

September 2016



ICP+P Connections

A monthly e-newsletter from the Institute of Contemporary
Psychotherapy + Psychoanalysis

ICP+P Connections Editorial Staff

Editor: Jonathan Lebolt
Managing Editor: Nancy Der
Contributing Editors:
Eileen Boyle
Roman Lokhmotov
Gwendolyn Pla

In This Issue

[Director's Column - The View
From Where I Sit](#)

[Note from the Editor](#)

[Study Group Update](#)

[Review of the International
Journal of Psychoanalytic Self
Psychology](#)

[Flirting with Infatuation](#)

[Dancing with Danger](#)

[Annual Pot Luck and Fall Kick Off](#)

[39th Annual IAPSP Conference](#)

[Developmental Psychotherapy
Across the Lifespan](#)

[Reflections on Wisdom ~ Its
Nature, Value, and Relevance to
Contemporary Practice](#)

[News & Notes](#)

[Members in the Arts](#)

[Upcoming Events](#)

[Bulletin Board](#)



The View From Where I Sit Eleanor Howe

"Trust the Process." I was deeply struck when I heard this refrain offered at our spring 2016 retreat. In clinical work, this trust is a river that carries my client and me into a territory of mindful exploration. I well know that the better I release myself into trusting the process, the more productive the outcome. In analogous fashion, I find that as I acclimatize to wearing the Director's cap, I release myself into trust in the effectiveness of our organizational process. I can sense structures in action as our organization lives, breathes, adapts and evolves. I realize that ICP+P is now multiple generations old, having drawn members into our mix across 22 years. I bear witness to our capacity to remain sufficiently flexible and nimble to get our tasks done while remaining true to the taproots of our mission.

Our year-long institute, ***Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body*** launches Sept. 24 at which Beatrice Beebe will present her research into the nonverbal dyadic system co-created by mother and infant, and apply her findings to adult patient-therapist interactions. The roots that brought this institute into being go back several years, as members increasingly requested conference presentations incorporating use of clients' experience of bodily sensations into self psychological and relational treatment. These requests ultimately yielded board guidance, which led to identifying willing conference planners, and with great anticipation we are arrived at our exciting launch. We are happy to welcome all institute



Upcoming
Conferences

**Embodying the
Unspoken Self:
Attachment, Trauma,
Neurobiology and the
Body**

*Sorry, but the Institute
Saturday conferences are sold
out. There will be no
registrations available the day
of the events.*

The 2nd and 3rd Friday Pre-conferences are still accepting registrations. You can also join the wait list for the 1st and 4th Pre-conferences.

[Click here for both...](#)

***Developmental
Psychotherapy Across
the Lifespan
Conference***

with Georgia DeGangi and
Marc Nemiroff

Saturday, November 5, 2016

Registration: 8:30-9am
Program: 9am-12:30pm

Silver Spring Civic Building at
Veterans Plaza
One Veterans Place
Silver Spring, MD 20910

Register Now

***Scientific Day
Conference***

This is a biannual celebration of the scholarship and creativity within our membership. It is an opportunity to learn from each other, both from the talks presented and from the discussions they stimulate among our audience members.

participants as ICP+P members and in particular I want to invite new members to participate fully in the benefits of membership.

All three ICP+P training programs are in robust condition, with entering classes in the Couples' one-year program, in CAPP's two-year program, and with the Psychoanalytic Training Program class returning to start its second year.

Our capacity to evolve using a well-vetted process yielded our newly established Associate Director positions. Director Emeritus Roger Segalla led a committee three years ago that developed this organizational innovation. The Associate Director structure spreads the workload that used to comprise the Co-Director's role across several persons, and the episodic meetings of the Associate Directors and Director foster cross-fertilization of information and planning. This evolution better allows us to manage the administrative complexities that accompanied our expansion of training programs, membership size, accreditations and the desire for longer-term financial planning. Beginning this year we have added an Associate Director of Outreach and Publicity, in response to the goal identified at the retreat of broadening our membership heterogeneity.

