrey Thayer Walker, 202-363-0276, audreythayerwalker@gmail.com.



Bethesda Office Space. Interior, furnished office (10' x 9') in attractive suite on the 11th floor of downtown Bethesda office building. Perfect for part-time or beginning practice. Ten minute walk from Red Line. On street & county parking. Complimentary coffee and tea for patients. Private, insuite restroom for therapists. Wifi and fax/copier, office cleaning included. Available immediately. Contact Jacob Melamed at 301-656-5360 or email jmelamed@jacobimelamedphd.com.



Share my New Bethesda Suite! Sublet office with window overlooking trees. Furnish office to your taste and share suite with me and Faith Weidler LCSW-C. Waiting room with kitchenette and bathroom. Some on-site parking/2 blocks from Metro and county garage. Reasonable rent. Wi-Fi available. For more information, please contact Jonathan Lebolt at Therapy@Doctor-Jon.com or (240) 507-7696.



Beautiful DuPont Circle Office Available to Rent in the Corcoran House Building at the corner of 18th and Corcoran Sts. NW, all day Friday + additional half day on Tuesday. Spacious, recently painted and re-decorated, a sunny office, waiting room and private bathroom. Many other amenities available, including wi-fi and fax. Excellent location, 2 blocks from DuPont Circle metro. 2 parking spaces available (1 inside bldg. and 1 outside for patients). If interested, please contact Sarah Pillsbury, PhD by email, pillsburysarah@gmail.com or by telephone at (202) 904-7510. Photos are available. Thank you.

Groups

Mixed and Men's Therapy Groups have openings for adults of all ages. Relational approach; leader is Certified Group Psychotherapist with many years of experience collaborating with individual therapists. Both groups meet weekly and focus on improving relationships with self and others (partners, family, friends, colleagues) and issues in members' lives. The foci of the men's group include recovery from childhood trauma; the mixed group focuses on a broad range of life issues and is open to women, men and gender non-conforming persons. All cultures welcome. Men's Group meets Wednesdays

at 12 pm; Mixed Group, Thursdays at 5 pm. Downtown Bethesda office near Metro and county garage. Sliding fee scale available. For more information, contact (or have client contact) Jonathan Lebolt, PhD, CGP at Therapy@Doctor-Jon.com or (240) 507-7696.



Case Consultation Group Openings

This group has been ongoing for several years, and has developed a style of working that is warm, collegial, curious, and thoughtful. Not only do members have the chance to learn from the group leaders, but it is expected that each member brings additional perspectives to the ongoing dialog and process of the group making it a meaningful relational and dynamic endeavor. At this point, the group is eager to incorporate new members.

The group works from a broadly psychodynamic standpoint. Cherian Verghese has expertise in self psychology and relational theory and practice, as well as contemporary racial and cultural issues. Barbara Wayne has taught British object relations theories, especially Fairbairn, Winnicott, and Klein, as applied to both individual and couple psychotherapy.

Especially interested in developing the therapist's use of the self as an instrument of assessment and engagement. Accordingly, group members present cases on a rotating basis, and also serve as consultants to one another. The group process is used to illuminate the psychology of client, therapist, and their jointly created relationship, and also to clarify the therapeutic process itself.

The group meets weekly on Tuesdays, 10:00 a.m. – 11:15 a.m. at 5225 Wisconsin Ave., Suite 310, in Friendship Heights (across from the Jenifer St. entrance to the Friendship Heights Metro Station), Washington, DC 20015. The fee is \$85 per session. If you or someone else you know may be interested, please contact - Barbara (202) 363-0185 or Cherian (202) 296-2822.



Openings in Group for Men Who Survived Sexual Trauma

Joanne Zucchetto and Cornelia Tietke have openings in their group for men who survived sexual trauma. It is an open-ended, psychodynamic process group that meets Tuesdays from 5:00 to 6:30 PM in Friendship Heights, DC. The fee is \$100/session.

Previous members have commented that this group is one of the only places they can be honest and real about their abuse. The group creates space that allows members to become curious about their experiences, let go of shame, and embrace self-understanding and compassion.

If you would like to learn more about the group, please call Cornelia at 202-271-5673 or call Joanne at 410-507-2569.



Space available in an interpersonal process group of high functioning, creative professionals. The age range is from 30 - 57 at present. This group meets on Tuesday evenings from 7 - 8:20 pm. Most clients are in concurrent, individual psychotherapy with me or a referring therapist. Several therapists have self-referred themselves to the group at various times. Group members are motivated to increase their relational capacity within and outside the group with significant others. In the safety of the group, members learn to present their feelings in more vulnerable and authentic ways which help them learn what brings others closer to them and what pushes others away. Such expression leads to healing and personal growth. I'd be happy to talk with you in more detail if you have questions about whether this group might fit your or your client's needs. ~ Tybe Diamond,

Newsletter coordinated by Jen Sermoneta, PsyD
jen.sermoneta@gmail.com

We love hearing from you!

Please send articles, announcements, artwork, etc. to
Nancy Der, ICP+P Administrator, at administrator@icpeast.org

ICP+P appreciates your donations -- [Please contribute here!](#)

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