

June 2016



ICP+P Connections

**A monthly e-newsletter from the Institute of Contemporary
Psychotherapy + Psychoanalysis**

ICP+P Connections

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Director's Column

Eleanor Howe, PhD

May is a month of many transitions in our ICP+P community. In May we saluted the achievements of our seven CAPP graduates and the program administrators and faculty who facilitated their professional training. In May several of us acquired new roles. Some of us traded hats and moved into double time, training our replacements as we simultaneously learned our new roles. Entering June, we are digging in and laying tracks for the upcoming academic year.

What makes it a joy to serve in ICP+P is our culture of attunement to *"the how of it:"* our membership actualizes the art of self and relational theories in the manner in which we conduct all our business, engaging one another with the same respect, intelligence, warmth and co-creation skills we want to use as psychotherapists. It is a gift that the work of making the trains run allows us to maintain skills needed in our livelihood.

A shining illustration of living the art is the thoughtfulness embedded in the planning for our upcoming Institute on ***Embodying the***

In This Issue

[Director's Column](#)

[Note from the Editor](#)

[Time for Membership](#)

[Renewal](#)

[Study Groups - Update](#)

[A GPS For Life](#)

[2016 CAPP Training Class](#)

[Couples Therapy Training
Class](#)

[Fellowship Program](#)

[Embodying the Unspoken Self
- Early Savings End June 20](#)

[Scientific Day Submissions
Due June 30](#)

[Reflections on Wisdom ~ Its
Nature, Value, and Relevance
to Contemporary Practice](#)

[News & Notes](#)

[Members in the Arts](#)



Upcoming Conferences

Institute - 2016-2017

Embodying the Unspoken Self:

Attachment, Trauma, Neurobiology and the Body

The Institute will consist of four weekend conferences - a pre-conference on Friday afternoon and a full-day conference on Saturday.

1st Conference ~ *Infant Research and Adult Treatment*

Beatrice Beebe, PhD ~
September 24, 2016

2nd Conference ~ *The Polyvagal Theory*

Stephen Porges, PhD ~
December 10, 2016

3rd Conference ~ *Integrating*

Unspoken Self: Attachment, Trauma, Neurobiology and the Body. Preparation for ***Embodying the Unspoken Self*** began two years ago with monthly meetings of the steering committee. I have had the pleasure of attending several of these meetings. Furthermore, the conference Co-Chairs, Wendy Fischer, LCSW, and Judy Marx, PhD are providing multiple training sessions for the small group leaders. These trainings are designed to foster conference participants' learning and their integration of theory and practice. Being one of the small group leaders, I have a bird's eye view to the meticulous vetting happening of each and every element. In preparation for the Institute, the steering group members and the small group leaders have read with breadth and depth in the literature. We are piloting experiential elements and carefully selecting ones that fit with the quality training for which we are known. What I admire most is that Wendy and Judy are purposefully using their skills to create the very atmosphere of safety that the institute is designed to teach participants to foster in their oftentimes dysregulated and traumatized patients. There is obvious warmth, humor, critical thinking and learning in the process of their meetings, and purposeful use of best practices in their teaching methods. Everyone naturally attends to *"the how"* of things.

I am grateful for the development of our upcoming Institute. Many learned colleagues within ICP+P are pursuing training in the integration of what the body knows with what affect, thoughts and co-created relationships can tell us. They report that what they are learning does allow them to provide even more effective treatment of their patients who have experiences of childhood neglect, trauma and attachment failure. I want to understand even better than I do now what they are doing, and what effect it is having on their work. I want to learn by talking out loud with peers I respect and

*the Body in the Psychotherapy
of Trauma*

Kathy Steele, MN, CS

February 25, 2017

4th Conference ~
*Sensorimotor Psychotherapy
Treatment of Trauma and
Attachment*
Ame Cutler, PhD ~ May 6,
2017

Register Now

Institute - 2016-2017

Pre-Conferences

*Three hour pre-conferences
will also be offered the
Friday before each
Saturday full day session for
those who are interested in
deepening their
understanding of the topics
and their clinical
applications.*

