

September 2018

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Director's Column

Welcome to 2018-2019

by Eleanor Howe

Two years ago, my idealized view that, “We’re on our way toward becoming a post-racial world” was popped for good. Now, I muse on what I see as humankind’s course away from the Age of Reason. With no illusions of changing the world, still, I want to give what I’ve got in me against the social poisons of racism, the ill effects of tribalism, and intolerance against those who do not conform to stereotypic gender roles, to name a few. My spirit is open to discern which paths to pursue. Fortunately for me, there is synchronicity between this personal intention and insights I get through my professional connectedness. Because, concurrently, the ICP+P board is determined for our organization to be true to its identity as contemporary: informed, open, and welcoming to all. Our vision is to incorporate clinical and theoretical awareness of diversity into all our educational offerings. ...[Read More](#)



Eleanor Howe

Changes

New Associate Director of Conferences

At a social event in late spring 2016 I met Jen Bissell, our Associate Director of Conferences. I was soon to be Director, and she was soon to be a graduate of CAPP. I asked if she would take over the Conferences position, and blissfully, she only hesitated a moment before she responded with a yes. Jen stepped into the AD of Conferences role gracefully and thoroughly, and we have had two years of stimulating, educational and effective conferences under her leadership...[Read More](#)



New Chair of Short Courses

Ten years ago, when she decided to retire, Marilyn Fuchs made a most excellent decision to volunteer as Chair of Short Courses at ICP+P. Marilyn has decided she is ready for a change, and she is handing the Chair position over to Jane Jacobs (jjacobsdc@gmail.com)...[Read More](#)

Welcome Our New Member!

Please welcome Avi Margolies to ICP+P!

Avi is building a practice and this year will be in the Fellowship Program with ICP+P. He learned about ICP+P while he was in the PsyD program at George Washington University where he graduated in 2017. While majoring in Psychology as an undergraduate at Johns Hopkins University, Avi was able to intern at Sheppard Pratt Hospital's Inpatient Child Psychiatric Unit, which helped him realize he had a keen interest in the field... [Read More](#)



Avi Margolies

Annual Member Potluck + Fall Kick-Off

Sunday, September 16th, 11:00 am-2:00 pm

RSVP to schwanna@hotmail.com

All members are invited to join us for the fall potluck and town hall meeting. This kick-off event gives us a chance to come together as a community to renew ongoing relationships as well as to welcome new members... [Read More](#)



Upcoming Training + Education



Conference

Close Encounters - When Sex Therapy & Psychodynamic Therapy Meet in Couples Treatment

Suzanne lasenza, PhD
September 22, 2018

[More information](#)

[Register Here](#)

Some couple therapists feel unprepared to delve into sexual issues because they have not had sufficient training in human sexuality and don't know how to integrate sexuality into couple psychotherapy.

This workshop will describe expansive models of sexual response, offer guidelines for conducting a sexual history, and outline steps toward co-creating sexual frames that integrate new approaches to standard sex therapy techniques, systemic couple thinking and psychodynamic formulations...



Short Course

Building Intimacy - Connecting Couples Sexually and Emotionally

Deborah Fox, LICSW
October 26, 2018

[More information](#)

[Register Here](#)

This short course explores the intersection of sexual and emotional intimacy for couples who are having little or no sexual activity. A treatment model of intervention will be presented. We'll discuss various factors that could result in this breakdown and

consider the initial options for beginning therapy. We'll then examine the most common reasons why therapy stalls or hits an impasse and the interventions most likely to lead to resolution...



Save the Date - 2018-2019 Training + Education

- **December 2, 2018, Conference - Contextualized Psychotherapy and Psychoanalysis: Creative Input from Groups, Large and Small and 80th Birthday Celebration for Rosemary Segalla**, Georgetown University Conference Center, 12:30-7:30pm, 5 CEs.
- **January 26, 2019, Conference - Shame vs. Dignity Conference**, with Richard Chefetz, MD, Silver Spring Civic Building, 9:00am-12:30pm, 3CEs.
- **February 8, 2019, Short Course - To Group or Not To Group: Assessment and Preparation of Potential Group Members**, ICP+P Office, 12:30-3:45pm, 3 CEs.
- **May 4, 2019, Annual Conference**, with Steven Stern, Chevy Chase, MD, 9:00am-4:30pm, 6 CEs.

News + Notes

Fonya Lord Helm has a discussion, titled "Free Association Continues," of Henry Zvi Lothane's paper, "Free Association as the Foundation of the Psychoanalytic Method and Psychoanalysis as a Historical Science," to be published in an upcoming issue of *Psychoanalytic Inquiry*.



About 30 of Sheila Cahill's abstract paintings (acrylic) are on long term display at Swann House Historic Dupont Circle Inn, 1808 New Hampshire, DC 20009. The exhibition is open to all, seven days a week, from 10:30 am to 3:30 pm.

