

April 2016



ICP+P Connections

**A monthly e-newsletter from the Institute of Contemporary
Psychotherapy + Psychoanalysis**

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**Upcoming
Conferences**



Director's Column

Roger Segalla, Jr., PhD

Last month I told you about our upcoming March 13th ICP+P retreat, so this month I'll use this column to report back to you, our membership and guests, about the results of this important meeting.

First, I am happy to say that we had a good turnout for our retreat, with 30 members who came out ready to engage in the process of taking a close look at where we are as an Institute and where we want to go in the future. Candy Detchon, our retreat facilitator and Co-Director Emeritus, did a great job running and summarizing the meeting (thank you, Candy!). I will use some of the main points from her summary to tell you about our discussions.

First, we addressed the current state of the Institute, our functioning and our financial resources. I am happy to say that the Institute has never been stronger. We have three very active training programs, our conferences are being very well attended and are being highly rated by our participants, and we now have 18 different ongoing study groups, a booming fellowship program with 17 fellows, a very

*22nd Annual Conference
Connectedness: Intimate
Moments of Therapeutic
Growth
with Richard Geist, EdD*

Saturday, April 16, 2016
Registration: 8:30-9am
Program: 9am-4:30pm

Register Now

Institute - 2016-2017

*Embodying the Unspoken
Self:
Attachment, Trauma,
Neurobiology and the Body*

The Institute will consist of four weekend conferences - a pre-conference on Friday afternoon and a full-day conference on Saturday.

*1st Conference ~ Infant
Research and Adult Treatment*

Beatrice Beebe, PhD ~
September 24, 2016

*2nd Conference ~ The
Polyvagal Theory*

Stephen Porges, PhD ~
December 10, 2016

*3rd Conference ~ Integrating
the Body in the Psychotherapy
of Trauma*

Kathy Steele, MN, CS
February 25, 2017

strong faculty training program, a very successful series of "short courses" on a great variety of subjects, and two very active and successful outreach programs run by both the psychoanalytic and psychotherapy (CAPP) programs.

Happily, all this activity has also left us in a very good position financially. We now have an established Reserve Account and Equity Policy that will allow us to function for a least a year even if, for some reason, our income sources dried up completely - not likely but it's always good to be prepared!

We are also happy to report that our governance system seems to be working very well, especially with the piloted structural change of putting together an Executive Committee consisting of five Associate Directors. This new structure has made a huge difference for me as Director and takes the impossible number of tasks previously managed by our Directors and Co-Directors and redistributes these tasks in a way that is much more manageable for everyone involved.

But like any institution committed to evolution we were able to identify a number of areas for growth and change. The following issues were discussed in detail:

1) The retreat group once again affirmed its commitment to bringing more diversity to our membership and at our conferences: this includes ethnic, racial, gender, sexual, and income diversity. The group brainstormed on various ways to increase and maintain these diversities in our community.

2) We discussed various ways of increasing our appeal to early career professionals who are generally younger and will be the future of our Institute. This included reaching out to agencies

4th Conference ~
*Sensorimotor Psychotherapy
Treatment of Trauma and
Attachment*
Ame Cutler, PhD ~ May 6,
2017

Register Now

Institute - 2016-2017

Pre-Conferences

*Three hour pre-conferences
will also be offered the
Friday before each
Saturday full day session for
those who are interested in
deepening their
understanding of the topics
and their clinical
applications.*

*1st Pre-Conference ~ Bringing
Attachment into the Real
World: Exploring the Circle of
Security Intervention
September 23, 2016
Betty Ann Kaplan, PhD*

*2nd Pre-Conference ~
Prepping for Porges: The
Clinical Relevance of his Work
December 9, 2016
Cynthia Margolies, PhD*

*3rd Pre-Conference ~
Recognizing Dissociative
Processes in Your Casework:*

and clinics, graduate programs, post-doc programs, etc. with free programs like our Fellowship program.

New suggested initiatives included starting an Early Career Study Group, and more systematic effort to follow-up with new members and those people that attend our programs but have not yet become members.

3) We discussed ways of reaching out to communities just outside the Washington Area like Howard, Baltimore and Anne Arundel counties.

4) We discussed some new initiatives being explored like a certificate program in Contemporary Psychoanalytic Studies, and a proposed Developmental Program which will partner with the Lourie Center for Children's Social & Emotional Wellness.

We also discussed various ways of improving our communication with both our membership community and the wider mental health community, including:

1) Improvements to our website, such as social media additions and an online Member Directory.

