

Short Course

Circling the Chairs: Starting Groups in Private Practice

**with Rob Williams, LICSW, CGP, Liz Marsh, MSW, LICSW, Art Therapist,
David A. Heilman, PsyD, and Jennifer McLish, LCSW**

Launching a group can be one of the most challenging tasks you face as a group therapist. It is easy to get stuck because you are unsure what to do next. In this workshop participants will explore the potential pitfalls of starting a group and learn how to avoid them. Using practical advice that is grounded in group theory, participants are guided through a stepwise process of launching a group.

At the conclusion of the short course, attendees will be able to:

1. Define the parameters (open, closed, time-limited, population, etc.) and focus of the group they want to start.
2. Evaluate how to identify and connect with referral sources, and to promote your group, to ensure a successful group therapy experience for the participants.
3. Identify the important elements of forming a group.
4. Plan how to launch a group.

This program is appropriate for introductory and intermediate level clinicians and offers 3 CEs.



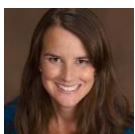
Rob Williams, LICSW, CGP has been participating in, leading, co leading, and supervising process and therapy groups and group leaders for over 20 years. He is a graduate of the National Group Psychotherapy Institute at the Washington School of Psychiatry. He has been a Certified Group Psychotherapist for 10 years.



Liz Marsh, MSW, LICSW, Art Therapist is a Clinical Social Worker and Art Therapist in private practice in Washington, DC. Liz likes to say she was a group therapist before she was really a therapist, in reference to her time leading at-risk youth on survival backpacking treks as a wilderness therapy instructor.



David A. Heilman, PsyD is a Psychology Associate within the District of Columbia, and recently received his doctorate in Clinical Psychology at The George Washington University's Professional Psychology Program. While pursuing his doctoral studies, David completed a Graduate Certificate in LGBT Health Policy and Practice.



Jennifer McLish, LCSW is a Licensed Clinical Social Worker with over 15 years' experience providing therapy to adults, children and families. She sees therapy as a journey and over the years it has been a privilege to walk next to individuals and families as they face and move past often painful challenges.

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REGISTRATION FORM

Limited space is available.

Name _____ License/Degree _____

Address _____ City, State, Zip _____

Email _____ Cell Phone _____

FEES:

\$75 ICP+P Members

\$30 ICP+P First-Year Members, MITs, Emerging Professionals,
Graduate Student Members, Fellows, Unaffiliated Students

\$45 ICP+P 2nd Year Members

\$105 Non-Members

For more information or to register, please visit <https://icpeast.org/short-course/> or email administrator@icpeast.org. A refund for cancellation is available up to 10 days before the seminar.

Mail-in registrations should be sent by September 10, 2019 to:
ICP+P, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008

Continuing education credit: 3.0 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. As our CE program receives oversight from a licensed social worker, the CE credits we award are highly likely to be recognized by licensing boards in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 3.0 CE credits for attending this CE event. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

** Rob Williams, LICSW, CGP, Liz Marsh, MSW, LICSW, Art Therapist, David A. Heilman, PsyD, and Jennifer McLish, LCSW, as presenters and planners, have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationships with any commercial interests pertaining to this educational activity. Any references to "off-label" (non-FDA approved) use of medication, products or devices will be explicitly disclosed in the presentation.*

CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session. Please arrive at least 10 minutes before the scheduled start to allow time to check in.