Bulletin Board

- Cozy, sunny **office available for rent** in Washington Professional Group suite beginning on July 1, 2018. 112 sq ft office overlooks Washington Circle across from GWU and Foggy Bottom metro stop. Within walking distance of Georgetown. Paid parking is available in an underground garage in the building. Nightly cleaning, wi fi, and use of a printer is included. Contact **Virginia Voigt**, 410-808-3422 for more information.
- Two of the sub-tenants in my **Dupont Circle Office** have 'graduated' to their own spaces, opening up Monday thru Wednesday mornings until 1:15 pm and all day Friday. Anyone interested should email **Sheila Cahill** at sheilacahill@mac.com or call or text to 202-322-6236.
- **Space available** in therapy suite a block from the Tenleytown metro. Situated behind the Best Buy & Container Store in a professional building with a garden courtyard and easy neighborhood parking for your clients. The nicely appointed suite has been recently renovated and has a waiting room and kitchenette. Available Mondays & Fridays, Wednesday after 12 and Thurs evenings. Images of the building and one of the offices can be found here: <https://www.kirstenchadwick.com/location/>. Please contact Jennifer Grosman, jengrosman@yahoo.com or **Kirsten Chadwick**, kirsten_chadwick@yahoo.com

- Beautiful **DuPont Circle Office Available** to Rent in the Corcoran House Building at the corner of 18th and Corcoran Sts. NW, all day Friday + additional half day on Tuesday. Spacious, recently painted and re-decorated, a sunny office, waiting room and private bathroom. Many other amenities available, including wi-fi and fax. Excellent location, 2 blocks from DuPont Circle metro. 2 parking spaces available (1 inside bldg. and 1 outside for patients). If interested, please contact **Sarah Pillsbury** by email, pillsburysarah@gmail.com or by telephone at (202) 904-7510. Photos are available. Thank you.
- Available for immediate **long term, full time sublease**, a large sunny office in our suite of five, and are hoping to find a psychodynamically oriented colleague join us. We're located in the West End neighborhood of DC, convenient to the blue/orange and red lines of Metro, downtown, GW and Georgetown. Our suite is in a medical building with easy after hours and Saturday access. Please contact any of us for more information: **Becky Bailey**, babaileyphd@aol.com ~ **Bill Pinney**, drwgpinnney@gmail.com ~ Lucy Pugh, lucypugh@gmail.com ~ Steve Van Wagoner, slwagoner@verizon.net.



- Three **Clinical Training Groups & Couples Group** have openings (Experiential Process Group for Therapists, Supervision/Case-Consultation Group, Couples Therapy Group). Each of these groups meets on either one Saturday or Sunday a month for two hours. All groups are co-facilitated by **Trish Cleary** and Ginger Sullivan. For more information: www.trishcleary.com/announcements/.
- **Mixed & Men's Therapy Groups** have openings: (2) for Men's Group & (1) woman for Mixed Group. Tuesdays & Thursdays at 6 pm, Downtown Silver Spring, Insurance/Sliding Scale. Adults of all ages/cultures welcome. Leader has many years of experience collaborating with individual therapists. Please contact (or have client contact) **Jonathan Lebolt** at Therapy@Doctor-Jon.com or 240-507-7696.
- **Tybe Diamond**, tybediamond@gmail.com, has **openings in two mixed, interpersonal, experiential groups**. A pre-group evaluation is necessary to determine a good mutual fit. Tybe is happy to discuss any referral in more detail to help you determine the appropriateness of group therapy for your client. Individuals can also self-refer. Please forward this announcement to any interested client or colleague. ~ Space for **men and women age 30 - 65** in a long term interpersonal group from 7-8:15 pm on Tuesday in upper NW DC. Group members are high functioning, creative professionals, who are motivated and seek personal and professional growth. Group interactions are processed in real time with a focus on relational development, interpersonal dynamics, self-reflection and self-awareness. ~ A second, **women's group (age 28 - 60)** is starting at the end of September and meets from 6:30 - 7: 45 pm though the time of the group will be determined based on the possible times for members. High functioning women will be included in this interpersonal, process group where the focus is on relational development, interpersonal dynamics, self-reflection and self-awareness.



- Greater Washington Society for Clinical Social Work in Alliance with American Association for Psychoanalysis in Clinical Social Work will present, **When LGBT 'Cured' Psychiatry: The History You Never Knew! An Ethical Retrospective** on Saturday, November 3, 2018 for this year's Alice Kassabian Memorial Conference. It will be held at the Cosmos Club in Washington, DC from 9AM-12:30PM and will award 3 LGBTQ+ and 3 Ethics CEU credits. Contact **Golnar Simpson** for questions, golsimpson@verizon.net.

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We love hearing from you!
Please send articles, announcements, artwork, etc. to
Nancy Der, ICP+P Administrator, at administrator@icpeast.org

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