

## Contextualized Psychotherapy and Psychoanalysis: Creative Input from Groups, Large and Small

### A Conference Honoring Rosemary Segalla, PhD

*Join ICP+P as we celebrate the discernment, vitality and contribution of our co-founder, Rosemary Segalla*



Sunday, December 2, 2018: 12:30-5:30 pm Conference  
5:30-7:30 pm Birthday Celebration  
Georgetown Conference Center, 3800 Reservoir Rd NW, Washington, DC

#### About the Conference:

Group therapy adds a broadened perspective to individual treatment. Expanding beyond an emphasis on the client's inner experience as well as their immediate environment to their engagement with larger and more complex worlds offers the therapist and client increasing awareness of the impact of these larger contexts.

Conference attendees will have the opportunity to consider the impact of a combined treatment model of individual and group therapy. A panel of group experts will discuss the value of such a model and how it can be implemented.

Small and large groups will be part of the program, giving participants the opportunity to discuss the panel's presentations as well as processing their own experiences in both the small and large groups. There will be an emphasis on the relational dimensions of group therapy.

**Rosemary Segalla, PhD, ABPP, CGP, FAGPA**, has been conducting, teaching and publishing about group psychotherapy for thirty-five years. Her primary focus is on self-psychological, intersubjective and relational themes as they apply to working with groups as well as with couples. Doctor Segalla is on the faculty of the Group Psychotherapy Training Program of the Washington School of Psychiatry, Washington, DC. She is cofounder and director emeritus of the Institute of Contemporary Psychotherapy + Psychoanalysis, Washington, DC where she serves on the faculty. She is also a member of the International Association of Psychoanalytic Self Psychology governing council. In 2013 Doctor Segalla was honored as a Fellow of the AGPA, the American Group Psychotherapy Association.

*This conference is appropriate for clinicians at all levels of experience and offers 4 CEs.*

The Faculty of the Group Psychotherapy Training Program at the Washington School of Psychiatry will work with Rosemary to facilitate this educational experience. Read more about them on the next page.

#### About the reception:

November 2018 marks the 80<sup>th</sup> birthday of Rosemary Segalla. In honor of Rosemary's passion for groups, we celebrate this occasion as a large group -- As the warm professional community Rosemary co-founded and actively sustains. Your registration includes the champagne/wine and hors d'oeuvres reception that directly follows the conference.

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At the conclusion of this conference, participants will be able to:

1. Describe when it may be beneficial to the patient to incorporate group psychotherapy into an individual treatment.
2. Discuss the pros and cons of working in a combined treatment model of individual and group psychotherapy.
3. Compare treatment outcomes between individual treatment and a combined treatment model.
4. Effectively utilize both individual and group therapy theories to create an individualized combined treatment model.
5. Utilize large group experiences in order to gain greater awareness of relevant social contexts such as race, gender, culture etc.

**We hope you can make it!**

Name \_\_\_\_\_ License or Degree \_\_\_\_\_

Address \_\_\_\_\_ City, State & Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

**Conference Fees**

- \$160 ICP+P Member   
  \$80 MIT/ 1<sup>st</sup> Year / Emerging Professional Member   
  \$120 2<sup>nd</sup> Year Member  
 \$80 ICP+P Fellow / Unaffiliated Graduate Student   
  \$185 Nonmember

For more information, to request reasonable accommodations, or to register online, please visit [www.icpeast.org/conferences](http://www.icpeast.org/conferences) or email [administrator@icpeast.org](mailto:administrator@icpeast.org). A refund for cancellation is available up to 10 days before the conference.

To register by mail, send flyer and payment to: ICP+P, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008.

The Faculty of the Group Psychotherapy Training Program at the Washington School of Psychiatry is composed of group therapists practicing from a variety of theoretical perspectives, practice settings, and clinical focus. Several members have been a part of the faculty for over thirty years. Each member contributes significant time and effort in creating innovative programs for the National Group Psychotherapy Institute, which is a two-year continuing education program designed for group therapists of all levels of experience. The faculty members are also skilled in working in a combined treatment model that includes individual and group treatment. Many are also accomplished teachers, supervisors, and presenters of their approach to group work at local, national, and international conferences.

**Continuing education credit: 4 CE credits available for full attendance.** The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credits hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia may submit these CE credits to their licensing boards. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 4.0 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

*Rosemary Segalla, PhD on behalf of the Faculty of the Group Psychotherapy Training Program at the Washington School of Psychiatry and the planners have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationship with any commercial interests pertaining to this educational activity. Additionally, the presenters have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during this presentation. This presentation will not contain any references to off-label (non-FDA approved) use of products or devices.*