

October 2018

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Integrating Individual and Couples Therapy

An Interview with Michael Wannon by Jen Sermoneta

Michael Wannon, PhD is Chair of our [Couples Therapy Training Program](#). He sees both individuals and couples, so I was interested in his perspectives on how the two relate. Michael has presented nationally and internationally on couples treatment, the integration of Object Relations and Self Psychology, and the treatment of sexual issues as a therapeutic impasse. He is in private practice in Chevy Chase, Maryland, where he also runs consultation groups for couples therapists...[Read More](#)



Michael Wannon

Welcome Our New Member!

Meet Member Erin Gelzer!

In August, I had the pleasure of talking with Erin Gelzer about her practice and how she became interested in becoming a psychotherapist. Erin joined ICP+P a year ago, as she was beginning her post doc at Georgetown University Counseling Center. She got her Doctorate in Psychology from George Washington University in 2017. About 10 years earlier, she obtained an MBA from the Wharton School and worked in the real estate development business. With time, she discovered that real estate development was not an ideal fit with her values. It was then that she switched to pursuing a career in psychology.... [Read more about Erin and see more New Member Profiles](#)



Erin Gelzer

Did You Join A Study Group Yet?

New Study Groups Have Started!

Welcome to the new two year study group cycle, 2018-2020. Currently, ICP+P has 22 engaging and diverse study groups covering a wide range of interest areas. Many study groups still have openings and would welcome new members. Study groups are free of charge to members. Membership in ICP+P is required for participation in a group....[Read More](#)

Upcoming Training + Education

[Short Course](#) - October 26, 2018

More



Building Intimacy - Connecting Couples Sexually and Emotionally

Deborah Fox, LICSW

This short course explores the intersection of sexual and emotional intimacy for couples who are having little or no sexual activity. A treatment model of intervention will be presented. We'll discuss various factors that could result in this breakdown and consider the initial options for beginning therapy. We'll then examine the most common reasons why therapy stalls or hits an impasse and the interventions most likely to lead to resolution...

information

Register Here



Conference

Contextualized Psychotherapy and Psychoanalysis: Creative Input from Groups, Large and Small and 80th Birthday Celebration for Rosemary Segalla, PhD

More information

Registration will open in October

Save Sunday, December 2, 2018 from 12:30 to 7:30 pm!
Georgetown University Hotel and Conference Center



Save the Date - 2018-2019 Training + Education

- **December 2, 2018**, Conference - Contextualized Psychotherapy and Psychoanalysis: Creative Input from Groups, Large and Small and 80th Birthday Celebration for Rosemary Segalla, Georgetown University Conference Center, 12:30-7:30pm, 4 CEs.
- **January 26, 2019**, Conference - Attachments: Subjugation, Shame, and the Attachment to Painful Affects & Objects Conference, with Richard Chefetz, MD, Silver Spring Civic Building, 9:00am-12:30pm, 3CEs.
- **February 8, 2019**, Short Course - To Group or Not To Group: Assessment and Preparation of Potential Group Members, ICP+P Office, 12:30-3:45pm, 3 CEs.
- **May 4, 2019**, Annual Conference, with Steven Stern, Chevy Chase, MD, 9:00am-4:30pm, 6 CEs.

News + Notes

Tom Gray has received an "Invitational Fellowship for Research in Japan" from the Japanese Society for the Pursuit of Science. The fellowship will entail 3-4 weeks research/travel to Kyushu University in the Fukuoka Prefecture with a Keynote at Ryukoku University in Kyoto. The study will be in Tom's second area of expertise, cooperatives and cooperative organization. Travel will occur in February and March 2019.



Rich Chefetz is participating as a speaker in a program of the Washington Psychiatric Society about clinician burnout and suicide. The title is "Healing the Healers" and it takes place on Thursday, October 18th from 6:30 pm - 9:00 pm at Clyde's at Gallery Place. [Click here to learn more.](#)



Mauricio Cortina will be teaching the short course, *Erich Fromm: social critic, radical humanist and clinician*, at the Washington School of Psychiatry in February 2019. [Click here to learn more.](#)



Jan Gump, ICP+P member, will present on the experience of slavery, its emotional burden still haunting us through the transgenerational transmission of slavery's traumas, its relevance and effect on our clinical work, and the ethical imperatives to confront it. Saturday, March 3, 2018, 10:00 am - 6:00 pm. [Click here to learn more.](#)



In June, ICP+P members Jen Sermoneta and Tom Holman joined with psychologist Judith Tischler from California to present a panel at the annual conference of the Society for the Exploration of Psychotherapy Integration (SEPI). The panel was entitled *Cultural Attunement, Therapeutic Attunement, and Emotional Attunement With Special Needs Children and Families: Case Studies that Inform Case Conceptualization and the Therapeutic Alliance*. A unifying theme of the panel was respect for disability culture and for the ways each person and family understands and deals with disabilities. All three presentations underlined the importance of the therapist's ability to enter disability culture with respect and curiosity and learn from the people we want to help...[Read More](#)