I've described with evident pride our capacity to evolve to support our developments. However, we are also suffering from a painful side of evolution: Dissolution. The sudden loss this summer of Damon Silvers is huge for many, with whom he was friend, collaborator, colleague, mentor, teacher, supervisor and therapist. I hurt for my friends who are so full of sorrow. I regret the lost opportunities to drink at the well that was Damon. I experience the dialectical tension of feeling thrown by the loss of a founding pillar of ICP+P with the realization that we remain intact as an organization. In particular, I so cherish our culture of finding strength and comfort in sharing our vulnerability.

Our community elders – our founding and long-standing members – embody the warmth and generosity of self for which Damon is so well known. In this alive and vibrant community of ours, their warmth, humor, kindness and empathy began the weaving of a strong, resilient, living and very human net. This net provides vitality and comfort for many. As new

Saturday, January 28, 2016

Registration: 8:30-9am

Program: 9am-12:30pm

Silver Spring Civic Building at
Veterans Plaza
One Veterans Place
Silver Spring, MD 20910

generations of members join, they participate fully in the weaving. The net of connectedness that we construct/micro-tear/repair/construct is there for those hungrily seeking intellectual challenge and skills development as well as for those needing succor in the face of loss. From where I sit, our net can hold all: our new members, our elders, and everyone in between.

In Peace,

Eleanor

Note from the Editor **Jonathan Lebolt**



Dear ICP+P'ers,

Welcome to Fall, and a new training year at ICP+P! Those of us lucky enough to have registered for our year-long Institute, *Embodying the Unspoken Self*, have received our suggested reading for the first conference with Beatrice Beebe, including "Faces in Relation," (2004) one of the most moving case studies I have ever read, in which Beebe applied her technique of "videotape microanalysis of mother-infant interactions" (p. 1) to an adult case at the patient's request. The patient, too traumatized to look at Beebe and see the positive mirroring in her face, was able to take in Beebe's loving attunement in the video, "find(ing) her face" (p. 1) in Beebe's.

We also have two ½ day conferences planned: Developmental Psychotherapy Across the Lifespan, with Georgia DeGangi and Marc Nemiroff, and a Scientific Day organized by Janet Dante. The year begins with our wonderful Annual Potluck and Fall Kickoff, coordinated by Kathy Beck. This is a wonderful place to make new friends, and reconnect with old ones. See below for more info on all of these events.

Also, please consider coming to the IAPSP conference in Boston in October. ICP+P is proud to be the co-sponsor of this international event (see below).

This issue of *Connections* features a moving Director's Note from Eleanor Howe; two perspicuous blog posts from Trish Cleary; and a cogent journal review from Roman Lokhmotov.

If you haven't yet joined or renewed your membership, make sure to do so. Happy New Training Year!

Yours,

A handwritten signature in black ink that reads "Jonathan". The script is cursive and fluid, with a long, sweeping tail on the final letter.

therapy@doctor-jon.com

Reference:

Beebe, B. (2004). Faces in relation: A case study. *Psychoanalytic Dialogues*, 14 (1), 1-51.

Study Group Update

Etta Sandler

The new two year cycle of the Study Groups will begin in September. There are twenty-one study groups, including six new study groups this year covering a diverse range of topics. Although members have now been assigned to study groups, please note that there are still openings in many study groups if members want to sign up for a group or want to change to a different group. Members of ICP+P can join a study group at any time during the two year cycle.

Please consider serving as a Study Group leader for a new study group. New groups can easily be created with a focus similar to a currently closed study group or on a new topic of interest.

The following six new study groups are being offered for this new cycle:

1. Creative Writing
2. Early Professional Career Study Group
3. Intensive Short-Term Dynamic Psychotherapy Study Group
4. Pre-Institute Study Group (focused on the readings for the upcoming Institute)
5. Psychodynamic Readings of Literary Fiction
6. Reading Plays to Better Understand the Human Condition.