1st Pre-Conference ~ *Bringing
Attachment into the Real
World: Exploring the Circle of
Security Intervention*
September 23, 2016
Betty Ann Kaplan, PhD

trust, and I know that ICP+P conferences provide an ideal learning environment. Participating in the yearlong Institute, I'll have multiple opportunities to integrate theory from the attachment, trauma/dissociation, neurobiology and sensorimotor psychotherapy literatures. Further, I'll have the opportunity to process information through a synergy of formats -- lectures, large group discussions, exercises teaching awareness of somatic phenomenology and discussions in a small group of peers, whom I'll know increasingly well with each successive conference. I can look forward with comfort to the challenge of stretching myself, knowing as I do, from years of experience, that we house our learning in the climate of a warm and welcoming learning community. I can count on there being that subtle and powerful attunement to *"the how of it."*

Note from the Editor

Jonathan Lebolt, PhD



Summer is almost here-time to take a break from training, and time to prepare for the next training year. I had the great pleasure of participating in a celebration of ICP+P training on May 22, when I attended the graduation of the first CAPP program class. Each graduate read from her final paper, and I was blown away by the intelligence, intuition, and openness that I experienced: the graduates were so transparent about mistakes they perceived themselves as having made, and how much they learned from the process. May we all never lose our clinical humility and willingness to learn.

While catching up on my reading for a group psychotherapy continuing education conference at the Washington School of Psychiatry on *Context and Multiculturalism* in February, I

2nd Pre-Conference ~
*Prepping for Porges: The
Clinical Relevance of his Work*

December 9, 2016

Cynthia Margolies, PhD

3rd Pre-Conference ~
*Recognizing Dissociative
Processes in Your Casework:
Keeping the Body in Mind*

February 24, 2017

Rich Chefetz, MD

4th Pre-Conference ~ *Not By
Words Alone: Body Based
Interventions for Healing the
Wounds of Attachment and
Trauma*

May 5, 2017

Tally Tripp, MA, MSW, ATR-
BC

[Register Now](#)

came across an elegant and incisive article by Janice Gump, PhD, entitled, "Reality Matters: The Shadow of Trauma on African American Subjectivity." [1] Delighted to see Jan's identifying her affiliation with ICP+P in her byline, I was deeply moved by this article, which deftly synthesizes psychoanalytic and social theories. I'd like to highlight a few of Jan's points that I particularly appreciated:

- Sigmund Freud accorded great significance to the role of the social environment (though he didn't sufficiently develop this aspect of his theory).
- Jessica Benjamin, one of the few analysts who regularly addresses sociopolitical issues, notes, in Gump's (2010) words, "It is the other that grants the self subjectivity" (49). In slavery, Gump adds, "the paradox of denying recognition, but demanding it from him who will not be recognized, is resolved through coercion" (50).
- "As Layton (2002) pointed out, the clinician has as much to learn about the ways in which culture constructs the patient/subject, just as postmodernists would profit from Anglo-American psychoanalytic theory's ability to articulate the ... internal life of the individual" (44).

- "Subjects who occupy the subject position *White* ... may be unaware of the entitlement and privilege the position bestows" (46).

It would seem that Whites have had even more difficulty acknowledging and integrating their forbears' transgressions, ... impeding this country's moral and spiritual growth. Some within the analytic community have begun to address ... 'Whiteness' in courageous and exciting ways (e.g., Suchet, 2007) (47).

- Gump's wonderful, humanistic conclusion: "If as therapists we are blind to difference we will leave untouched critical aspects of our patients' selves: If we cannot perceive the sameness that difference leaves untouched, we limit not only our patients but ourselves" (52). [2]

Jan's article increased my awareness of my White privilege and my motivation to work for personal and social change.

This month's *Connections* features an inspiring column from our new Director, Eleanor Howe, PhD, about "'the how of it:' (how) our membership actualizes the art of self and relational theories in the manner in which we conduct all our business, engaging one another with the same respect, intelligence, warmth and co-creation skills we want to use as psychotherapists." We also include another clinically savvy blog post from Trish Cleary, MA, about an "emotional GPS"; information about registering for the next cycle of study groups from Etta Sandler, LICSW; a reminder of the benefits of renewing membership from Martha Blechar Gibbons, PhD; and a request for proposals to submit for Scientific Day, 2016, from Janet Dante, MSW. Happy reading!

