

**Short Course**

***Suicidality: Changing the Narrative***

**with Simone Jacobs, MSW, LCSW-C and Joanne Zucchetto, LICSW, LCSW-C**

America is in the midst of a suicide crisis. Last year, the Center for Disease Control released statistics showing that the rate of suicide increased by 33% between 1999 and 2017. Since 2008, suicide is the 10th leading cause of death for all ages. That rate only increases when there is a history of childhood abuse and neglect. Most therapists received little, if any training, about how to manage a suicidal crisis. Most of the training that is available focuses on ‘fixing’ the problem of suicide through prediction and prevention techniques.

In this presentation we will ask our participants to re-consider current understanding of suicidal behaviors as the problem, and demonstrate through case examples, how suicidality holds meaning for our clients, that requires exploration. We will present techniques to help clinicians work through the many emotional, practical, and ethical problems that can arise from an acute or chronic suicidal crisis. We hope that clinicians will leave with a new language and tools for a new kind of conversation about suicide, one that leaves both survivor and therapist with a sense of hope, in what has traditionally been a hopelessness inducing experience.

Participants in this short course will be able to:

1. Identify 3 current narratives that make working through a suicidal crisis so difficult for both clinicians and survivors of abuse and neglect.
2. Identify and describe how suicidal behaviors have meaning and often serve as a complex coping mechanism for survivors of abuse and neglect.
3. Help survivors of abuse and neglect to reframe the suicidal crisis by identifying the underlying meaning connected to suicidal behaviors.

*This program is appropriate for clinicians at all levels of experience and offers 3 CEs.*

**Simone Jacobs, MSW, LCSW-C** is a graduate of Kings College, London University and Smith College School of Social Work. Since obtaining her MSW over 10 years ago, she has focused her training and experience on working with survivors of trauma. She first became interested in working with trauma when she interned at The Center: Posttraumatic Disorders Program, where Joanne was her supervisor. She runs a small group practice, in Takoma Park, MD with a focus on working with survivors of trauma and women of color.



**Joanne Zucchetto, LICSW, LCSW-C** is a graduate of Hunter College in New York, and University of Maryland’s School of Social Work. She has been a trauma therapist for over 20 years, working in two of the most established trauma treatment programs in the country, at Shepard Pratt and at The Center: Posttraumatic Disorders Program. She is currently running a busy private practice in Friendship Heights, and is the co-author of a new book, “Understanding the Paradox of Surviving Childhood Trauma.”



**Short Course**

***Suicidality: Changing the Narrative***

with Simone Jacobs, MSW, LCSW-C and Joanne Zucchetto, LICSW, LCSW-C

**REGISTRATION FORM**

*Limited space is available.*

Name \_\_\_\_\_ License/Degree \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_ Cell Phone \_\_\_\_\_

**FEES:**

- \$75 for ICP+P Members
- \$30 for ICP+P 1<sup>st</sup> + 2<sup>nd</sup> Year Members, Emerging Professionals, Graduate Student Members, MITs, Fellows, Unaffiliated Students
- \$105 for Non-Members

For more information or to register, please visit <https://icpeast.org/short-course/> or email [administrator@icpeast.org](mailto:administrator@icpeast.org). A refund for cancellation is available up to 10 days before the seminar.

Mail-in registrations should be sent to:  
ICP+P, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008

**Continuing education credit: 3 CE credits available for full attendance.** The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. As our CE program receives oversight from a licensed social worker, the CE credits we award are highly likely to be recognized by licensing boards in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 3.0 CE credits for attending the CE activity. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

*\* Simone Jacobs, MSW, LCSW-C and Joanne Zucchetto, LICSW, LCSW-C, as presenters and planners, have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationships with any commercial interests pertaining to this educational activity. Any references to "off-label" (non-FDA approved) use of medication, products or devices will be explicitly disclosed in the presentation.*

CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session. Please arrive at least 10 minutes before the scheduled start time of 9:00 am to allow time to check in.