Many members have expressed an interest in a new second Creativity Study Group. If you are interested in leading such a group it could begin this Fall.

To discuss membership in study groups and opportunities to lead study groups contact me at etls17@verizon.net.



Review of the International Journal of Psychoanalytic Self Psychology (Volume 11, Number 2, 2016)

Roman Lokhmotov

The issue features a number of interesting and thought-provoking discussions, but I would like to focus on the three-article conversation between Joye Weisel-Barth and Steven Stern, regarding the "reality" and "boundaries" of relational analytic therapy.

The conversation begins with Weisel-Barth's article, in which she discusses the question of boundaries in the co-created relational space in the example of her own work with a patient. This case highlights a shared love for animals between her and a female patient, which created a stabilizing factor in an otherwise "long and volatile" therapeutic relationship (p. 121). However, one day,...

[Click here to read on...](#)



Flirting with Infatuation

Trish Cleary

www.trishcleary.com

The Adult Child longs for love and yet avoids emotional closeness.

The Adult Child grows up wanting the loving connections promised in TV shows and movies. They struggle to connect in their relationships in the hope of insuring success. As forgotten emotional vulnerabilities threaten, the Adult Child's "as if" wish to thrive in a relationship is forgotten and they return to their proven coping strategies in order to survive.

Clare and Charles

Charles is a senior manager in his father's business and Clare works for the company's administrative support team. Charles thought Clare was pretty, amusing and agreeable. Clare thought Charles was emotionally dry and somewhat awkward. Since it was important for Charles to attend business social functions, his father suggested Clare as someone appropriate enough to be Charles' plus-one. She knew the business and was comfortable with their clients. This seemed to work well for everyone including Charles' mother, who enjoyed being seated with Clare at these functions. Charles' mother loved to tell Clare all about their family's travel adventures in exotic places. She would also brag on Charles as his father's right-hand man, noting that he would someday inherit the business. Clare politely listened to these tales of wealth and privilege with an engaging smile plastered across her face. It...

[Click here to read on...](#)



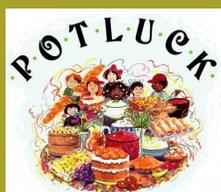
Dancing with Danger

Trish Cleary

www.trishcleary.com

An Adult Child tends to partner with another Adult Child in their relationships. As kindred spirits with intergenerational family secrets, they don't realize they are at risk for heartache. Without awareness of their family histories, they get lost in a dangerous dance that tosses them in-and-out of Persecutor, Victim and Rescuer roles in the closed system of the Dysfunctional Triangle. These roles surface and play out in endless cycles of Rupture and Regression inside each individual, between each other, and within their families. Overwhelmed and confused by unexpected yet familiar feelings of shame, they struggle. Only when the dancing slows down enough can the Adult Child begin to access the depths of their concealed pain and sorrow and achieve emotional safety and secure connections.

[Click here to read on...](#)



ICP+P's Annual Pot Luck and Fall Kick-Off

Sunday, September 11th, 2016
11:00 AM-2:00 PM

Please RSVP to Kathy Beck at kathy.beck@rcn.com.

Sunday, September 11, 2016 11:00 AM to 2:00 PM
Chevy Chase Village Hall
5906 Connecticut Avenue, Chevy Chase, MD 20815
(a couple of blocks north of Chevy Chase Circle)
Please park on the street.

This kick-off event gives us a chance to come together as a community to renew ongoing relationships as well as to welcome new members. Members-in-Training and individuals who have joined ICP+P during the last year will be introduced. In addition, we are planning to have a town hall meeting, in which members can participate in open discussion about ICP+P, including the year's upcoming programs, planning for future programs and other areas of interest or concern to the ICP+P community. The potluck has always been an informal, lively, and fun event with lots of great food!

If you are a new member or have never attended a potluck before, please let us know if you would like to be met and greeted by a member at the door when you arrive. They will introduce you to other members and help you get to know the community.

