

Short Course

Integrative Psychotherapy with Autistic Children and Their Families, Emphasizing Neurodiversity Principles

with Tom Holman, PhD



Tom Holman

This short course will feature discussion of neurodiversity, psychotherapy, and autism spectrum disorder (ASD). The course will begin with a brief background on ASD and neurodiversity. Participants will be encouraged to reflect on their own experiences with neurodiversity and neurotypical privilege.

Therapeutic work is illustrated in the treatment of a moderately-functioning 10 year old boy. The patient had two family members with ASD, and neurodiversity was extremely important to the family.

The therapist's subjective experiences are emphasized, particularly since the patient insisted that he hated the therapist throughout the treatment. The meanings of his avoidance, meltdowns, and concrete demands, as well as therapeutic responses to these, will be discussed. The therapist's mistakes and recovery will be discussed. The evolution of patient-therapist relatedness through largely nonverbal means is emphasized. The necessity of the therapist's relatedness, engagement with, and learning from the parents is also illustrated. We will discuss the need for more than one type of data and more than one theoretical approach.

Participants in this short course will be able to:

1. Define the terms 'neurodiverse' and 'neurotypical,' and compare neurotypical privilege to other types of privilege.
2. Discuss their own experiences with neurodiversity and neurotypical privilege.
3. Discuss and apply the nonverbal aspects of psychotherapy with neurodiverse patients who may not fully engage with conceptual language or typical behaviors.
4. Discuss and apply the integration of different theoretical approaches in working with patients who have ASD or other neurodiverse conditions.

This program is appropriate for clinicians at all levels of experience and offers 3 CEs.

About our Speaker:

Tom Holman, PhD is a clinical psychology graduate of Catholic University. He teaches in ICP+P's CAPP program, and in the Child and Adolescent Psychotherapy Program of the Washington School of Psychiatry. He is a member of the Diversity Interest Group of ICP+P. He is co-chairperson of the Regional Network Committee of the Society for the Exploration of Psychotherapy Integration (SEPI). He has worked in inpatient, outpatient, day hospital, early intervention, and therapeutic nursery school settings. His interest in autism and developmental disorders began during his internship in 1978 and has grown steadily. In his private practice in Montgomery Village, MD he does evaluations for autism spectrum disorder, using the ADOS-2 and other methods, and works therapeutically with children, adolescents, and adults on the spectrum. His interest in neurodiversity and neurotypical privilege encompasses people with disabilities and serious medical problems.

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REGISTRATION FORM

Limited space is available.

Name _____ License/Degree _____

Address _____ City, State, Zip _____

Email _____ Cell Phone _____

FEES:

- \$75 ICP+P Members
- \$30 ICP+P 1st Year Members, Emerging Professionals, MITs, Graduate Student Members, Fellows, and Unaffiliated Students
- \$45 ICP+P 2nd Year Members
- \$105 Non-Members

For more information or to register, please visit <https://icpeast.org/short-course/> or email administrator@icpeast.org. A refund for cancellation is available up to 10 days before the seminar.

Mail-in registrations should be sent to:
ICP+P, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008

Continuing education credit: 3 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. As our CE program receives oversight from a licensed social worker, the CE credits we award are highly likely to be recognized by licensing boards in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 3.0 CE credits for attending the CE activity. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

** Tom Holman, PhD as presenter and planner, has informed us that he does not have a conflict of interest and has disclosed that he has no relevant financial relationships with any commercial interests pertaining to this educational activity. Any references to "off-label" (non-FDA approved) use of medication, products or devices will be explicitly disclosed in the presentation.*

CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session. Please arrive at least 10 minutes before the scheduled start to allow time to check in.