

Saturday, November 5, 2016

Registration: 8:30-9am

Program: 9am-12:30pm

Silver Spring Civic Building at Veterans Plaza

One Veterans Place
Silver Spring, MD 20910

This half-day workshop is designed for professionals working in mental health settings who are interested in how developmental psychotherapy is applied to the treatment of adults with disorders of self-regulation and experiences of trauma. These are individuals who are highly sensitive to stimulation from the environment, emotionally reactive, and have difficulty maintaining relationships and an organized, regulated life-style. Child-centered therapy will be introduced: a technique that focuses on the process of self-regulation, affect attunement, emotional communication, attachment, and relational knowing. We will present an example of child-centered therapy as applied to a disengaged mother-infant dyad with a highly irritable infant. Dr. DeGangi and Dr. Nemiroff will each present an in-depth case of adults with severe dysregulation and psychically active childhood trauma. The treatment in both cases exemplifies the application of developmental psychotherapy to the adult population.

At the conclusion of this program, participants will be able to:

1. Describe the application of child-centered therapy in addressing the constitutional and emotional needs of adults with high irritability and mood dysregulation and the experience of trauma.
2. Discuss how developmental psychotherapy facilitates self-regulation, affect attunement, emotional communication, and attachment.
3. Discuss modifications in treatment between children and adults using principles of developmental psychotherapy.

This conference is appropriate for clinicians at all levels of experience.

About our Presenters:

Georgia DeGangi, PhD, OTR, FAOTA is a clinical psychologist and an occupational therapist in private practice at ITS: PALSS (Integrated Therapy Services: Psychological and Learning Support Services), Inc. in Kensington, MD. She has over 30 years' experience working with children, adolescents, and adults. She has extensive experience with diagnosis and treatment of a range of developmental, sensory, behavioral, and emotional problems. Dr. DeGangi has conducted research for many years to examine the most effective ways of treating individuals as well as examining how problems of self-regulation, sensory processing, attention, and social interactions develop over time. Among her publications are *The Dysregulated Adult: Integrated Treatment Approaches*; and *Pediatric Disorders of Regulation in Affect and Behavior: A therapist's guide to assessment and treatment*. She has also recently published a book entitled *Effective Parenting Strategies for the Hard-to-Manage Child* co-authored with Anne Kendall. Dr. DeGangi is internationally recognized as a leading expert in the assessment and treatment of self-regulation, sensory processing, attention, and interactional problems. She was the 1992 recipient of the A. Jean Ayres award from the American Occupational Therapy Foundation and the 2011 recipient of the Reginald S. Lourie Center award. She is on the faculty of the Developmental Psychotherapy Seminar program of the Washington School of Psychiatry.

Marc Nemiroff, PhD is a clinical psychologist in practice for over 40 years. He is on faculty at The Washington School of Psychiatry and affiliated with the Baltimore-Washington Center for Psychotherapy and Psychoanalysis. He is the co-author of numerous therapeutic children's books published by the American Psychological Association and co-author with Dr. DeGangi of *The Kids' Club Letters: Narrative Tools for Stimulating Process and Dialogue in Therapy Groups for Children and Adolescents*. His most recent book is *Stepping Into the River: An American Psychologist in Mother India*, based on his experiences during nine years (every January) of pro bono mental health work in India, primarily in the slums and with the street children of Mumbai. Dr. Nemiroff has taught and presented at The Washington School of Psychiatry, The Washington Center for Psychoanalysis Film Series on Trauma, The Baltimore-Washington Center for Psychotherapy and Psychoanalysis, The Bombay Psychological Association, and The Washington Society for Psychotherapy and Psychoanalysis, on such topics as childhood trauma, play therapy, the relevance of child development to adult psychotherapy, the uses of interpretation, termination of treatment, and other topics. During the Gulf War, Dr. Nemiroff served as a representative of the American Psychological Association to the media on the topic of the effect of televised war violence on children.

Developmental Psychotherapy Across the Lifespan

Presented by Georgia DeGangi, PhD and Marc Nemiroff, PhD

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Continuing education credit: 3 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. Attendees from the above professional groups will earn 3 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

** Georgia DeGangi, PhD and Marc Nemiroff, PhD and the planners have informed us that they do not have a conflict of interest and have disclosed that they have no relevant financial relationship with any commercial interests pertaining to this educational activity. Additionally, the presenters have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during this presentation. This presentation will not contain any references to off-label (non-FDA approved) use of products or devices.*

CE Credit is granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Credit will not be granted to registrants who are more than 15 minutes late or depart more than 15 minutes early from a session.

Please arrive at least 10 minutes before the scheduled start time of 9:00 am to allow time to check in.

Registration Form

Developmental Psychotherapy Across the Lifespan

Presented by Georgia DeGangi, PhD and Marc Nemiroff, PhD

Name _____ Professional Designation _____

Address _____ City, State & Zip _____

Email _____ Phone _____

Conference Fees

Free for ICP+P Members \$90 for Non-members \$35 for Unaffiliated Students

For more information, to request reasonable accommodations, or to register online, please visit www.icpeast.org, call 202-686-9300 ext. 5, or email administrator@icpeast.org. To register by mail, send this page and payment to:

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