Please RSVP to this event by emailing (no phone calls, please) **Kathy Beck at kathy.beck@rcn.com** indicating what you plan to bring:

****appetizer *side dish *fruit salad *green salad *entrée***
****dessert *alcoholic beverage *non-alcoholic beverage***
****notify me and I'll bring whatever is most needed***

**** Also please indicate whether you are available to help with set-up or clean-up.***

****Please let us know if you would like a "meet and greet" welcome when you arrive.***

Thank you! We look forward to seeing you there!



39th Annual IAPSP Conference on The Psychology of The Self
October 20 -23, 2016



Co-Sponsored by

Critical Clinical Moments in the Treatment Process

Boston, Massachusetts, USA

Conference Co-chairs: Richard Geist and Judith Guss Teicholz

Now that affectively charged dyadic interactions in the treatment are recognized as carriers of what's curative in psychoanalysis, the sharing of clinical process among colleagues – or between student therapists and their teachers – soars in importance. Kohut emphasized the essential feedback loop between the clinical and the theoretical but insisted that we start and end with the clinical exchange. In this conference we follow his lead by highlighting presentations that emphasize critical clinical moments and processes representing turning points for better or worse. For it's in the clinical moments that windows of possibility can either open or close-that the direction taken can tend either toward the destructive or become positively transformative.

Further information about the conference, hotel, and location may be found on <http://www.iapsp.org/conference/>.

Developmental Psychotherapy Across the Lifespan Georgia DeGangi and Marc Nemiroff

Saturday, November 5, 2016 **Silver Spring Civic Building at Veterans Plaza**
Registration: 8:30-9am One Veterans Place
Program: 9am-12:30pm Silver Spring, MD 20910

This half-day workshop is designed for professionals working in mental health settings who are interested in how developmental psychotherapy is applied to the treatment of adults with disorders of self-regulation and experiences of trauma. These are individuals who are highly sensitive to stimulation from the environment, emotionally reactive, and have difficulty maintaining relationships and an organized, regulated life-style. Child-centered therapy will be introduced: a technique that focuses on the process of self-regulation, affect attunement, emotional communication, attachment, and relational knowing. We will present an example of child-centered therapy as applied to a disengaged mother-infant dyad with a highly irritable infant. Dr. DeGangi and Dr. Nemiroff will each present an in-depth case of adults with severe dysregulation and psychically active childhood trauma. The treatment in both cases exemplifies the application of developmental psychotherapy to the adult population.

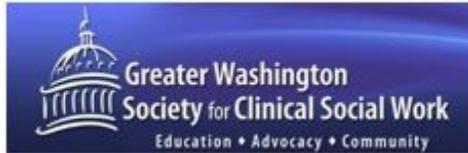
[Click here to go to our website for more information...](#)

[Click here to see the flier...](#)

Continuing education credit: 3 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. Attendees from the above professional groups will earn 3 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



***Alice Kassabian Memorial Conference:
Reflections on Wisdom ~ Its Nature, Value, and Relevance to
Contemporary Practice***
Nancy McWilliams



Saturday, November 05, 2016 | 9:00 AM - 12:30 PM
Cosmos Club: 2121 Massachusetts Avenue NW, Washington DC

Dr. McWilliams will explore the reciprocal relationship between wisdom and psychotherapy with emphasis on the clinical implications of valuing wisdom. The social, interdependent nature of wisdom differs from that of knowledge, which can be pursued in relative isolation. A Clinical Case presentation will illustrate.

Since ancient time, philosophers have differentiated between being smart and being wise. More recently, some authors and mental health professionals have tried to specify what we mean by wisdom - a virtue often viewed as the consolation prize for getting old and typically experienced vs. coming to the self rather than being actively pursued.

Wisdom seems to require acknowledgement of limitation and mortality, while fantasies often are limitless and immorality may propel searches for knowledge. Professional incentives often reward knowledge at the expense of wisdom: hypothesis-testing tends to be privileged over hypothesis-generation; master of techniques may be valued over nuanced understanding of one person to whom the techniques are applied.

