

April 2018



ICP+P Connections

A monthly e-newsletter from the Institute of Contemporary
Psychotherapy + Psychoanalysis

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Upcoming Conferences

2018 Annual Conference:
First Meetings in Therapy:
Poetics and Pragmatics

Saturday, May 5, 2018
9:00 am-4:30 pm
Sponsored by ICP+P's
Psychoanalytic Training
Program

Featuring
Eric Mendelsohn, PhD
6 CEs

Vote in April! Dawn Taylor Nominations and Election Committee



This month, the Nominations and Election Committee will present a ballot to membership. I've served on the Committee for three years, and each year has been an opportunity to get to know ICP+P members better and see how positions are filled for the Board. Here's a peek behind the scenes.

First, the Elections Committee asks the entire membership for nominations. Often, people are hesitant to nominate themselves. We aren't sure why that is, but the next step is for us to think about who might be interested in being asked to run. So we consider what motivates people to take a more active role in ICP+P. There are founding members who have led and cultivated members and helped the organization grow new programs. Then there are people who have completed our training programs, gained expertise, met the faculty, and grown close to classmates, so want to stay connected. Then there are those who just constitutionally enjoy pitching-in to be part of a community. And, finally, there are people who are at a moment in their lives when they crave a new challenge. Maybe that's because a child has left for college or kindergarten, because they want to learn something new, or because they are looking for a new community.

Next, we consider what people might not realize about becoming a Board member: there are many different roles to play, and many different needs you can fill. For example, I don't consider myself a leader, but definitely a worker bee. I recently joined the Diversity Committee and have learned so much from this experience. I value being part of something that helps me

Georgetown University
Conference Center
3800 Reservoir Rd, NW
Washington, DC

Early Bird Pricing Ends 4-5

Register Now

**Save these dates for
Fall 2018**

Saturday, September 22

Suzanne Iasenza, PhD

Close Encounters: When sex
therapy & psychodynamic
therapy meet in couples
treatment

Sunday, December 2

Rosemary Segalla, PhD

Birthday & Group Conference

grow as a therapist and an individual. ICP+P opportunities can nurture growth on many levels.

The Nominations and Election Committee this year consists of Kathy Beck, Alexandra Kaghan, Nancy Wachtenheim, and me, with Martha Gibbons as our consultant. Each of us has reached out to members and asked them to contribute their energy to the Organization and to consider taking a position on the Board. We all understand the commitment involved in attending monthly meetings and participating on committees. And, more importantly, all of us appreciate the opportunities for collegiality, contribution, and connection that make the work so meaningful and satisfying. Our work is a vital part of a wonderful result: our community!

I sincerely appreciate and want to thank all of those nominees who choose ICP+P as the community where they are investing their time and effort, and who have decided to run for office. Whether you are a leader or a worker bee, and whatever your motivations for serving, you make ICP+P what it is today.

ICP+P Annual Conference on May 5, 2018

First Meetings in Analytic Therapy: Poetics and Pragmatics

Featuring Eric Mendelsohn, PhD



***Sponsored by ICP+P's Psychoanalytic Training Program
with***

Dane Frost, PhD, Case Presenter and Sandra Hershberg, MD, Discussant

[Click Here to Register Now!](#)

Early Bird Pricing Ends on April 5th

Saturday, May 5, 2018
Registration at 8:30 am
Program from 9:00 am-4:30 pm

Georgetown University Conference Center
3800 Reservoir Rd, NW
Washington, DC

Eric Mendelsohn will illuminate the power of first meetings by describing the emerging themes, experiential elements, and pragmatics of beginning treatment. He will examine how patients and psychoanalytic therapists think and feel about beginning therapy, focusing on the hopes and dreads of each, and will explore how these are reflected in the exchanges that mark the start of psychoanalytic therapy. Dr. Mendelsohn will articulate the relational practices that hold and shape the ensuing work – such as how to structure first meetings to facilitate the start of a collaborative process.

The presentation will include ideas and propositions regarding first meetings coming from a number of psychoanalytic pioneers and contemporary thinkers. Dr. Mendelsohn will go on to demonstrate how first meetings can launch a collaborative therapeutic process by sharing an extended case illustration.

