

Saturday, January 28, 2017
Registration: 8:30-9am
Program: 9am-12:30pm

Silver Spring Civic Building
at Veterans Plaza
One Veterans Place
Silver Spring, MD 20910

Elizabeth M. Carr, APRN, MSN, BC

Have Compassion for Everyone You Meet: Music as a Medium of Relational Intimacy

Thomas Hoffman, M.D.

*The Psychodynamics of Performance Anxiety:
Psychoanalytic Psychotherapy in the Treatment of Social Anxiety Disorder*

Jeffrey Jay, Ph.D.

Whatever Happened To The Moral Dimensions of Psychological Trauma?

Although the topics of the three presentations are unrelated, at the same time each presenter will help us think about how we decide what we do as therapists, and what we choose to bring into the therapy room when we are with our patients. We will think about relational intimacy, and how knowing and being known sometimes takes more than just words. We will think about empathy, and when a self psychological approach might or might not be useful for a patient with performance anxiety. And we will think about working with trauma victims, and the idea that including the moral dimension could provide a more hopeful outcome.

This conference is appropriate for clinicians at all levels of experience.

At the conclusion of this program, participants will be able to:

1. Describe how music can be used to share a patient's inner world, foster mutual recognition and help the clinical pair recover from interpersonal conflicts and disruptions.
2. Discuss the multi-determined genesis of Performance Anxiety and why psychodynamic therapy, including treatment using a self-psychology perspective, may be indicated.
3. Describe how moral dimensions of trauma, including a sense of moral responsibility, may contribute to PTSD and may change the patient's response to trauma.

About our Presenters:

Elizabeth Carr, APRN, MSN, BC, ICP+P Founding Member and Director Emeritus, is a faculty member of the ICP+P Psychoanalytic Training Program and the CAPP Training Program, as well as serving on the governing council of the International Association for Psychoanalytic Self Psychology (IAPSP). She is Associate Editor of *Psychoanalytic Inquiry* and has a private practice seeing individuals, couples, and families in Washington, DC and Silver Spring, MD.

Thomas Hoffman, M.D., obtained his degree from the University of Pittsburgh School Medicine and completed a Residency in Pediatrics at the Johns Hopkins Hospital. Dr. Hoffman graduated from the Baltimore-Washington Institute for Psychoanalysis and is certified in adult psychoanalysis by the American Psychoanalytic Association. He is the Founder of PScience Associates and Co-Chair of the Committee on Corporate and Organizational Consultants of the APsA and is in private practice in Bethesda.

Jeffrey Jay, Ph.D. has focused on psychological trauma since 1971. Dr. Jay established one of the first independent programs in the country for Vietnam Veterans and has treated survivors of the Holocaust and victims of crime, rape, and terror. Dr. Jay was educated at Amherst College and Duke University and received a Post-Doctoral Research and Clinical Fellowship from NIAAA. Dr. Jay served on the Clinical Faculty of the GW Medical School from 1979 to 2009 and has a private practice for individuals and couples.

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Continuing education credit: 3 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. Attendees from the above professional groups will earn 3 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session. Please arrive at least 10 minutes before the scheduled start time of 9:00 am to allow time to check in.

Elizabeth M. Carr, APRN, MSN, BC, Thomas Hoffman, M.D., Jeffrey Jay, Ph.D. and the planners have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationship with any commercial interests pertaining to this educational activity. Additionally, the presenters have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during this presentation. This presentation will not contain any references to off-label (non-FDA approved) use of products or devices.

Registration Form

Name _____ Professional Designation _____

Address _____ City, State & Zip _____

Email _____ Phone _____

Conference Fees

Free for ICP+P Members \$90 for Non-members \$35 for Unaffiliated Students

For more information, to request reasonable accommodations, or to register online, please visit www.icpeast.org, call 202-686-9300 ext. 5, or email administrator@icpeast.org.

To register by mail, send this page and payment to:

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4601 Connecticut Ave., NW, Suite 8
Washington, DC 20008