[Click Here to learn more and register.](#)

News & Notes

Jeffrey Jay will be moderating a panel and presenting a paper, along with Christine Courtois and Lynn Keeler-Williams on *Moral Injury* at the Washington conference, [Listening to Trauma](#) presented by The International Society For Traumatic Stress Studies. The conference is on Oct. 20-22, 2016.

Joanne Zucchetto and Simone Jacobs have been selected to present "Suicidal attachments - How suicidal behaviors help maintain primary attachments in survivors of childhood abuse and neglect" at George Washington University's Conference [Listening to Trauma](#) presented by The International Society For Traumatic Stress Studies. The conference is on Oct. 20-22, 2016.

In June, **Robert Benedetti**, moderated a panel discussion of original papers presented at the annual meeting of IARPP in Rome entitled: *Uncertainty, Bodily Experience and Clinical Wisdom*. Papers were given by Christina Emanuel,

A free, online reading group is being offered by the Student and Candidate Committee of the International Association for Psychoanalytic Self Psychology (IAPSP) to run September 23-30. The group will read the paper "The Interplay of Empathy and Authenticity: The Clinician's Subjective Experience," by **Janna Sandmeyer**. The group will be run by **Janna Sandmeyer and Marie Hellinger** with discussion from Richard Geist. To enroll contact Chuck Finlon at IAPSP.2016@gmail.com.

[ADTA 50th Annual Conference: ReGeneration: Moving Pathways to Integration](#)

The American Dance Therapy Association's 50th anniversary celebration is at their annual conference, *ReGeneration: Moving Pathways to Integration*. It is being held in Bethesda, MD from October 20 - 23, 2016. [Click here for more information](#).

The Washington School of Psychiatry Fundraising Gala, ***Empowering Lives, 80 Years of Training and Treatment*** will be held October 14, 2016 at 6 PM at the Warner Theatre Atrium.

NBC4's Jim Vance and Doreen Gentzler will be honored for their " Changing Minds" program to de-stigmatize mental health treatment. Early bird discounts are available until mid-August.

For information and tickets: 80gala@wspdc.org.

Michael Wannon (Chair, ICP+P's Couples Program) will be presenting at the American Academy of Psychotherapists' 61st Annual Institute and Conference on Saturday October, 22nd, 2016. The 3 hour presentation will address the clinical challenge of working with "The Platonic Marriage" - as defined by Dr. Wannon as a couple whose sexual life has ceased to exist, or where sex is extremely rare and problematic.

The presentation will have three parts:

1. a clinical presentation where Dr. Wannon will simulate a session with such a couple (played by ICP+P members Angie Snyder & Aaron Bourne)
2. an exploration of participant reactions to the material, and exploration of theoretical concepts from both Object Relations & Self Psychology
3. an opportunity for participants to discuss their own couples cases with the context of sexual impasses.

The conference will be held at the Omni Shoreham Hotel in Washington, and for more information on the conference you can go to the following website: <https://www.aapweb.com/aad/ev/ic2016brochure.pdf>.

George Hagman will present on his new book, *New Models of Bereavement Theory and Treatment: New Mourning* (Routledge, 2016) on October 15th from 9 am to noon in Silver Spring under the auspices of the AAPCSW. See www.aapcsw.org or contact Joel Kanter for more information, joel.kanter@gmail.com.

Members in the Arts

Helen Powers' paintings have recently been exhibited in the VACI (Visual Arts

Chautauqua Institution) show, 8/7-8/25/16 at the Fowler Kellogg gallery in Chautauqua, New York.



Positivity
20"X 30"



Misty
20"X 30"

Jonathan Lebolt performed in a showcase at the Washington Improv Theater on 8-15-16.