In the second part of the morning, Dane Frost will provide a clinical presentation of an early phase of a psychoanalytic treatment. Sandra Hershberg and Eric Mendelsohn will each provide a discussion of the case and dialogue together.

During the afternoon small group discussions, participants will reflect upon their own experiences in beginning treatment and on the proposed pragmatics of starting therapy. In plenary and small group sessions, participants will have an opportunity to discuss the case presentations.

At the conclusion of the program participants will be able to:

1. Describe the central psychological tasks of the patient and therapist preceding and during first meetings.
2. Describe the tensions between the willingness to explore and challenge and the need for safety and pacing that first emerge at the start of therapy.
3. Contrast and critically analyze the approaches to first meetings of several influential psychoanalytic writers.
4. Design a procedural approach to first meetings and their aftermath.
5. Develop familiarity and tolerance for the inevitable ambivalent feelings that emerge at the start of analytic therapy.
6. Identify procedural precedents that can be established in first meetings that can facilitate a collaborative analytic process.

This conference is appropriate for clinicians at all levels of experience and offers 6 CEs.

[***Click here to register and learn more...***](#)

Continuing education credit: 6 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credits hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Because these credits are approved by the American Psychological Association, marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia will receive continuing education credit. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 6 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 6 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Welcome New Member, Daniela Walder
Interview by Alexandra Kaghan



I am pleased to introduce **Daniela Walder**, who recently joined ICP+P. Daniela, her husband and two young children moved to Northern Virginia from Los Angeles last summer. She has spent the last eight months helping her family acclimate to their new home. She recently started her private practice at the Stone House in Falls Church, where she sees adolescents and adults in individual psychotherapy.

In 2001, Daniela obtained her doctorate degree in clinical psychology from the California School of Professional Psychology in Alhambra California. As a psychology intern and as a post doc student, Daniela became involved in a close knit

professional group at the Saturday Center for Psychotherapy. For the past ten years, she was also a clinical supervisor at the Center. The Center's approach to psychotherapy is based on object relations, self psychology and intersubjective theory. During her time at the Center as a student as well as a supervisor, Daniela attended a weekly process group where members explored how their individual dynamics affected group process and their interactions with each other. Daniela found this to be a rich experience, where she gained personal and professional growth.

Daniela also maintained a private practice in Los Angeles, treating adolescents and adults. In addition, she obtained extensive experience treating eating disorders as she worked in an inpatient unit at the Eating Disorder Center of California, where she was a primary therapist. She did individual as well as group psychotherapy.

Daniela's history is culturally rich. She was born in Brazil and moved with her family to Los Angeles when she was nine years old. It was a challenging experience because neither she and her sisters nor her parents spoke English. Her two older sisters, only eleven months apart, were put in the same classroom whereas Daniela was without sisterly help in her classroom. As her parents were Israeli, she grew up in a household where Portuguese, Hebrew and later English were all spoken.

While closing her private practice in Los Angeles was a sacrifice for Daniela, she is loving her new community in Northern Virginia. As a former member of ICP, Institute of Contemporary Psychoanalysis in Los Angeles, Daniela is excited to be a part of our ICP+P community and is looking forward to getting to know our members. She is interested in doing long term psychotherapy with adults and adolescents, who have mood disorders, trauma, and/or eating disorders.

In her free time, Daniela enjoys exercising, learning Italian, dancing and traveling. Please join me in welcoming Daniela to our community. She can be reached at drdanielawalder@gmail.com.

***CAPP Open House on April 8th
You are Invited!***

CAPP invites you to an Open House on April 8th from 1:00 to 3:00 pm.

Featuring paper presentation
"A Shift in Sensibility: Taking Risks and Being Authentic"

by

Jen Bissell, LICSW

CAPP Program Graduate, ICP+P Associate Director of Conference

**Come see who we are, how we think, and
experience Self and Relational theory in action.**

Please join in discussing CAPP's innovative curriculum and the opportunities it affords prospective applicants to enhance their development as clinicians. Come and see what makes our distinctive program a unique opportunity for advancing your understanding of contemporary psychodynamic perspectives and deepening your clinical work.

[Click here to learn more and to RSVP...](#)

2018 Graduation is May 20, 2018



Congratulations To Our Graduates!