Yours,



therapy@doctor-jon.com

[1] My husband, Rev. Dr. Robin Gorsline, also had the pleasure of hearing Janice address Washington Professionals for the Study of Psychoanalysis on The Endurance of Slavery's Traumas and "Truths" last year.

[2] I am grateful to Dr. Janice Gump for permission to quote extensively from her article.

References:

Gump, J. {2010}. Reality matters: The shadow of trauma on African American subjectivity. *Psychoanalytic Psychology*, 27 (1), 42-54.

Layton, L. (2002). Gendered subjects, gendered agents: Towards an integration of postmodern theory and relational analytic practice. In M. Dimen & V. Goldner (Eds.), *Gender in psychoanalytic space: Between clinic & culture* (pp. 285-311). New York: Other.

Suchet, M. (2007). Unraveling whiteness. *Psychoanalytic Dialogues*, 17, 867-886.



Time for Membership Renewal

Martha Blechar Gibbons, PhD, APRN, BC

As Associate Director for Member Relations I am writing to welcome you to the new fiscal year, which will begin on July 1st. At that time, membership fees will be due.

What are the benefits of membership with ICP+P?

- Monthly study groups, free of charge, facilitated by ICP+P members. Some groups are designed for in-depth exploration of selected topics, others choose several topics, and some offer CE credits.
- Two free half-day programs throughout the year featuring internationally renowned clinicians and researchers. Reduced registration fees are offered for those ICP+P programs and events where member fees are necessary. CE credits are provided to participants in these educational programs.
- Free use of the ICP+P library with books, journals and tapes, and a subscription to ICP+P's monthly newsletter.
- Free admission to ICP+P's social events, such as the Graduation Ceremony, Annual Pot Luck Supper and Town Hall Meeting
- Participation in the leadership of ICP+P through committee assignments, election to the Board, and other opportunities created by the institute.
- I will contact each new member and if desired invite you to be introduced to the ICP+P community through an interview which will appear in the newsletter column "New Member Introduction." [Click here for an example of a past interview.](#)

Reduced membership fees and/or a payment plan can be negotiated on an individual basis. Contact me to discuss this option.

ICP+P continues to experience vitalizing developments. We continue to evaluate and revise the current organizational structure to reflect the evolving needs of the Institute. A year long institute, Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body, will begin Saturday September 24, 2016. Our study groups are thriving with the potential of additional groups being formed.

I look forward to sharing the new fiscal year with you.

Martha Blechar Gibbons, PhD, APRN, BC

marthagibbons123@verizon.net

Study Groups - Update

Etta Sandler, LICSW

The next two-year cycle for study groups will begin in September 2016. Sign up forms and information will be mailed, along with membership renewals, in early June. The list of study groups, including new study group opportunities, are listed in the [study group section of the](#)

[website](#). In addition, details about the sign up process are also available on the website.

The study groups cover a wide range of interest areas. The Learning Objectives, included with groups that offer CE's, illustrate the depth of the readings and clinical focus offered by study groups. Some study groups are designed for in-depth exploration of selected topics, some choose several topics, and all are free of charge to members. Please note that members of a study group are required to be members of ICP+P.

In anticipation of ICP&P's upcoming Institute on Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body, starting in September, study groups are available focused on readings related to the four conferences of the Institute. These readings will provide a rich background for appreciating the Institute speakers who will be joining us. Details about these groups can be found in the study group section of the website.

In addition, please consider volunteering for the role of librarian for ICP+P's library. This is a very low key job with a very limited time commitment. It would be a great way to contribute to the organization! If interested please contact Leslie Kent (301) 589-8696.

For questions about study groups, and to discuss your ideas for new study group topics, contact me at etls17@verizon.net.



A GPS for Life

Trish Cleary, MS, LCPC-MFT-ADC, CGP

www.trishcleary.com

Imagine possessing an emotional GPS to navigate the roads of life.

