

Short Course

Reflections on Contemporary Models of Transference and Countertransference: Keeping Culture in Mind

with Elizabeth M Carr, APRN, MSN, BC & Ruth Migler, MSW

Fulfills Diversity Credit Requirements

We will begin by exploring how participants think about transference and countertransference. What importance does a focus on these phenomena play in their clinical work? Although both concepts are considered to be foundational aspects of a psychodynamic approach, therapists may feel uncertain about how to apply them clinically as psychoanalytic theory has evolved and changed, especially regarding the need to develop an appreciation for the cultural context in clinical work. In this session, we will share a contemporary model of transference and countertransference as fundamentally related to subjectivity and intersubjectivity and will consider how dimensions of diversity (gender, race, class, sexual orientation, etc.) influence both therapist and patient.

In the session, we will focus on the myriad of ways the patient's experience of the therapist (transference) is expressed in ongoing clinical interactions and stay especially attuned to examining how the cultural context affects the clinical dialogue. We will provide clinical vignettes that illuminate how to identify and work with the patient's subjective reactions to the therapist. We see these implicit and explicit moments as pivotal to the process of deepening the exploratory work of psychodynamic therapy. On a parallel track, we will focus on the therapist's ability to recognize and face personal responses that may interfere with therapists' ability to see their own biases. We will illuminate the clinical practices associated with listening for, recognizing, and wearing the patient's attributions which are very important in these instances. Our approach calls for the therapist to be authentically open—open to one's own subjective reactions (countertransference) as well as to how these reactions may influence or be influenced by that of the suffering patient.

Through participation in this short course, we hope to expand participants' capacities for understanding complex clinical interactions through an intersubjective lens that integrates an appreciation of culture and diversity. We hope participants will come to realize deeper engagements with themselves and with their patients.

Participants in this short course will be able to:

1. Describe a contemporary, intersubjective model of transference and countertransference.
2. Recognize and discuss how cultural context influences the transference relationship.
3. Describe how to engage the patient's transference attributions as well as describing the importance of reflecting on their own subjective responses in order to deepen clinical engagement.

This program is appropriate for clinicians at all levels of experience and offers 2 Diversity CEs.

About our Speakers:

Elizabeth M Carr, APRN, MSN, BC is a Founding Member and Director Emeritus, ICP+P. She is Co-Chair and a faculty member of the ICP+P Psychoanalytic Training Program and a faculty member of CAPP. A soon-to-be published paper (written with Marie Hellinger) focuses on self psychology and aggression and incorporates a cultural perspective. During the pandemic, she is conducting her psychoanalytic and psychotherapeutic practice remotely.

Ruth B. Migler, MSW is a recent graduate from the ICP+P Psychoanalytic Training Program and is one of the Directors of ICP+P. She is on the steering committee of ICP+Ps CAPP program. As the Spanish speaking daughter of Argentinian immigrants, she is keenly aware of how cultural identity and its influence, can be seen and not seen. She is licensed in Maryland and Washington, DC and during the pandemic has moved to practicing remotely.

Short Course

**Reflections on Contemporary Models of Transference and Countertransference:
Keeping Culture in Mind**

with Elizabeth M Carr, APRN, MSN, BC & Ruth Migler, MSW

Fulfills Diversity Credit Requirements

REGISTRATION FORM

Limited space is available.

Name _____ License/Degree _____

Address _____ City, State, Zip _____

Email _____ Cell Phone _____

FEES:

\$50 ICP+P Members

\$25 ICP+P 1st Year Members, 2nd Year Members, Emerging Professionals, MITs, Graduate Student Members, Fellows, and Unaffiliated Students

\$70 Non-Members

PLEASE NOTE:

1. Recording in any form of this live streaming event is NOT permitted.
2. You will receive the instructions for connecting to Zoom in early November.

For more information or to register, please visit <https://icpeast.org/short-course/> or email administrator@icpeast.org. A refund for cancellation is available up to 10 days before the seminar.

Mail-in registrations should be sent to:
ICP+P, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008

Continuing education credit: 2 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. As our CE program receives oversight from a licensed social worker, the CE credits we award are highly likely to be recognized by licensing boards in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 2.0 CE credits for attending the CE activity. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

** Elizabeth M Carr, APRN, MSN, BC & Ruth Migler, MSW, as presenters and planners, have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationships with any commercial interests pertaining to this educational activity. Any references to "off-label" (non-FDA approved) use of medication, products or devices will be explicitly disclosed in the presentation.*

CE Credit is granted to participants with documented attendance at individual workshops. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session.