The Institute of Contemporary Psychotherapy + Psychoanalysis is proud to invite all ICP+P Members and family and friends of the graduates to the graduation ceremony for the Contemporary Approaches to Psychodynamic Psychotherapy Training Program Class of 2018! This year's graduates include:

Schwanna Cockerham-Qualls, LPC
Heather Leigh Gary, LICSW
Marya A. Myslinski, PsyD
Julia Rosenfield, MSW, LICSW
Campbell States, LICSW
Raquel Willerman, PhD, LCSW

Sunday, May 20, 2018 beginning at 10:00 am
at
Maggiano's Little Italy
Chevy Chase
5333 Wisconsin Avenue, NW
Washington, DC 20015

[Click here to learn more and tell us if you can make it!](#)

***Fellowship Program is Accepting Applications for 2018-2019
Monica Meerbaum and Linda Kanefield***

Welcome to the 2018-2019 Fellowship Program!

ICP+P's Psychoanalytic Training Program welcomes applications for the 2018-2019 class of its Fellowship Program in Contemporary Forms of Psychoanalysis. The Fellowship Program introduces participants to the ways psychoanalysis has evolved as a relevant clinical practice for the 21st century.

The program is designed for practicing clinicians, residents, interns, and advanced graduate students from mental health fields including psychology, psychiatry, social work, counseling, and nursing. The Fellowship gives participants a feel for the types of learning experiences available in ICP+P's training programs and professional community.

To learn more about the topics, benefits, CEs, when and where the meetings are held, [click here to go to our website](#).

[Applications](#) are being accepted now with a deadline of July 15th.

***Meet a Member of the Fellowship Program, Kathryn Wagner!
Monica Meerbaum and Linda Kanefield***

We'd like to introduce you to another member of the 2017-2018 Fellowship Program. Let's welcome her to the ICP+P Community!

Kathryn Wagner

Greetings! I am thrilled to be a part of the ICP+P Fellowship Program and have very much enjoyed our monthly meetings. I received my PhD in clinical psychology from Duquesne University in Pittsburgh, PA in 2016. My program focused on psychodynamic, feminist, and relational approaches to psychotherapy and I was fortunate to see clients for up to four years while in the program. I completed my internship at the Albany Psychology Consortium in NY and postdoctoral residency in LGBT Healthcare at the Bedford VA Hospital outside of Boston, MA. Just last week I began a position as a staff psychologist at the Washington DC VA Hospital where I specialize in working with LGBT and gender-nonconforming veterans. From a clinical perspective, I enjoy utilizing self psychology and attachment theories in my work with patients and supplementing my clinical work with research at the intersection of disability and queer theory. I eventually plan to start a private practice in the DC area with a specialty in LGBT-affirming psychotherapy. A few years ago, before internship, I moved to DC from Pittsburgh with my partner and completed a practicum at the counseling center at the University of Maryland College Park. During that time I had the pleasure of joining Mary Jean Kane's Self Psychology Study Group and since then have wanted to become more fully involved in ICP+P. I am excited to be back in the area and look forward to partaking in future education with ICP+P.

Study Group Sign Up Process Begins in the Spring

Etta Sandler, Study Group Coordinator

Greetings! ICP+P currently has twenty-one engaging and diverse study groups covering a wide range of interest areas. Most study groups have openings and would welcome new members. Descriptions of all study groups are included in the [Study Group section of the website](#). To more fully appreciate the in-depth focus of the readings and clinical focus of many study groups, you can review the Learning Objectives for the study groups that offer CE credits. Study groups are free of charge to members. Most study groups require membership in ICP+P (see [website for exceptions](#)).

It is not too early to start thinking about the start of the next two-year study group cycle which will begin in the fall of 2018. Information regarding the process for signing up for new study groups, and for rejoining study groups, will be emailed to members this spring. Details describing the sign up process can be found in the Study Group section of the [website](#). Please note: the official start of the two year cycle begins the fall of 2018, but members may sign up for any open study groups at any time.

New study groups are always welcome at ICP+P. Please consider facilitating a new study group. You can choose your own topic, select a topic from a list of ideas suggested by ICP+P members, or start a second study group on the topic of a currently closed study group. It is an easy and very straightforward process to start a new group.

Plans are currently underway to start a second *Reading Plays Study Group*. To join or facilitate this new group, or to start or join a group on another topic, contact the Study Group Coordinator at etls17@verizon.net.