Upcoming Events

- **Sunday, September 11, 2016, 11:00 am-2:00 pm, ICP+P's Annual Potluck and Fall Kickoff**, Chevy Chase Village Hall, 5906 Connecticut Ave., Chevy Chase, MD 20815. More information to follow as we get closer to the event or you can contact Kathy Beck, kathy.beck@rcn.com.
- **Friday, September 23, 2016, 3:00-6:15 pm, Institute Pre-Conference, *Bringing Attachment into the Real World: Exploring the Circle of Security Intervention* with Betty Ann Kaplan. Sold Out**
- **Saturday, September 24, 2016, 8:30 am-5:30 pm, *Infant Research and Adult Treatment* with Beatrice Beebe. Sold Out**
- **Saturday, November 5, 2016, 9:00 am-12:30 pm, *Developmental Psychotherapy Across the Lifespan*, presented by Georgia DeGangi and Marc Nemiroff.** Silver Spring Civic Building at Veterans Plaza, One Veterans Place, Silver Spring, MD 20910. [Click Here to register.](#)
- **Saturday, November 5, 2016, 9:00 am-12:30 pm, *Alice Kassabian Memorial Conference: Reflections on Wisdom~its Nature, Value, and Relevance to Contemporary Practice* with Nancy McWilliams** at the Cosmos Club: 2121 Massachusetts Avenue NW, Washington DC. The conference is provided by GWSCSW in co-sponsorship with ICP+P. [Click Here to register.](#)
- **Sunday, November 20, 2016, Joint Institute Candidates' Committee (JICC) Conference.**
- **Friday, December 9 2016, 3:00-6:15 pm, Institute Pre-Conference, *Prepping for Porges: The Clinical Relevance of his Work, with Cynthia Margolies.*** Silver Spring Civic Building at Veterans Plaza, One Veterans Place, Silver Spring, MD 20910. [Click Here to register.](#)
- **Saturday, December 10, 2016, 8:30 am-5:30 pm, *The Polyvagal Theory* with Stephen Porges. Sold Out**
- **Saturday, January 28, 2017, 9:00 am-12:30 pm, *Scientific Day Conference*,** Silver Spring Civic Building at Veterans Plaza, One Veterans Place, Silver Spring, MD 20910.
- **Friday, February 24, 2017, 3:00-6:15 pm, Institute Pre-**

Conference, Recognizing Dissociative Processes in Your Casework: Keeping the Body in Mind with Rich Chefetz. Silver Spring Civic Building at Veterans Plaza, One Veterans Place, Silver Spring, MD 20910. [Click Here to register.](#)

- **Saturday, February 25, 2017, 8:30 am-5:30 pm, *Integrating the Body in the Psychotherapy of Trauma* with Kathy Steele.** **Sold Out**
- **Friday, May 5, 2017, 3:00-6:15 pm, Institute Pre-Conference, *Not By Words Alone: Body Based Interventions for Healing the Wounds of Attachment and Trauma* with Tally Tripp.** **Sold Out**
- **Saturday, May 6, 2017, 8:30 am-5:30 pm, *Sensorimotor Psychotherapy Treatment of Trauma and Attachment* with Ame Cutler.**