Once upon a time, before the days of GPS (global positioning systems) technologies that now provide directions, identify obstacles and recalculate our route when necessary, we crossed our fingers and hoped for the best! Maybe you remember that long stretch of miles traveling in the wrong direction before the sinking awareness that you were lost.

Jack

Jack came to therapy upon the recommendation of his boss based on feedback from his professional peers. Jack's performance wasn't dependable when work challenges and deadlines intensified. He was surprised and shaken that his colleagues didn't trust him to carry his share of the work since he prided himself on being overly responsible. Not showing up when stressors increased, however, was a real problem for Jack. He started missing deadlines in high school and yet always managed to charm his teachers and get

extensions. At his job when work pressures mounted, his apprehension made him sick with anxiety. He'd chastise himself for not being able to keep it together and shame himself for being flooded with feelings of fear and anger. His fear embarrassed him and his anger frightened him. Leaving seemed the only way to care for himself.
ew him.

[Click here to read on...](#)

2016 CAPP Training Program Class to Begin in September **Janna Sandmeyer, PhD**

Applications are being accepted through June 15th

The Contemporary Approaches to Psychodynamic Psychotherapy (CAPP) program is now accepting applications for our Fall 2016 class! Some of the benefits are:

- The CAPP program is the only 2 year psychotherapy training program in the DC area that emphasizes Contemporary Self and Relational Approaches to psychotherapy
- Opportunity to participate in collegial learning environment with excellent peer group and group process
- Stellar Faculty and Clinical Consultants
- Participation and integration in the ICP+P community

Applications are now on the [ICP+P website, under Training Programs - CAPP](#). For more information, please contact Janna Sandmeyer at JannaSandmeyer@me.com, or (202) 306-6500.



Couples Therapy Training Program Class to Begin in September **Michael Wannon, PhD**

The Couples Therapy Training Program is a one-year course comprised of both theoretical seminars and clinical group supervision. The trainees learn the material through lectures, case write ups and presentations and group participation. The trainees meet together for 3 hours per week from September to May. The emphasis of the programs is on the application of self-psychological and relational concepts applied to the clinical practice of treating couples.

The Couples Training Program has accepted five members for its 2016-2017 class. If you

are interested in learning more about the program and the possibility of becoming a member of the upcoming class, please contact the Chair of the program, Michael Wannon, PhD, menaw1@aol.com.

2016-2017 Fellowship Program in Contemporary Forms of Psychoanalysis

Applications are Being Accepted Now!

ICP+P's Fellowship Program, sponsored by the Psychoanalytic Training Program, is now accepting applications for the 2016-2017 academic year. From September through May, Fellows attend monthly presentations by training program faculty and graduates on a variety of topics pertinent to contemporary psychoanalytic theory and practice. The Fellowship also includes a mentorship option and provides discounts for many ICP+P events. There is an application fee (\$50 for professionals, \$30 for interns, residents, and graduate students) but otherwise the program is free of charge. *Continuing Education credits are available for the monthly presentations.* Click here for the [program application](#).

For further information, see our [website](#) or contact **Monica L. Callahan, PhD**, at Callahanml@erols.com or 301 587 6211.



2016-2017 Institute ~ Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body

Beatrice Beebe, PhD, Stephen Porges, PhD,
Kathy Steele, MN, CS, Ame Cutler, PhD

Early Registration Savings End on June 20th

Featured Speakers



Beatrice Beebe
Sept. 24, 2016



Stephen Porges
December 10, 2016



Kathy Steele
February 25, 2017



Ame Cutler
May 6, 2017

ICP+P's Third Year-Long Institute - 2016-2017

Psychotherapy is known as "the talking cure." Through words, patients describe memories and inner experiences, allowing empathically attuned therapists to enter that world. But how can this process unfold when patients have no words for, and may not know, their own experiences? Trauma specialists confront the difficulties of working with material not available to conscious awareness and verbal formulation. P. Ogden, Levine, van der Kolk and others assert that the body holds the story and keeps the score, and that trauma may be revealed not in words but in somatic, unsymbolized sensory fragments and symptoms. Similarly, attachment researchers demonstrate the critical influence of injuries resulting from nuanced early failures of care during the preverbal period that set the stage for later dysfunction.