Study groups are vital to ICP+P and provide a more fully engaging way to be a part of the community. As part of ICP+P's mission to be welcoming and inclusive, your ideas and feedback regarding ways to make any aspect of the study group learning experience as enriching and inclusive as possible are always welcome.

Couples Therapy Training Program Beginning Fall of 2018

Many experienced therapists feel energized to engage in couples therapy. Yet as time passes, they often feel overwhelmed or "stuck." Those trained and familiar with couples' work know this phenomenon all too well. As the couple's issues around communication, sex, trauma, affairs, rage and hopelessness unfold in the therapist's office, the work can feel taxing and overwhelming, often deskilling the most seasoned therapist.

ICP+P's Couples Therapy Training Program focuses on integrating psychodynamic theory and specific clinical skills, so that clinicians can feel effective in therapeutically addressing the challenges of this work. The program consists of weekly three-hour meetings, divided between didactic learning and group supervision on active couples cases.

The program focuses on:

1. Contemporary Psychodynamic Theories as they apply to Couples Therapy.
2. Addressing specific challenges for couples, including sexual impasses, high conflict, distant and cut-off forms of relating.
3. The challenges inherent in collaborative work between couples and individual therapists.
4. The exploration of countertransference reactions as a tool for effective intervention.
5. Incorporating the contributions of neuroscience and control-mastery into a psychodynamically oriented approach.
6. Specific interventional techniques that facilitate growth and effective couples treatment.

Many graduates of the program continue to collaborate and work together on clinical cases long after the program is completed. The program also offers graduates many ongoing professional and social events, and the opportunity to belong to a warm professional community.

The program is for licensed therapists from all disciplines, and runs from September-May. Classes are held each Wednesday from 11:30 am-2:30 pm. To request more information or set up an informational meeting, please contact Dr. Michael Wannan at (301) 951-9488.

[Click here to learn more about the program...](#)

***Contemporary Approaches to Psychodynamic Psychotherapy (CAPP)
Study Group for Prospective Members-in-Training***
Gail Winston and Jen Bissell

ICP+P's CAPP Program is offering a monthly study group which began in January, 2018 for clinicians interested in pursuing the training program. **You can join the group any month.** There will be readings in self and relational psychotherapy as well as the opportunity to get a better sense of the CAPP program, which will welcome a new class in September 2018. The group will meet on the 3rd Thursday of the month through May, 2018 in Washington.

[Click here to learn more...](#)

Psychoanalytic Study Group for Prospective Trainees
Elizabeth Carr and Larry Ballon

The ICP+P Psychoanalytic Training Program is pleased to announce a new study group for 2017-2018 for individuals who are considering joining a first year class scheduled to begin September 2018. The study group will be a place to explore

your interest in training and to learn more about our psychoanalytic training program. In the study group, psychoanalytic papers will be distributed electronically in advance and will then be discussed in the study group sessions. Engagement with reading and discussion in these sessions will provide participants with a firsthand sense of the ICP+P psychoanalytic training experience. You can join the group at any time.

[Click here to learn more...](#)

News + Notes

Wendy Miller produces a blog on [her website](#). There is an introduction there titled: *Manual and Memoir - An introduction to a couple's journey through aging and illness*. Wendy would like to share another post titled: *A Conversation with a Widow's Nervous System*. It begins, "It is a conversation of existential inquiry. It is the voice of grief. It is the voice of identity reevaluation. It was verboten and now is condoned or allowed. Whoever would have thought that an experience as painful and isolating as loss would move from the outer edges of the psychic hinterlands into the forefront of a trending conversation? Has it?"

[Read more here...](#)

Hello! I would love to announce the opening of my new office in Falls Church at The Stone House. I moved to Northern Virginia nine months ago with my family from LA, CA, where I was in private practice for over 20 years. I am excited to continue providing psychotherapy to adults and adolescents. I have extensive experience working with depression, anxiety, PTSD, adjustment issues, parenting, and eating disorders. Referrals are greatly appreciated. **Daniela Walder**, 310-228-8383, drdanielawalder@gmail.com, www.drdanielawalder.com.

