

December 2017



## ***ICP+P Connections***

**A monthly e-newsletter from the Institute of Contemporary  
Psychotherapy + Psychoanalysis**

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### **Upcoming Conferences**

**The Love That Dare Not  
Speak its Name - On the  
Therapeutic Action and the  
Limitations of Romance and  
Desire in Psychotherapy  
and Psychoanalysis**

Saturday, December 9, 2017  
9:00 am-12:30 pm  
Sponsored by the CAPP  
Training Program

Featuring

***ICP+P's New Fee Structure for New  
Members, Mentorship Program, and  
Other Notes from the Associate Co-  
Directors of Membership***

**Alexandra Kaghan and Nancy  
Wachtenheim**

As Associate Co-Directors of Membership and as new members of the Board, we would like to begin by talking about our experiences in our new shared position.

One of the exciting parts of this position is getting an email from our administrator, Nancy Der, informing us that we have a new member. We welcome the new person, we answer questions, and we get to know about the member. We offer new members the opportunity to be interviewed for the newsletter and we extend an invitation to become a part of the mentorship program. ([Here is a link to recent interviews of new members.](#)) Our enthusiasm about welcoming new members is that we are inviting them into a community that is warm, open, accepting, and professionally solid. We hope our excitement about our community is infectious.

ICP+P's total membership is now almost 240. In the past six months, we have welcomed twelve new members, coming from varied professional backgrounds. In an effort to reach new members, the Board passed a new fee structure. We will continue to have four levels of membership: member, beginning professional, graduate student and retired. For two years, new members will now have a discounted membership fee and discounted rates for conferences. As in the past, beginning professional and student members will continue to have a discounted membership rate and a newly discounted conference fee. [Click here to see the new fee structure chart.](#)

Steve Kuchuck, LCSW  
3 CEs

Silver Spring Civic Building  
1 Veterans Place  
Silver Spring, MD

[Register Now](#)

**Relational Ethics in  
Contemporary  
Psychoanalytic Practice:  
Doing the 'Right' Thing**

Saturday, February 3, 2018  
9:00 am-12:30 pm

Featuring  
Elizabeth A. Corpt, MSW,  
LCSW  
3 Ethics CEs

Silver Spring Civic Building  
1 Veterans Place  
Silver Spring, MD

[Register Now](#)

**2018 Annual Conference:  
First Meetings in Therapy:  
Poetics and Pragmatics**

Saturday, May 5, 2018  
9:00 am-4:00 pm  
Sponsored by ICP+P's  
Psychoanalytic Training  
Program

Featuring  
Eric Mendelsohn, PhD  
6 CEs

Georgetown University  
Conference Center  
3800 Reservoir Rd, NW  
Washington, DC

We will evaluate each year how effective these new rates are in attracting new members and how well our budget can accommodate them.

Another enlivening aspect of our job is offering new members an opportunity to be involved in our mentorship program. We believe it is a vital feature of the ICP+P community. In our role, we work to pair new members with caring ICP+P veterans, who volunteer their time to facilitate the transition into our community. Mentoring, like many aspects of parenting, is implicitly learned. As such, the mentors in ICP+P are utilizing a core part of themselves to enhance a relational experience with the mentees. This experience between mentor and mentee serves as a model for the relational experiences members find within the larger ICP+P community.

The word mentor comes from Homer's *Odyssey*. When Odysseus left to fight in the Trojan War, he asked a friend, named Mentor, to serve as teacher and guide for his son, Telemachus. The word mentor now means trusted advisor, teacher and sage. Examples of mentoring relationships include philosophers Socrates and Plato, singers Woody Guthrie and Bob Dylan, and writers Ralph Waldo Emerson and Henry David Thoreau. Mentoring is a basic form of human development, where one person nurtures the growth and ability of another.

The role of an ICP+P mentor is varied and evolves according to the needs of the new member. In many ways, ICP+P is transparent; however, having an experienced member to act as a guide can introduce the new member to the many opportunities our organization offers. There is no protocol for how to be a mentor. A mentor offers advice on how to become involved in ICP+P, might describe study groups, and may connect new members to others in the community. As you can see, there is so much to gain in being an ICP+P mentor or mentee. If you are interested in being a mentor or mentee, please contact Alexandra at [askaghan@yahoo.com](mailto:askaghan@yahoo.com) or Nancy at [nancyw.lcsw@gmail.com](mailto:nancyw.lcsw@gmail.com).

A final stimulating aspect of our job is attending Board meetings. The work that goes on in these meetings is creative and it is refreshing to be involved with fellow members who are dedicated and extremely hard working, all the while enjoying a good laugh.