2) Continuation of our annual Town Hall Meetings - these are both fun and productive.

3) Further improvements to already improved newsletter (thank you, Jonathan!).

4) An effort to develop a means to simulcast or "stream" our conferences and workshops.

5) Improvements in our marketing and publicity. This discussion resulted in the Board's decision to pilot the addition of an Associate Director position for Outreach and Publicity.

Keeping the Body in Mind

February 24, 2017

Rich Chefetz, MD

4th Pre-Conference ~ *Not By
Words Alone: Body Based
Interventions for Healing the
Wounds of Attachment and
Trauma*

May 5, 2017

Tally Tripp, MA, MSW, ATR-
BC

[Register Now](#)

And finally, the Retreat Group identified the need for some additional committees to support the above listed initiatives. These will include a Diversity Committee, a Marketing Committee, a Hospitality and Outreach Committee, a Financial Development Committee and an Advisory Council to advise the Executive Committee on topic areas and speakers for conferences and programs.

As you can see it was a very productive and enjoyable get-together that I believe represents the very best example of our community working collaboratively. I want to again thank Candy Detchon for her work on the Retreat and I want to thank all those members who gave up their rainy Sunday afternoon to come out and contribute to this important meeting.

Thank you all!



Note from the Editor

Jonathan Lebolt, PhD



Dear ICP+P'ers,

April may have been "the cruelest month" to T. S. Eliot, but for ICP+P, it is a month of joy. In addition to witnessing trees burst forth into bloom, on April 16, we will be celebrating our annual conference with Dr. Richard Geist on my favorite topic, "Connectedness." Make sure to register if you have not already done so. Also this month, we will be preparing to hold elections for several vacant Board positions; make sure your vote is counted! This month's *Connections* features a report from our wonderful ICP+P retreat, as well as announcements of many other exciting events. Happy Spring!

Yours,



Call for Nominations for the ICP+P Board Elections

2016 -2018 Term - Deadline Extended

ICP+P Nominations and Elections Committee

The Nominations and Elections committee has extended the deadline for accepting nominations for the new election cycle **until April 5th** for two reasons:

- First, we have not yet received any nominations for the Associate Director of Programs position. This is partly due to the fact that this position carries a multitude of responsibilities and duties. The Board decided to restructure the position and to place some of the Associate Director of Programs duties in a newly created position titled the Associate Director of Outreach and Publicity. This Associate Director position will have responsibilities that will include outreach and publicity for all aspects of the Institute's activities. This restructuring will significantly reduce the scope of the AD of Conferences position. The Associate Director of Programs has also been retitled to Associate Director of Conferences. The emphasis of this position will be on working with the Board to identify topics and speakers, and with a conference committee and speakers to refine points of the conference events. The descriptions of both the Associate Director of Conferences and the Associate Director of Outreach and Publicity are described below.
- Second, we have not yet received nominations for the Associate Director of Training. We hope that someone who has completed one of ICP+P's training programs or someone who is interested in coordinating ICP+P's training endeavors will come forward. This position description is also listed below.

Please feel free to contact the current Associate Co-Directors of Training (Kathy Beck, kathy.beck@rcn.com, and Linda Kanefield, lkaneffieldphd@gmail.com) and the the Associate Director of Programs (Jen Sermoneta, jen.sermoneta@gmail.com) if you wish to discuss these positions in further detail.

All nominations should be sent to Dawn Taylor (dawney66@aol.com).

We would welcome you into ICP+P's leadership team!

Thank you,

The Nominations and Elections Committee

Position Descriptions:

ASSOCIATE DIRECTOR OF OUTREACH AND PUBLICITY: Will 1) Coordinate efforts to reach out to diverse groups of prospective trainees and members at schools, clinics, and training sites. The Associate Director will establish plans to support or augment existing outreach efforts as needed. 2) Maintain or increase coherence across the range of our publicity materials; this includes print, electronic, and potentially social media. 3) Target an increase in younger clinician involvement by assessing the opportunities that might appeal to them. The AD of Outreach and Publicity attends ICP+P Board meetings and Executive Committee meetings.

ASSOCIATE DIRECTOR OF CONFERENCES: Responsible for the scheduling and execution of all conferences for the Institute. The AD of Conferences will work closely with a collegial group of members to produce quality professional programming. The AD of Conferences attends ICP+P Board meetings and Executive Committee meetings.