Shoshana Ringel's article, *Integrating contemplative practice and somatic awareness in the treatment of dissociative anxiety* is being published in the *Psychoanalytic Journal of Self and Context*.

Shoshana also presented a workshop, *The Adult Attachment Interview & Implications for Unresolved Loss* on March 23rd at the Maryland Psychological Association.

Monica Meerbaum will be singing in the Georgetown Chorale's Spring Benefit Concert on Saturday, April 28, 4:00 pm, at the Church of the Epiphany downtown. The featured piece is Edward Elgar's "The Music Makers," a reflection of the artist's place in society. Tickets can be purchased online at www.georgetownchorale.org, and proceeds support Southeast Ministry.

Jane Jacobs is working with [Better Angels](#). It is a national citizens' movement to reduce political polarization in the United States by bringing liberals and conservatives together to understand each other beyond stereotypes, forming red/blue community alliances, teaching practical skills for communicating across political differences, and making a strong public argument for depolarization.

Upcoming Events

- **Sunday, April 8, 2018, 1:00-3:00 pm, CAPP Open House**, ICP+P Office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC. RSVP to Janna Sandmeyer, Jannasandmeyer@me.com.
- **Friday, April 13, 2018, 12:30 - 3:45 pm, Short Course - Beyond the Words:**

Incorporating Somatic Interventions into Psychodynamic Psychotherapy.
Being presented by **Alexandra Kaghan and Judy Marx**. ICP+P Office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC. Three (3) CEs. *Sold Out, but you can join the waiting list.* [Register here.](#)

- **Saturday, May 5, 2018, 9:00 am-4:00 pm, 2018 Annual Conference: First Meetings in Therapy: Poetics and Pragmatics**, sponsored by the ICP+P's Psychoanalytic Training Program and featuring **Eric Mendelsohn**. Six (6) CEs. Georgetown University Conference Center, 3800 Reservoir Rd, NW, Washington, DC. [Click here for more information.](#) [Register here.](#)
- **Sunday, May 20, 2018, 10:00 am-1:00 pm, 2018 Graduation Ceremony.** Maggiano's (Chevy Chase), 5333 Wisconsin Ave NW, Washington, DC 20015. All ICP+P Members are invited, but must [RSVP!](#)
- **Saturday, September 22, 2018, 9:00 am-12:30 pm**, Conference featuring **Suzanne lasenza**, Silver Spring Civic Building. Three (3) CEs. More details coming soon...
- **Sunday, December 2, 2018, 12:30 to 7:00 pm, Rosemary Segalla's 80th Birthday Celebration and Group Conference**, Georgetown University Conference Center. More details coming soon...

Bulletin Board

ICP+P members want to share the following information.
ICP+P is not explicitly endorsing these listings:



- **Mary Dluhy** has openings in her **Group Therapy Consultation Group**. It meets weekly on Tuesdays from 12:15-1:30 pm in Upper NW, Washington DC. Contact Mary for [more information](#), 202-363-9400 or marydgroup@aol.com.
- **Bethesda Office space**: A great single sunny office with its own waiting room and ample free parking is available for share or sublet starting in March 2018. The building is well maintained and includes free use of conference room, internet fax and copier. Very reasonable price. If interested please contact **Daniela Wolf** at 301-922-9484, dwarttherapy@msn.com.
- **Supervision/Case-Consultation Group (Open/Drop-in)**

Mental Health Clinicians at all levels can participate in this open/ongoing group. Join with your professional peers in a case-oriented group and explore clinical challenges, reinforce professional competences, and expand clinical awareness. Earn: LGPC group supervision hours for licensure in Maryland and the District of Columbia; Category B CEUs; and/or Certified Group Psychotherapist (CGP) hours. Meets one Saturday a month from 2 to 4 PM. [Check for upcoming dates](#) and attend sessions that work for your schedule. Co-facilitated by **Trish Cleary** and Ginger Sullivan.



For More
Information:
[Click Here](#)

- **A Process Group for Therapists**

Mental Health Providers at all levels are invited to become members in this experiential process group. The group is limited to 10 members. Wait-list openings are available. Earn:

Category B CEUs; LGPC group supervision hours toward licensure in Maryland and the District of Columbia; and/or Certified Group Psychotherapist (CGP) hours. Meets one Saturday a month: 10:30 AM to 12:30 PM. Ongoing monthly dates are scheduled together as a group. Co-facilitated by **Trish Cleary** and Ginger Sullivan.