***The Love That Dare Not Speak its Name - On the Therapeutic Action and the Limitations of Romance and Desire in Psychotherapy and Psychoanalysis***  
**December 9, 2017**



Featuring Steven Kuchuck, LCSW

**Only a week away!**  
**[Register Now](#)**

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**Sponsored by ICP+P's Contemporary Approaches to Psychodynamic Psychotherapy (CAPP) Training Program**

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Saturday, December 9, 2017  
Registration: 8:30-9 am  
Program: 9 am-12:30 pm

Silver Spring Civic Building at Veterans Plaza  
One Veterans Place  
Silver Spring, MD 20910

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This presentation will address an historical and current-day taboo; the loving, romantic, and erotic feelings that often arise on both sides of the couch, but seldom get discussed in the literature. Particular attention will be paid to the impact of absent, violent, or otherwise unavailable fathers on their heterosexual sons and the resulting longing for male attention, admiration, and love, which often includes a need to be admired physically and romantically in ways their fathers could not provide. When this desire emerges in the treatment, the gay male therapist who experiences an erotic countertransference response and can manage potential anxiety and shame is in a unique position to provide the patient with these necessary supplies.

Through exploration of newly evolving theory and detailed case examples, Kuchuck will explore ways in which these therapist-patient subjective responses become a vital component of the therapeutic action and/or interfere with progress in treatment. Ample time will be allotted for audience discussion.

*This conference is appropriate for clinicians at all levels of experience and offers 3 CEs.*

At the conclusion of this program, participants will be able to:

1. Identify one clinical example in which feelings of love are part of the therapeutic action.
2. Give one clinical example in which love interferes with the therapeutic action.
3. List one example of a classical psychoanalytic prohibition against the analyst's feelings of love for a patient.

[Click here to learn more and to register...](#)

[Click here for the conference flyer...](#)

***Relational Ethics in Contemporary Psychoanalytic Practice: Doing the 'Right' Thing on Feb. 3, 2018***

Saturday, February 3, 2018  
Registration: 8:30-9 am  
Program: 9 am-12:30 pm

Silver Spring Civic Building at Veterans Plaza  
One Veterans Place  
Silver Spring, MD 20910

In psychoanalytically informed practice, we tend to avoid ethical and moral judgments except when rules of professional conduct are threatened or breached. This insures a neutral zone within the consulting room best for deep and non-judgmental exploration. In the meantime, there has been a post-modern philosophical shift in relation to thinking about ethics. This shift, referred to as relational ethics, broadens and deepens the definition of ethics. Ethics moves beyond the importance of applying the "right" rules or techniques to the more experience near notion of determining the "right thing" within a particular context.

Relational ethics provides a useful intersubjective framework that takes into account such things as interdependency, mutual vulnerability, uncertainty, as well as context. Relational ethics provides the philosophical underpinning for conduct in contemporary relational and intersubjective practice and an expanded way to think about the use of one's subjectivity in clinical decision-making.

This conference is appropriate for clinicians at all levels of experience and offers 3 ETHICS CEs.

At the conclusion of this program, participants will be able to:

1. Discuss the post-modern philosophical shift in ethics.
2. Describe the importance of context in relational ethics.
3. Recite the key components of relational ethics with regard to psychoanalytic practice.
4. Explain the inevitability of doing harm.
5. Apply a relational ethics perspective to clinical decision-making.

[Click here to learn more and to register...](#)

[Click here for the conference flyer...](#)

**For both conferences above - Continuing education credit: 3 CE credits available for full attendance.** The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC standards for nurses. Because these credits are approved by the American Psychological Association, marriage and family therapists licensed in the District of Columbia, Maryland, and Virginia will receive continuing education credit. (Marriage and family therapists in other jurisdictions and licensed counselors should inquire with their local Boards regarding continuing education credit.) Attendees from the above professional groups will earn 3 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### **Join the Diversity Discussion Group**

You are invited to join a newly forming email discussion group focused on diversity-related topics. Among other things, this will be a forum for posting ideas or questions, sharing articles, discussing books and movies, and communicating about upcoming diversity interest group meetings.

You can subscribe by sending an email to [administrator@icpeast.org](mailto:administrator@icpeast.org).

**Contemporary Approaches to Psychodynamic Psychotherapy (CAPP)  
Study Group for Prospective Members-in-Training  
Gail Winston and Jen Bissell**

ICP+P's CAPP Program is offering a monthly study group beginning in January, 2018 for clinicians interested in pursuing the training program. There will be readings in self and relational psychotherapy as well as the opportunity to get a better sense of the CAPP program, which will welcome a new class in September 2018. The group will meet on the 3rd Thursday of the month from January through May, 2018 in Washington.