In four full-day conferences, the Institute on Embodying the Unspoken Self provides the opportunity to learn state of the art science and theory of how the body contains and communicates unformulated material, and effective techniques to access implicit memory, integrate previously inaccessible pieces of the patient's past, and alleviate the patient's distress. Three hour pre-conferences will also be offered the Friday before each Saturday full day session for those who are interested in deepening their understanding of the topics and their clinical applications.

1st Conference ~ *Infant Research and Adult Treatment* with Beatrice Beebe, PhD ~ September 24, 2016

Pre-Conference: Bringing Attachment into the Real World: Exploring the Circle of Security Intervention with Betty Ann Kaplan, PhD ~ September 23, 2016

2nd Conference ~ *The Polyvagal Theory* with Stephen Porges, PhD ~ December 10, 2016

Pre-Conference: *Prepping for Porges: The Clinical Relevance of his Work* with Cynthia Margolies, PhD ~ December 9, 2016

3rd Conference ~ *Integrating the Body in the Psychotherapy of Trauma* ~ Kathy Steele, MN, CS ~ February 25, 2017

Pre-Conference: *Recognizing Dissociative Processes in Your Casework: Keeping the Body in Mind* with Rich Chefetz, MD ~ February 24, 2017

4th Conference ~ *Sensorimotor Psychotherapy Treatment of Trauma and Attachment* with Ame Cutler, PhD ~ May 6, 2017

Pre-Conference: *Not By Words Alone: Body Based Interventions for Healing the Wounds of Attachment and Trauma* with Tally Tripp, MA, MSW, ATR-BC ~ May 5, 2017

Small Group Experiences:

Part of each conference will be spent in small groups. The intentions of the groups are to deepen participants' understanding of the material presented, offer exposure to techniques employed when working with the physical manifestations of developmental trauma, and consider how these techniques can be integrated with self-psychological and relational approaches to treatment. Participants enrolled in the entire Institute will stay in the same group throughout the four conferences. When you register you will be asked to select your preference for small group between:

Experiential Groups: These groups will focus on experience-near activities which heighten our awareness of the language of the body and the experience of the five senses.

Integrative Discussion Groups: These groups will provide a forum for critical conversation based on the conference topic, deepening participants' understanding of the material being presented and exploring how these perspectives can be applied in the clinical setting.

There is so much more information on the Institute on our website. Take advantage of early registration pricing and package deals. Please visit www.icpeast.org/2016-Institute to learn more.

[Click Here to see the flier...](#)

[Click Here to register online...](#)

Continuing Education Credit: The Institute of Contemporary Psychotherapy+Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. 7 CE credits will be awarded for attending each Saturday conference, at which full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society, to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of *28 AMA PRA Category 1 Credit(s)*. Physicians should only claim credit commensurate with the extent of their participation in the activity. Three (3) CE credits will be awarded for attendance following each pre-conference session.



Scientific Day Submissions Due June 30th

Janet Dante, MA, MSW, LCSW-C

Scientific Day is our biannual celebration of the scholarship and creativity within our membership. It is an opportunity to learn from each other, both from the talks presented and from the discussions they stimulate among our audience members.

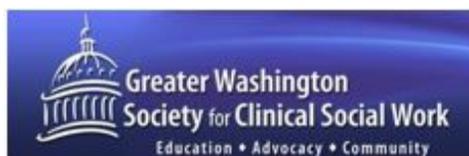
The next ICP+P Scientific Day will be held on Saturday January 28, 2017. Members are invited to submit an original paper/video on a theoretical, clinical, or practice topic. Alternatively, a presentation could be based on an artistic endeavor such as creative writing, music, studio art, or film, but they are always expected to have contemporary psychoanalytic thought as their focus. Footnotes are not required.

[Learn more on our website](#) or contact Janet Dante at janet.dante@yahoo.com.



Alice Kassabian Memorial Conference: Reflections on Wisdom ~ Its Nature, Value, and Relevance to Contemporary Practice

Nancy McWilliams, PhD, ABPP



Saturday, November 05, 2016 | 9:00 AM - 12:30 PM
Cosmos Club: 2121 Massachusetts Avenue NW, Washington DC

Dr. McWilliams will explore the reciprocal relationship between wisdom and psychotherapy with emphasis on the clinical implications of valuing wisdom. The social, interdependent nature of wisdom differs from that of knowledge, which can be pursued in relative isolation. A Clinical Case presentation will illustrate.