For More
Information:
[Click Here](#)

- **Couples Therapy Groups**

Our groups are a forum in which couples work together to create the relationships they desire and deserve. Therapist referrals and self-referrals are accepted on a space available basis. **Saturday's Couples Group** meets once a month: 10:30 AM to 12:30 PM. Ongoing dates are scheduled together as a group. **Sunday's Couples Group** meets once a month: 11:00 AM to 1:00 PM. Ongoing dates are scheduled together as a group.

Co-facilitated by **Trish Cleary** and Ginger Sullivan.



For More
Information:
[Click Here](#)

- **Do You Know Colleagues in North Carolina's Research Triangle?** I closed my Reston, VA practice in mid-February and am moving to Durham, NC this spring. I plan to begin a psychotherapy practice again there in early 2019, but would love to meet therapists in the area over the summer and fall in order to understand the "lay of the land". If you know someone practicing in the Durham-Chapel Hill-Raleigh area who might be willing to let me take them to coffee or lunch, please let me know at lesliesmithphd@gmail.com. Thanks! **Leslie Smith**
- This **ongoing group** provides an opportunity to play with theoretical ideas and to apply them directly to clinical material in a supportive, engaging environment, as well as to promote deeper understanding of self as clinician. The emphasis is on exploring psychoanalytic theory as well as clinical casework, with a focus on Relational Theory, Intersubjectivity, and Self Psychology. Readings are assigned as they pertain to specific cases and theoretical interest, with input from the group. Participants have basic familiarity with psychoanalytic theory. This is an ongoing group, open to all allied mental health professionals, with a maximum of five members. The group meets biweekly on Mondays from 2-3:15 pm in Chevy Chase, MD. Please call **Janna Sandmeyer** at 202.306.6500 or email at JannaSandmeyer@me.com for fee information and any other inquiries.
- **Supervision Group for Early Career Professionals - Roger Segalla**, the Director Emeritus of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P), has two openings in his supervision group specifically designed for early career professionals. This interactive weekly supervision group will utilize a relational psychodynamic perspective, that includes self psychology and intersubjectivity theory, to assist group members in conceptualizing and treating individuals, couples, and families. This group will also offer assistance in professional practice issues like setting practice policies, fee structures and practice development issues. If you are interested in learning more about this group please contact Roger at (301) 652-1707 or you can email him at: rsegalla@verizon.net.
- **Countertransference-Focused Consultation Group Opening - Roger Segalla**, Director Emeritus of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P), currently has an opening in his Friday, 12:30 pm to 1:45 pm, supervision group. This weekly consultation group, for mid to late career professionals, utilizes the critical data contained in countertransference feelings, reactions and enactments to guide a psychodynamic process. A

relational perspective, that includes self psychology and intersubjectivity theory, is used to assist group members in conceptualizing and treating individuals, couples, and families. If you are interested in learning more about this group please contact Dr. Segalla at (301) 652-1707 or you can email him at: rsegalla@verizon.net.

- **Rob Williams**, an MBA and Certified Group Therapist, has two openings in a **biweekly experiential consultation group** focused on group therapy. This group is a combination of case presentations, process group, the business side of group, and group journal readings. This is an opportunity for clinicians leading groups or actively planning to start a group to gain first-hand insight into group dynamics to be able to work more comfortably and effectively. Cases presented in the supervision group are worked with by association through the parts that are stimulated in the group members. This parallel material is then used to gain insight into what has taken place in the case presented and to inform future interventions, helping to move past "stuckness" and to enhance group functioning. The group meets biweekly at 1801 Connecticut Ave NW, on Fridays, 9 - 11 am. Group participation can be used to fulfill the requirement for group psychotherapy supervision to become a Certified Group Psychotherapist (CGP). Contact Rob Williams for information: (202) 455-5546, rob.williams.msw@gmail.com, or [this website](#).

ICP+P Connections is the e-Newsletter of the Institute of Contemporary Psychoanalysis and Psychotherapy, issued at the beginning of each month.

Please e-mail articles, announcements, artwork, etc. to Nancy Der, ICP+P Administrator, at administrator@icpeast.org by the 23rd of the previous month.