

Short Course

To Group or Not to Group: Assessment and Preparation of Potential Group Members

***with Rob Williams, LICSW, CGP, Liz Marsh, MSW, LICSW, Art Therapist,
David A. Heilman, PsyD, and Jennifer McLish, LCSW***

Group therapy can be integrated with, or follow, individual treatment to expand and broaden the client's therapeutic experience beyond the traditional dyad. This workshop is an exciting opportunity for clinicians who may or may not run groups themselves: to learn specific ways in which participating in group may be beneficial; to explore having a dialogue with clients about group; and to connect clients with a group experience, if appropriate.

This workshop explores a process for answering three basic questions: Is a client suitable for long-term, open-ended, psychodynamic group therapy? If yes, is the client suitable for the specific group I have in mind? If yes, are they ready to join the group now? Tools for identifying potential group members, assessing readiness for group, and preparing new members for group entry will be demonstrated.

At the conclusion of the short course, attendees will be able to:

1. Evaluate potential group members' suitability for long-term, open-ended, psychodynamically-oriented group therapy.
2. Prepare exclusion and inclusion criteria.
3. Conduct a clinical interview for pre-screening.
4. Identify items required for preparation prior to group entry.

This program is appropriate for introductory and intermediate level clinicians and offers 3 CEs.



Rob Williams, LICSW, CGP has been participating in, leading, co leading, and supervising process and therapy groups and group leaders for over 20 years. He is a graduate of the National Group Psychotherapy Institute at the Washington School of Psychiatry. He has been a Certified Group Psychotherapist for 10 years.



Liz Marsh, MSW, LICSW, Art Therapist is a Clinical Social Worker and Art Therapist in private practice in Washington, DC. Liz likes to say she was a group therapist before she was really a therapist, in reference to her time leading at-risk youth on survival backpacking treks as a wilderness therapy instructor.



David A. Heilman, PsyD is a Psychology Associate within the District of Columbia, and recently received his doctorate in Clinical Psychology at The George Washington University's Professional Psychology Program. While pursuing his doctoral studies, David completed a Graduate Certificate in LGBT Health Policy and Practice.



Jennifer McLish, LCSW is a Licensed Clinical Social Worker with over 15 years' experience providing therapy to adults, children and families. She sees therapy as a journey and over the years it has been a privilege to walk next to individuals and families as they face and move past often painful challenges.

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REGISTRATION FORM

Limited space is available.

Name _____ License/Degree _____

Address _____ City, State, Zip _____

Email _____ Cell Phone _____

FEES:

- \$60 for ICP+P Members
- \$30 for ICP+P 1st Year Members, MITs, Emerging Professionals, Graduate Student Members,
Fellows, Unaffiliated Students
- \$45 for ICP+P 2nd Year Members
- \$90 for Non-Members

For more information or to register, please visit <https://icpeast.org/short-course/> or email administrator@icpeast.org. A refund for cancellation is available up to 10 days before the seminar.

Mail-in registrations should be sent by January 25, 2019 to:
ICP+P, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008

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** Rob Williams, LICSW, CGP, Liz Marsh, MSW, LICSW, Art Therapist, David A. Heilman, PsyD, and Jennifer McLish, LCSW, as presenters and planners, have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationships with any commercial interests pertaining to this educational activity. Any references to "off-label" (non-FDA approved) use of medication, products or devices will be explicitly disclosed in the presentation.*

CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session. Please arrive at least 10 minutes before the scheduled start to allow time to check in.