Since ancient time, philosophers have differentiated between being smart and being wise. More recently, some authors and mental health professionals have tried to specify what we mean by wisdom - a virtue often viewed as the consolation prize for getting old and typically experienced vs. coming to the self rather than being actively pursued.

Wisdom seems to require acknowledgement of limitation and mortality, while fantasies often are limitless and immorality may propel searches for knowledge. Professional incentives often reward knowledge at the expense of wisdom: hypothesis-testing tends to be privileged over hypothesis-generation; master of techniques may be valued over nuanced understanding of one person to whom the techniques are applied.

[Click Here to learn more and register.](#)

News & Notes

[MAGPS Outreach Project - Summer Process Group Experience Training Days](#)

* Saturday, June 18, 2016

* Saturday, July 16, 2016

Co-facilitators: Ginger Sullivan, MA, LPC, CGP & **Trish Cleary, MS, LCPC-MFT-ADC, CGP**. Ginger and Trish are both Certified Group Psychotherapists (CGP) and National Designate Institute Faculty for AGPA (American Group Psychotherapy Association).

Trish is also an AGPA Fellow.

Location: Trish Cleary's office: 5119 Bradley Boulevard, Chevy Chase, MD 20815.

Register to participate in either one or both of these PGE training days.

Contact Trish Cleary for details: 301-654-4936 / trishcleary@comcast.net.

The American Dance Therapy Association's 50th anniversary celebration is at their annual conference, *ReGeneration: Moving Pathways to Integration*. It is being held in Bethesda, MD from October 20 - 23, 2016. [Click here for more information.](#)

Elaine S. Hoffman has been juried into the 2016 [Baltimore Watercolor Society](#) Mid-Atlantic Regional Watercolor Exhibition, with a watercolor called, "Off to the Peruvian Marketplace." A photo of the work is featured here. This exhibition is the most competitive juried watercolor show in the mid Atlantic region. It will take place from June 9-July 16, at Blackrock Center for the Arts in Germantown. There are over 90 watercolorist's showing their work while over 200 attempted to be juried into the show.



Melinda Salzman will be singing with the [Capitol Hill Chorale](#) in a June concert honoring "Departed Friends," those who served or died in The Great War.

June 4 at 7:30 pm

June 5 at 4:00 pm

Capitol Hill Presbyterian Church

201 4th St SE (4th & Independence Ave SE)

Honoring the 100-year anniversary of The Great War, this program features music by composers who fought in or memorialized World War I. Among the featured composers are Debussy, Ravel, and Vaughan Williams, who all fought in World War I. In addition, this group has a special interest in the music of Eastern Europe, and this concert will feature a rarely-heard 1917 requiem honoring the war dead from all nations, by the Russian composer Alexander Kastalksy. This concert is sure to stir your heart.

Upcoming Events

- **Sunday, September 11, 2016, 11:00 am-2:00 pm, ICP+P's Annual Potluck and Fall Kickoff**, Chevy Chase Village Hall, 5906 Connecticut Ave., Chevy Chase, MD 20815. More information to follow as we get closer to the event or you can contact Kathy Beck, kathy.beck@rcn.com.
- **Friday, September 23, 2016, 3:00-6:15 pm, Institute Pre-Conference, *Bringing Attachment into the Real World: Exploring the Circle of Security Intervention* with Betty Ann Kaplan, PhD.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, September 24, 2016, 8:30 am-5:30 pm, *Infant Research and Adult Treatment* with Beatrice Beebe, PhD.** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)
- **Saturday, November 5, 2016, 9:00 am-12:30 pm, *Developmental Psychotherapy Across the Lifespan*, presented by Georgia DeGangi, PhD and Marc Nemiroff, PhD.** Silver Spring Civic Center.
- **Saturday, November 5, 2016, 9:00 am-12:30 pm, *Alice Kassabian Memorial***