ASSOCIATE DIRECTOR OF TRAINING: Will coordinate all Institute training programs by promoting effective and efficient communication among the programs and by coordinating training activities, policies, procedures and concerns among the Training Chairs. The AD of Training serves as a liaison between the Training Chairs and the Board. The AD of Training attends ICP+P Board meetings and Executive Committee meetings.

Study Groups - Changes and New Groups Forming

Etta Sandler, LICSW

STUDY GROUPS OPENINGS:

Two **PRE-INSTITUTE STUDY GROUPS** focused on readings for the upcoming 2016 Institute on Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body are forming now. If interested, please contact :

1. Wendy Berns (703) 294-6614 - Location: Arlington, VA

The first Monday of the month, starting April 4th - 7:30-9:00pm; this group will meet monthly through May 2017. This study group will focus on readings for all four conferences of the Institute - members can join at any point in the year.

2. Ruth Ann Stoltzfus (301) 565-5920 - Location: Silver Spring, MD - red line Silver Spring

The second Tuesday of the month, starting 4/12/16- 4:00-5:15pm for four meetings: April 12, May 10, June 14, and September 13. This study group will focus only on Beatrice Beebe related readings - members can join after the start of the four sessions; There is the option of this group extending beyond the Beebe conference in September.

NEW POTENTIAL STUDY GROUPS:

If there is enough interest in the following groups, they will be offered as ongoing monthly

study groups, starting in September:

1. A second CREATIVITY STUDY GROUP

2. A second NOVELS AND MEMOIRS AS THEY RELATE TO PSYCHOTHERAPY STUDY GROUP

If you are interested in these study groups please contact Etta Sandler

- etls17@verizon.net.

SIGNING UP FOR THE NEW STUDY GROUP CYCLE:

The next two year cycle for the study groups begins September 2016. Sign up forms for study groups for the new cycle will be mailed with membership renewals in early June. Please check the [STUDY GROUP section of the website](#) for details regarding the sign-up process.

Librarian Needed

Leslie Kent, MSW

Please consider volunteering for the role of librarian for ICP+P's library. This is a low-key job with a very limited time commitment. It is a great way to help the organization!

If interested, and to discuss details, please contact Leslie Kent, (301) 589-8696.

2016 CAPP Training Program Class to Begin in September

Janna Sandmeyer, PhD

The Contemporary Approaches to Psychodynamic Psychotherapy (CAPP) program is now accepting applications for our Fall 2016 class! Some of the benefits are:

- The CAPP program is the only 2 year psychotherapy training program in the DC area that emphasizes Contemporary Self and Relational Approaches to psychotherapy
- Opportunity to participate in collegial learning environment with excellent peer group and group process
- Stellar Faculty and Clinical Consultants
- Participation and integration in the ICP+P community

Applications are now on the [ICP+P website, under Training Programs - CAPP](#). For more information, please contact Janna Sandmeyer at JannaSandmeyer@me.com, or (202) 306-6500.

Couples Therapy Training Program Class to Begin in September

Michael Wannon, PhD



The Couples Therapy Training Program is a one-year course comprised of both theoretical seminars and clinical group supervision. The trainees learn the material through lectures, case write ups and presentations and group participation. The trainees meet together for 3 hours per week from September to May. The emphasis of the programs is on the application of self-psychological and relational concepts applied to the clinical practice of treating couples.

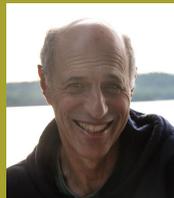
The Couples Training Program has accepted five members for its 2016-2017 class. If you are interested in learning more about the program and the possibility of becoming a member of the upcoming class, please contact the Chair of the program, Michael Wannon, PhD, menaw1@aol.com.

2016-2017 Fellowship Program in Contemporary Forms of Psychoanalysis

Applications are Being Accepted Now!

ICP+P's Fellowship Program, sponsored by the Psychoanalytic Training Program, is now accepting applications for the 2016-2017 academic year. From September through May, Fellows attend monthly presentations by training program faculty and graduates on a variety of topics pertinent to contemporary psychoanalytic theory and practice. The Fellowship also includes a mentorship option and provides discounts for many ICP+P events. There is an application fee (\$50 for professionals, \$30 for interns, residents, and graduate students) and a fee for CE credits, if desired, but otherwise the program is free of charge. Click here for the [program application](#).

For further information, contact **Monica L. Callahan, PhD**, at Callahanml@erols.com or 301 587 6211.