[Click here to learn more...](#)

**Psychoanalytic Study Group for Prospective Trainees  
Elizabeth Carr and Larry Ballon**

The ICP+P Psychoanalytic Training Program is pleased to announce a new study group for 2017-2018 for individuals who are considering joining a first year class scheduled to begin September 2018. The study group will be a place to explore your interest in training and to learn more about our psychoanalytic training program. In the study group, psychoanalytic papers will be distributed electronically in advance and will then be discussed in the study group sessions. Engagement with reading and discussion in these sessions will provide participants with a firsthand sense of the ICP+P psychoanalytic training experience. You can join the group at any time.

[Click here to learn more...](#)

**News + Notes**

**Janna Sandmeyer**, Chair of the Contemporary Approaches to Psychodynamic Psychotherapy training program, has won the 2018 Ralph Roughton Award of the American Psychoanalytic Association for her paper, "Combating Homophobia in a Seminal Article in the Self Psychology Canon: Rethinking Jule Miller's 'How Kohut Actually Worked.'" The Ralph Roughton Paper Award is given to an unpublished manuscript that makes an original and outstanding contribution to the psychoanalytic understanding and/or treatment of lesbian, gay, bisexual, queer, trans, or gender-variant people. She will present this paper and receive her award at the February 2018 annual meeting of the APA.

**Melinda Salzman** will be participating in *Homeward Bound for Christmas* - a Capitol Hill Chorale Holiday Concert on December 2 & 3, 2017. The concert will be a celebration of the Chorale's 25th Anniversary and begins with the premier of a 5-movement Appalachian Christmas Cantata by the Composer in Residence, Kevin Siegfried, based on the music of Jean Ritchie. To learn more, [click here](#).

**Margo (Maggie) Silberstein** and **Monica Meerbaum** will be singing with the Georgetown Chorale in their holiday concert on December 9 at 3:00 PM. It is being held at the First Congregational United Church of Christ, 945 G St., NW and is featuring Antonio Vivaldi's Gloria with soloists and orchestra along with a sampling of seasonal music. For more information, ask [Margo](#) or [Monica](#), or check the [website](#).

**Mauricio Cortina** will be co-leading a three day short course, *Erich Fromm: social critic, radical humanist and clinician*. The course will take place at the Washington School of Psychiatry on February 2, 9, and 16, 2018 from 1:00-4:00 pm each day. [Click here to learn more.](#)

- **Saturday, December 9, 2017, 9:00 am-12:30 pm.** CAPP will be sponsoring a half day conference, ***The Love That Dare Not Speak its Name - On the Therapeutic Action and the Limitations of Romance and Desire in Psychotherapy and Psychoanalysis.*** **Steve Kuchuck** will be presenting (3 CE). Silver Spring Civic Building, 1 Veterans Place, Silver Spring, MD. [Click here to register now.](#)
- **Saturday, February 3, 2018, 9:00 am-12:30 pm,** Elizabeth Corpt will present ***Relational Ethics in Contemporary Psychoanalytic Practice: Doing the 'Right' Thing*** (3 Ethics CEs). Silver Spring Civic Building, 1 Veterans Place, Silver Spring, MD. [Click here to register now.](#)
- **Saturday, May 5, 2018, 9:00 am-4:00 pm, 2018 Annual Conference: First Meetings in Therapy: Poetics and Pragmatics**, sponsored by the ICP+P's Psychoanalytic Training Program and featuring **Eric Mendelsohn.** Georgetown University Conference Center, 3800 Reservoir Rd, NW, Washington, DC.

## Bulletin Board

ICP+P members want to share the following information.  
ICP+P is not explicitly endorsing these listings:



- **Julia Rosenfield** has moved offices to 1730 Rhode Island Ave NW, conveniently located near Dupont Circle and Farragut Square. With this new full-time space, Julia has some new appointment times available for adult and adolescent clients, including early mornings. For more information, please visit [www.juliarosenfield.com](http://www.juliarosenfield.com) or contact Julia at 202-495-0635 or [juliarosenfieldmsw@gmail.com](mailto:juliarosenfieldmsw@gmail.com).
- **Beautiful DuPont Circle Office Available to Rent** in the Corcoran House Building at the corner of 18th and Corcoran Sts. NW, all day Friday and Saturday + additional half day on Tuesday. Spacious, recently painted and re-decorated, a sunny office, waiting room and private bathroom. Many other amenities available, including wi-fi and fax. Excellent location, 2 blocks from DuPont Circle metro. 2 parking spaces available (1 inside bldg. and 1 outside for patients). If interested, please contact **Sarah Pillsbury** by email, [pillsburysarah@gmail.com](mailto:pillsburysarah@gmail.com) or by telephone at (202) 904-7510. Photos are available. Thank you.
- **New Trauma-Focused Supervision Group - Monica Meerbaum** is organizing a trauma-focused supervision group, meeting at her office in Bethesda mid-day on Fridays, frequency and other details to be negotiated. Our focus will be on the vicissitudes, challenges, and creative opportunities of intensive relational work with people who have experienced severe abuse and neglect, and/or cumulative developmental trauma. If interested, or for further information, please contact Monica at [mleoniemeerbaum@gmail.com](mailto:mleoniemeerbaum@gmail.com) or 301 587 6211.
- **Men's Group** has (2) openings for self-identified men of all ages, Thursdays at 6 pm, Downtown Silver Spring, Insurance/Sliding Scale. All cultures welcome. Leader has many years of experience collaborating with individual

therapists. Please contact **Jonathan Lebolt** (or have client contact) directly at (240) 507-7696, [Therapy@Doctor-Jon.com](mailto:Therapy@Doctor-Jon.com) or [www.Doctor-Jon.com](http://www.Doctor-Jon.com).