Conference: Reflections on Wisdom~its Nature, Value, and Relevance to Contemporary Practice with Nancy McWilliams, PhD, ABPP at the Cosmos Club: 2121 Massachusetts Avenue NW, Washington DC. The conference is provided by GWSCSW in co-sponsorship with ICP+P. [Click Here to register.](#)

- **Sunday, November 20, 2016, JICC Conference.**
- **Friday, December 9 2016, 3:00-6:15 pm, Institute Pre-Conference, *Prepping for Porges: The Clinical Relevance of his Work*, with Cynthia Margolies, PhD.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, December 10, 2016, 8:30 am-5:30 pm, *The Polyvagal Theory with Stephen Porges, PhD.*** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)
- **Saturday, January 28, 2017, 9:00 am-12:30 pm, *Scientific Day Conference*,** Silver Spring Civic Center.
- **Friday, February 24, 2017, 3:00-6:15 pm, Institute Pre-Conference, *Recognizing Dissociative Processes in Your Casework: Keeping the Body in Mind* with Rich Chefetz, MD.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, February 25, 2017, 8:30 am-5:30 pm, *Integrating the Body in the Psychotherapy of Trauma* with Kathy Steele, MN, CS.** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)
- **Friday, May 5, 2017, 3:00-6:15 pm, Institute Pre-Conference, *Not By Words Alone: Body Based Interventions for Healing the Wounds of Attachment and Trauma* with Tally Tripp, MA, MSW, ATR-BC.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, May 6, 2017, 8:30 am-5:30 pm, *Sensorimotor Psychotherapy Treatment of Trauma and Attachment* with Ame Cutler, PhD.** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)

Bulletin Board

- **Openings in a new supervision/study group ~** This group will provide an opportunity to play with theoretical ideas and apply them directly to clinical material in a supportive, engaging environment, as well as promote deeper understanding of self as clinician. The emphasis will be on applying psychoanalytic theory to clinical casework, with a focus on Relational Theory, Self Psychology, and Intersubjectivity. Readings will be assigned as they pertain to specific cases and theoretical interest, with input from the group. Participants should have basic familiarity with psychoanalytic theory. This will be an ongoing group, open to all allied mental health professionals, with a maximum of five members. The group will meet on the first, third and fifth Mondays of the month, from 2-3:15pm in Chevy Chase, MD. Please call Janna Sandmeyer at 202.306.6500 or email at JannaSandmeyer@me.com for fee information and any other inquiries.



- **DC LICENSED PROFESSIONALS (Ph.D./Psy.D, LICSP, LMFT, LPC)** sought for a busy, insurance based private practice that is expanding (www.renewpsych.com). Must have experience providing outpatient services to adult populations (e.g., college counseling center, private practice, EAP, etc). Credentialing, billing, scheduling, and administrative support provided. All clinicians carry a minimum caseload of 20 clients and have input into setting own schedule. Send cover letter/CV to info@renewpsych.com. **Krystal Stanley, PhD** @ stanley@renewpsych.com.
- Bread For The City, the primary low cost medical and social service clinic for DC, has seen an increase in requests for asylum evaluations and is looking for psychologists who can help respond to this need. If you have an interest in helping by being on a list of psychologists who could occasionally do a pro bono asylum evaluation for this clinic, please contact **Jeffrey Jay**, at jeffjayphd@aol.com.
- **Nancy Hartsock, PsyD**, has opened a full-time private practice in Rockville, Maryland. She sees adults in individual and group therapy, with a specialty working with older adults. Medicare and Carefirst BCBS accepted. Referrals will be greatly appreciated. Please call 240-328-7924 or write nbhartsock@verizon.net.



ICP+P Connections is the e-Newsletter of the Institute of Contemporary Psychoanalysis and Psychotherapy, issued at the beginning of each month.

Please e-mail articles, announcements, and artwork in JPG/PNG format to Jonathan Lebolt, PhD (Editor) (240-507-7696) at Therapy@Doctor-Jon.com *and* Nancy Der, ICP+P Administrator (Managing Editor) (202-686-9300 ext.5) at administrator@icpeast.org by the 23rd of the previous month.