22nd Annual Conference ~ Connectedness: Intimate Moments of Therapeutic Growth

Richard Geist, EdD

Saturday, April 16

Registration: 8:30-9am

Program: 9am-4:30pm

Case Presentation by Janna Sandmeyer, PhD

Discussion by Sally Bloom-Feshbach, PhD

Sponsored by the

Contemporary Approaches to Psychodynamic Psychotherapy (CAPP) Program

Every therapeutic couple struggles to find that idiosyncratic bond that drives and holds together the treatment process and facilitates development and healthy growth. Dr. Richard Geist captures this clinical phenomenon in his construct of Connectedness, a consciously or nonconsciously felt sense of sharing in another's subjective emotional life while simultaneously experiencing another as participating in one's own subjective life.

Dr. Geist challenges our capacity to open ourselves to our patients, and to allow them to take up residence in our emotional world. Using verbatim selections from a clinical hour, he will demonstrate how the mutative vitality and therapeutic action of the treatment both emerge from the Connectedness between patient and therapist. Join us for this special event!

National 4H Conference Center

7100 Connecticut Avenue ● Chevy Chase, MD 20815

At the conclusion of the conference, attendees will be able to:

1. Describe how the concept of Connectedness facilitates the therapeutic process.
2. Identify a Connectedness sensibility in clinical material.
3. Describe the relationship between a Connectedness sensibility and Kohut's theory of selfobject transferences.
4. Discuss the ways in which therapists are challenged to be emotionally accessible to their patients.
5. Articulate a self psychological approach to defenses.
6. Describe how a protectiveness attitude facilitates emotional development in the treatment setting.

This conference is appropriate for all levels of experience and offers 6 CE credits.

Go to [our website](#) for more information or [click here to register online](#).

[Click Here to see the full flier...](#)

[Click Here to register online...](#)

Continuing education credit: - 6 CE credits available for full attendance. The Institute of Contemporary

Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. Attendees from the above professional groups will earn 6 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of *6 AMA PRA Category 1 Credit(s)*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Short Course

Why Did I Decide To Be A Couples Therapist Anyway? Finding your way when you feel ineffective with couples with Peggy Miller, MSW & Leslie Smith, PhD

Friday, April 29, 2016

10:00 am-1:15 pm

ICP+P Office, Washington, DC

Even the most experienced couples therapists encounter cases where they feel ineffective: deskilled, confused, inadequate, or angry at one or both members of a couple. Are these reactions a response to the dynamics of the couple, or are they coming from the therapist's countertransference? Join us as we consider these questions from our multi-subjective theoretical orientation and discuss possible interventions using some of our most challenging case material as illustration.

By the end of this course, participants will be able to:

1. List at least two of the issues presented by couples which cause therapists to feel ineffective.
2. Identify at least two therapeutic strategies for working with challenging couples.
3. Describe at least two ways in which the therapist's countertransference can be used to navigate the work with difficult couples.

**This program is appropriate for clinicians at all levels of experience
and offers 3 CEs.**

For more information or to register, please visit [our website](#).

[Click Here to see the full flier...](#)

[Click Here to register online...](#)

Continuing Education Credit - 3.0 CE credits available for full attendance. The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. Attendees from the above professional groups will earn 3.0 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of *3.0 AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.



2016-2017 Institute ~ Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body

Beatrice Beebe, PhD, Stephen Porges, PhD, Kathy Steele, MN, CS, Ame Cutler, PhD



Beatrice Beebe, PhD



Stephen Porges, PhD



Kathy Steele, MN, CS



Ame Cutler, PhD

ICP+P's Third Year-Long Institute - 2016-2017

Psychotherapy is known as "the talking cure." Through words, patients describe memories and inner experiences, allowing empathically attuned therapists to enter that world. But how can this process unfold when patients have no words for, and may not know, their own experiences? Trauma specialists confront the difficulties of working with material not available to conscious awareness and verbal formulation. P. Ogden, Levine, van der Kolk and others assert that the body holds the story and keeps the score, and that trauma may be revealed not in words but in somatic, unsymbolized sensory fragments and symptoms. Similarly, attachment researchers demonstrate the critical influence of injuries resulting from nuanced early failures of care during the preverbal period that set the stage for later dysfunction.