Bulletin Board

- **Bread For The City**, a medical and social service agency serving poor and homeless people in Washington, DC has requested help in providing pro-bono evaluations for people who come to them seeking help in applying for asylum in the United States. They report that they are getting increased numbers of requests for evaluations from newly arrived people who are seeking protection in the US. If you have the skills to provide this service and would like to join a few others who periodically provide pro-bono evaluations for asylum, please contact **Jeffrey Jay** at jeffjayphd@aol.com or 202-362-0063
- **Office space available in McLean, VA.** Spacious office in newly renovated suite with several other therapists and psychiatrists. Plenty of free parking, kitchenette, bathroom. Available 10/1/16. Please contact **Helen Power** at 703 288-4226, or hkmpower@aol.com.
- **Full time office for rent in downtown Silver Spring.** Congenial suite of colleagues, including social workers, psychiatrist, and psychologist. Potential for referrals from within the suite. Attractive waiting room; kitchen w/ fridge, microwave and lunch table. Wheelchair accessible. Well-maintained professional building with responsive on-site management and maintenance. Popular local cafe located on lobby level. Rent includes utilities and cleaning services. Office wired for connection to Internet. Secure weekend and evening access. Many well-established mental health and medical professionals in building. Abundant public parking; short walk from Silver Spring Metro. Private parking lot also available, adjacent to building. Contact **Melinda Salzman**, (301) 585-7352, melinda@salzmanmsw.com, or **Franca Posner**, (301) 466-3966, fsposner@gmail.com.
- **DuPont Circle Office Available to Rent:** All day Fridays + possible additional half day on Tuesdays, starting September 1. Spacious, nicely decorated, sunny office, waiting room and private bathroom. Excellent location, 2 blocks from DuPont Circle metro. 2 parking spaces available. If interested, please contact **Sarah Pillsbury** by email, pillsburysarah@gmail.com, or by telephone at (202) 904-7510. Thank you.
- The Wake Kendall Group announces two new groups this fall. The first is **"Mindful Parenting:** A 12-week group for parents of high school teens and young adults"-Using DBT skills of mindfulness, emotion regulation and



interpersonal effectiveness, and "Teen EASE: Emotion and Social Effectiveness Skills for high school teens", a group for those teens who are not currently suicidal or self-harming. This group will include DBT skills, highlighting mindfulness and stress reduction. This group is a great adjunct to individual therapy. Both groups will begin on Wednesday, September 21st and will run for 12 weeks, at which time participants can continue in a second group if they'd like. The Teen EASE will be from 4-5:15pm on Wednesday afternoons and the Parenting Group will run from 6:30-8pm on Wednesdays as well. For further information, please call **Lenni Snyder** at 202-686-7699 x66.

- **Deborah Fox**, a Certified Sex Therapist, is offering a **monthly consultation group focused on sexuality in couples therapy**. This group will be a combination of didactic material and case presentations. This would be an opportunity for clinicians not trained in sex therapy to discuss cases and gain knowledge and skills in the area of sexuality and be able to work more comfortably and effectively. Common topics may include fundamental principles of improving sexual functioning for both men and women; understanding the underlying sexual dynamics in a relationship and helping couples re-start or improve their sexual relationship; the role of anxiety in sexuality and how to work with it; the impact of early trauma, breaches of trust, and aging. The group will meet at 4600 Connecticut Ave NW, on Wednesdays, 1:30 - 3:30 pm, cost is \$560 for the seven sessions. The group will begin on Oct. 19 and end on Apr 5. CE's will be offered for a fee of \$15. A group may also be offered on Thursday evening in Dupont Circle. Contact **Deborah Fox** for information - 202-363-1740 or debfox2@verizon.net.
- **Share a lovely, sunny office in Tenleytown**, steps from Metro. Beautifully furnished in a six-office suite with shared waiting room, restrooms, underground parking and garden entrance. Receptionist creates a welcoming atmosphere. Available 2 ½- 3 days a week. Please contact **Cynthia Rosenberg** at cwbrosenberg@gmail.com or 202-244-0998.
- **Bethesda: Furnished office**, 10' X 10' with window, available full time in building near parking garages and Metro. Suite has waiting room, kitchen, WiFi, and a friendly group of practitioners who enjoy sharing the suite. If interested, contact **Monica Callahan** at 301 587 6211 or Callahanml@erols.com.



ICP+P Connections is the e-Newsletter of the Institute of Contemporary Psychoanalysis and Psychotherapy, issued at the beginning of each month.

Please e-mail articles, announcements, and artwork in JPG/PNG format to Jonathan Lebolt (Editor) (240-507-7696) at Therapy@Doctor-Jon.com and Nancy Der, ICP+P Administrator (Managing Editor) (202-686-9300 ext.5) at administrator@icpeast.org by the 23rd of the previous month.