Bulletin Board

- Cozy, sunny office available for rent in Washington Professional Group suite beginning on July 1, 2018. 112 sq ft office overlooks Washington Circle across from GWU and Foggy Bottom metro stop. Within walking distance of Georgetown. Paid parking is available in an underground garage in the building. Nightly cleaning, wi fi, and use of a printer is included. Contact Virginia Voigt, 410-808-3422 for more information.
- Two of the sub-tenants in my Dupont Circle Office have 'graduated' to their own spaces, opening up Monday thru Wednesday mornings until 1:15 pm and all day Friday. Anyone interested should email Sheila Cahill at sheilacahill@mac.com or call or text to 202-322-6236.
- Space available in therapy suite a block from the Tenleytown metro. Situated behind the Best Buy & Container Store in a professional building with a garden courtyard and easy neighborhood parking for your clients. The nicely appointed suite has been recently renovated and has a waiting room and kitchenette. Available Mondays & Fridays, Wednesday after 12 and Thurs evenings. Images of the building and one of the offices can be found here: <https://www.kirstenchadwick.com/location/>. Please contact Jennifer Grosman, jengrosman@yahoo.com or Kirsten Chadwick, kirsten_chadwick@yahoo.com
- Beautiful DuPont Circle Office Available to Rent in the Corcoran House Building at the corner of 18th and Corcoran Sts. NW, all day Friday + additional half day on

Tuesday. Spacious, recently painted and re-decorated, a sunny office, waiting room and private bathroom. Many other amenities available, including wi-fi and fax. Excellent location, 2 blocks from DuPont Circle metro. 2 parking spaces available (1 inside bldg. and 1 outside for patients). If interested, please contact Sarah Pillsbury by email, pillsburysarah@gmail.com or by telephone at (202) 904-7510. Photos are available. Thank you.

- Available for immediate long term, full time sublease, a large sunny office in our suite of five, and are hoping to find a psychodynamically oriented colleague join us. We're located in the West End neighborhood of DC, convenient to the blue/orange and red lines of Metro, downtown, GW and Georgetown. Our suite is in a medical building with easy after hours and Saturday access. Please contact any of us for more information: Becky Bailey, babaileyphd@aol.com ~ Bill Pinney, drwgpinner@gmail.com ~ Lucy Pugh, lucypugh@gmail.com ~ Steve Van Wagoner, slwagoner@verizon.net.



- Tybe Diamond, tybediamond@gmail.com, has openings in two mixed, interpersonal, experiential groups. A pre-group evaluation is necessary to determine a good mutual fit. Tybe is happy to discuss any referral in more detail to help you determine the appropriateness of group therapy for your client. Individuals can also self-refer. Please forward this announcement to any interested client or colleague. ~ Space for men and women age 30 - 65 in a long term interpersonal group from 7-8:15 pm on Tuesday in upper NW DC. Group members are high functioning, creative professionals, who are motivated and seek personal and professional growth. Group interactions are processed in real time with a focus on relational development, interpersonal dynamics, self-reflection and self-awareness. ~ A second, women's group (age 28 - 60) is starting at the end of September and meets from 6:30 - 7:45 pm though the time of the group will be determined based on the possible times for members. High functioning women will be included in this interpersonal, process group where the focus is on relational development, interpersonal dynamics, self-reflection and self-awareness.
- Supervision/Case-Consultation Group for DC-Baltimore Area Clinicians provides clinicians at all levels of experience a confidential and supportive setting for the exploration of clinical challenges. For more information, contact Trish Cleary, <http://bit.ly/2N1VUZC>.
- Mixed & Men's Therapy Groups have openings: (2) for Men's Group & (1) woman for Mixed Group. Tuesdays & Thursdays at 6 pm, Downtown Silver Spring, Insurance/Sliding Scale. Adults of all ages/cultures welcome. Leader has many years of experience collaborating with individual therapists. Please contact (or have client contact) Jonathan Lebolt at Therapy@Doctor-Jon.com or 240-507-7696.



- Greater Washington Society for Clinical Social Work in Alliance with American Association for Psychoanalysis in Clinical Social Work will present, When LGBT 'Cured' Psychiatry: The History You Never Knew! An Ethical Retrospective on Saturday, November 3, 2018 for this year's Alice Kassabian Memorial Conference. The presenter is William Meyer, MSW, Associate Professor of Psychiatry and Ob/Gyn, Duke University who also holds faculty appointments at the University of North Carolina, Smith College School of Social Work and the Psychoanalytic Education Center of the Carolinas. It will be held at the Cosmos Club in Washington, DC from 9AM-12:30PM and will award 3 LGBTQ+ and 3 Ethics CEU credits. Contact Golnar Simpson for questions, golsimpson@verizon.net.

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Please send articles, announcements, artwork, etc. to
Nancy Der, ICP+P Administrator, at administrator@icpeast.org

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