- **Supervision Group Opening** - From a broadly psychodynamic standpoint, this group focuses on the use of the therapist's self in psychotherapy, while also paying attention to contextual and cultural factors surrounding the clinical work. Group members present cases on a rotating basis, and also serve as case consultants to other members. Group process will be used to illuminate the psychology of client, therapist, and their jointly created relationship, and also to clarify the therapeutic process itself. The group meets weekly on Tuesdays, 10:00 a.m. - 11:15 a.m. at 5225 Wisconsin Ave., Suite 310, in Friendship Heights (across from the Jenifer St. entrance to the Friendship Heights Metro Station), Washington, DC 20015. Contact **Cherian Verghese** (202) 296-2822 or **Barbara Wayne** (202) 363-0185. [More information here...](#)
- **Supervision Group for Early Career Professionals - Roger Segalla**, the Director Emeritus of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P), has (2) openings in his supervision group specifically designed for early career professionals. This interactive weekly supervision group will utilize a relational psychodynamic perspective, that includes self psychology and intersubjectivity theory, to assist group members in conceptualizing and treating individuals, couples, and families. This group will also offer assistance in professional practice issues like setting practice policies, fee structures and practice development issues. If you are interested in learning more about this group please contact Roger at (301) 652-1707 or you can email him at: [rsegalla@verizon.net](mailto:rsegalla@verizon.net).
- **Countertransference-Focused Consultation Group Opening - Roger Segalla**, Director Emeritus of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P), currently has an opening in his Friday, 12:30pm to 1:45pm, supervision group. This weekly consultation group, for mid to late career professionals, utilizes the critical data contained in countertransference feelings, reactions and enactments to guide a psychodynamic process. A relational perspective, that includes self psychology and intersubjectivity theory, is used to assist group members in conceptualizing and treating individuals, couples, and families. If you are interested in learning more about this group please contact Dr. Segalla at (301) 652-1707 or you can email him at: [rsegalla@verizon.net](mailto:rsegalla@verizon.net).
- **Bright, sunny sublet available** Tuesdays after 3pm in historic Anchorage Building, 1/2 block from Dupont North metro. Four office suite with waiting room, bathroom, kitchen, and friendly colleagues. Available January 1st. If interested, please call **Kathy Beck** at (202) 462-0404 or email [kathy.beck@rcn.com](mailto:kathy.beck@rcn.com).
- **Rob Williams**, an MBA and Certified Group Therapist, has two openings in a **biweekly experiential consultation group** focused on group therapy. This group is a combination of case presentations, process group, the business side of group, and group journal readings. This is an opportunity for clinicians leading groups or actively planning to start a group to gain first-hand insight into group dynamics to be able to work more comfortably and effectively. Cases presented in a supervision group are worked with by association through the parts that are stimulated in the group members. This parallel material is then used to gain insight into what has taken place in the case presented and inform future interventions, helping to move past "stuckness" and enhance group functioning. The group meets biweekly at 1801 Connecticut Ave NW, on Fridays, 9 - 11 am. Group participation can be used to fulfill the requirement for group psychotherapy supervision to become a Certified Group Psychotherapist (CGP). Contact Rob Williams for information: 202-455-5546,

[rob.williams.msw@gmail.com](mailto:rob.williams.msw@gmail.com), or [this website](#).

- **A Study Group on Intensive Short Term Dynamic Psychotherapy is looking for more members.** This group considers the perspective of Intensive Short Term Dynamic Psychotherapy and how it may be applied to our clinical cases across a the spectrum of psychodiagnoses. The study group is meeting once a month on the second Thursday from 12:30 to 2:30 and the next meeting is 12/14. Please contact **Margo Silberstein**, 202 413 4718 or [marogsil@aol.com](mailto:marogsil@aol.com) for further information.

***ICP+P Connections*** is the e-Newsletter of the Institute of Contemporary Psychoanalysis and Psychotherapy, issued at the beginning of each month.

Please e-mail articles, announcements, artwork, etc. to Nancy Der, ICP+P Administrator, at [administrator@icpeast.org](mailto:administrator@icpeast.org) by the 23rd of the previous month.