In four full-day conferences, the Institute on Embodying the Unspoken Self provides the opportunity to learn state of the art science and theory of how the body contains and communicates unformulated material, and effective techniques to access implicit memory, integrate previously inaccessible pieces of the patient's past, and alleviate the patient's distress. Three hour pre-conferences will also be offered the Friday before each Saturday full day session for those who are interested in deepening their understanding of the topics and their clinical applications.

1st Conference ~ *Infant Research and Adult Treatment* with Beatrice Beebe, PhD ~
September 24, 2016

Pre-Conference: Bringing Attachment into the Real World: Exploring the Circle of Security Intervention with Betty Ann Kaplan, PhD ~ September 23, 2016

2nd Conference ~ *The Polyvagal Theory* with Stephen Porges, PhD ~ December 10, 2016

Pre-Conference: Prepping for Porges: The Clinical Relevance of his Work with Cynthia Margolies, PhD ~ December 9, 2016

3rd Conference ~ *Integrating the Body in the Psychotherapy of Trauma* ~ Kathy Steele, MN, CS ~ February 25, 2017

Pre-Conference: Recognizing Dissociative Processes in Your Casework: Keeping the Body in Mind with Rich Chefetz, MD ~ February 24, 2017

4th Conference ~ *Sensorimotor Psychotherapy Treatment of Trauma and Attachment* with Ame Cutler, PhD ~ May 6, 2017

Pre-Conference: Not By Words Alone: Body Based Interventions for Healing the Wounds of Attachment and Trauma with Tally Tripp, MA, MSW, ATR-BC ~ May 5, 2017

Small Group Experiences:

Part of each conference will be spent in small groups. The intentions of the groups are to deepen participants' understanding of the material presented, offer exposure to techniques employed when working with the physical manifestations of developmental trauma, and

consider how these techniques can be integrated with self-psychological and relational approaches to treatment. Participants enrolled in the entire Institute will stay in the same group throughout the four conferences. When you register you will be asked to select your preference for small group between:

Experiential Groups: These groups will focus on experience-near activities which heighten our awareness of the language of the body and the experience of the five senses.

Integrative Discussion Groups: These groups will provide a forum for critical conversation based on the conference topic, deepening participants' understanding of the material being presented and exploring how these perspectives can be applied in the clinical setting.

There is so much more information on the Institute on our website. Take advantage of early registration pricing and package deals. Please visit www.icpeast.org/2016-Institute to learn more.

[Click Here to see the flier...](#)

[Click Here to register online...](#)

Continuing Education Credit: The Institute of Contemporary Psychotherapy+Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. 7 CE credits will be awarded for attending each Saturday conference, at which full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society, to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of *28 AMA PRA Category 1 Credit(s)*. Physicians should only claim credit commensurate with the extent of their participation in the activity. Three (3) CE credits will be awarded for attendance following each pre-conference session.

Members in the Arts

Margo Silberstein and Monica Callahan will be performing in the following concert of the [Georgetown Choral](#):

Spring Concert to Benefit the [Sergeant Sullivan Center](#) -- Dona Nobis Pacem: Music of Vaughan Williams, Parry, and Handel

Saturday, April 30, 2016

3 p.m.

First Congregational United Church of Christ

945 G Street, NW

Washington, DC

Ralph Vaughan Williams stirring *Dona Nobis Pacem* is the centerpiece of our spring benefit concert. Written in the years just prior to the outbreak of World War II, Vaughan Williams masterwork blends the poetry of Walt Whitman with the cry for peace (*Dona nobis pacem*) from the *Agnus Dei*. We will perform the piece in the rarely-heard version for strings and piano, a reduced orchestration made by the composer himself. Soprano Laura Choi Stuart returns to the Chorale as soprano soloist in a program that also features classic choral works by Handel and Parry.

Save the Date for Graduation!



SAVE THE DATE!

All ICP+P Members and their guests are
welcome to attend

ICP+P's GRADUATION CEREMONY
for

Members-in-Training from our Training Programs

Sunday, May 22, 2016

10:00 am Ceremony followed by a champagne luncheon

Maggiano's Little Italy
Chevy Chase Pavilion
5333 Wisconsin Avenue, NW
Washington, DC 20015

Contact Linda Kanefield (llkanefieldphd@gmail.com) or
Kathy Beck (kathy.beck@rcn.com) for any questions.

Upcoming Events

- **Saturday, April 16, 2016, 9:00 am-4:30 pm, ICP+P 22nd Annual Conference, Connectedness: Intimate Moments of Therapeutic Growth with Richard Geist, EdD. [Click HERE to register.](#)**
- **Friday, April 29, 2016, 10:00 am-1:15 pm, Couples Short Course, Why did I decide to be a couples therapist anyway? with Peggy Miller, LICSW and Leslie Smith, PhD, ICP+P Office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC**

20008. Peggy and Leslie will present on the topic of couples that make us feel ineffective and how to respond to them. [Click HERE to register.](#)

- **Sunday, September 11, 2016, 11:00 am-2:00 pm, ICP+P's Annual Potluck and Fall Kickoff**, Chevy Chase Village Hall, 5906 Connecticut Ave., Chevy Chase, MD 20815. More information to follow as we get closer to the event or you can contact Kathy Beck, kathy.beck@rcn.com.
- **Friday, September 23, 2016, 3:00-6:15 pm, Institute Pre-Conference, *Bringing Attachment into the Real World: Exploring the Circle of Security Intervention* with Betty Ann Kaplan, PhD.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, September 24, 2016, 8:30 am-5:30 pm, *Infant Research and Adult Treatment* with Beatrice Beebe, PhD.** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)
- **Saturday, November 5, 2016, 9:00 am-12:30 pm, ICP+P Fall Conference**, Silver Spring Civic Center.
- **Sunday, November 20, 2016, JICC Conference.**
- **Friday, December 9 2016, 3:00-6:15 pm, Institute Pre-Conference, *Prepping for Porges: The Clinical Relevance of his Work*, with Cynthia Margolies, PhD.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, December 10, 2016, 8:30 am-5:30 pm, *The Polyvagal Theory* with Stephen Porges, PhD.** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)
- **Saturday, January 28, 2017, 9:00 am-12:30 pm, ICP+P Conference**, Silver Spring Civic Center.
- **Friday, February 24, 2017, 3:00-6:15 pm, Institute Pre-Conference, *Recognizing Dissociative Processes in Your Casework: Keeping the Body in Mind* with Rich Chefetz, MD.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, February 25, 2017, 8:30 am-5:30 pm, *Integrating the Body in the Psychotherapy of Trauma* with Kathy Steele, MN, CS.** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)
- **Friday, May 5, 2017, 3:00-6:15 pm, Institute Pre-Conference, *Not By Words Alone: Body Based Interventions for Healing the Wounds of Attachment and Trauma* with Tally Tripp, MA, MSW, ATR-BC.** Location is the DC Metropolitan Area. [Click Here to register.](#)
- **Saturday, May 6, 2017, 8:30 am-5:30 pm, *Sensorimotor Psychotherapy Treatment of Trauma and Attachment* with Ame Cutler, PhD.** Georgetown University Hotel & Conference Center, 3800 Reservoir Road, NW, Washington, DC 20057. [Click Here to register.](#)

News & Notes

- **Trish Cleary, MS** and Ginger Sullivan, MA are co-leading three day-long Process Group Experience Trainings in April, June, and July as part of the Mid-Atlantic Group

Psychotherapy Society Outreach Project. Click [here](#) for more information or contact Trish at: trishcleary@comcast.net or by phone: 301-654-4936.

- **Elizabeth Haase, Ph.D** has opened an office in Northern Virginia in addition to her Washington, DC office. The new office is at 5205 Lyngate Ct. in Burke, VA. For further information or referrals, please contact Elizabeth at (202) 232-7877 or emthaase@verizon.net. Elizabeth is a psychologist in general practice with individuals, couples and groups and she also specializes in working with grief, trauma, illness and loss issues.

Bulletin Board

- **Dr. Roger Segalla, PhD** is currently in the process of setting up a **supervision group specifically designed for early career professionals**. This interactive weekly supervision group will utilize a relational psychodynamic perspective, that includes self psychology and intersubjectivity theory, to assist group members in conceptualizing and treating individuals, couples, and families. This group will also offer assistance in professional practice issues like setting practice policies, fee structures and practice development issues. Please contact Roger at (301) 652-1707 or email at: rsegalla@verizon.net.





ICP+P Connections is the e-Newsletter of the Institute of Contemporary Psychoanalysis and Psychotherapy, issued at the beginning of each month.

Please e-mail articles, announcements, and artwork in JPG/PNG format to Jonathan Lebolt, PhD (Editor) (240-507-7696) at Therapy@Doctor-Jon.com *and* Nancy Der, ICP+P Administrator (Managing Editor) (202-686-9300 ext.5) at administrator@icpeast.org by the 23rd of the previous month.

