

March 2016



## **ICP+P Connections**

**A monthly e-newsletter from the Institute of Contemporary  
Psychotherapy + Psychoanalysis**

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### **Director's Column**

**Roger Segalla, Jr., PhD**

As a member organization, ICP+P is committed to engaging our membership in the process of shaping the structure, operation and governance of our institute. As we have grown over the last 20 years from a small group of 31 Founding Members to our current membership of over 230, the complexity of the institute's operation has grown accordingly. This means that every day our member volunteers and the institute leadership are faced with making decisions that directly or indirectly affect the membership and our guests (potential members!). These might be decisions on the admission price for our conferences, our scholarship policy, our policy on study group selection, our budget, and partnerships with area institutes and national organizations like the International Associations of Psychoanalytic Self-Psychology (IAPSP). These decisions are made every day and though every member can't take part in every decision, we want our members to have input into the decisions, to provide us with guidance regarding the priorities and values that underlie these kinds of operational decisions.

We also place a high value on bringing the voice



## Upcoming Conferences

*22nd Annual Conference  
Connectedness: Intimate  
Moments of Therapeutic  
Growth  
with Richard Geist, EdD*

Saturday, April 16, 2016  
Registration: 8:30-9am  
Program: 9am-4:30pm

**Register Now**

*Institute - 2016-2017*

*Embodying the Unspoken  
Self:  
Attachment, Trauma,  
Neurobiology and the Body*

The Institute will consist of four weekend conferences - a pre-conference on Friday afternoon and a full-day conference on Saturday.

Beatrice Beebe, PhD on  
Attachment  
September 24, 2016

Stephen Porges, PhD on  
Polyvagal Theory  
December 10, 2016

Kathy Steele, MN, CS on  
Structural Dissociation  
February 25, 2017

of our membership into the process of guiding our programming choices, our choices regarding training programs, and the choices we make when planning our one-year special institutes. For instance, the lead time needed to secure conference space and book guest speakers requires a program planning process that operates at least a year in advance. This means that we are now making speaker choices, topic area choices (e.g. trauma, ethics, and attachment.), and facility commitments for the 2017 programming year.

Our training programs operate on a similar advanced schedule. Curriculum choices, syllabus development, faculty selection and member-in-training selections are now occurring for the 2016-2017 academic year. These decisions shape the nature of our training programs and specific pedagogical approaches we chose when designing our training. These choices include the specific emphasis we follow when choosing one contemporary theory over another or the decision to focus on one treatment approach over another.

Though those of us currently in leadership positions try to make these kinds of decisions with our members in mind, we regularly seek direct input and guidance from our rank and file membership. This is achieved in various ways, including membership surveys, study group solicitations, and our annual town hall meeting. While this kind of input is critical, we have found that every few years, it is essential to step back and take a broader look at the operation of the institute, our priorities, and the general direction of the institute. On Sunday, March 13 at 1:30 pm, we will engage in a retreat to take this broader view. This is your opportunity to lend your voice to the operation and direction of your institute. Please consider attending this meeting - we want to hear from you! Send an email to our Administrator ([administrator@icpeast.org](mailto:administrator@icpeast.org))

Ame Cutler, PhD on  
Sensorimotor Psychotherapy  
May 6, 2017

Registration will begin in April

by March 6th if you plan to attend.

Till then, all the best!



## ***Note from the Editor***

**Jonathan Lebolt, PhD**



Dear ICP+P'ers,

This issue of *Connections* features another inspiring piece from our Director, followed by a Call for Board Nominations, about the need for members to step up to the plate for positions of service and leadership in our community. I hope you'll consider serving as a Board or Committee member; you'll get lots of support and appreciation, and the knowledge that you're doing your part to keep our wonderful organization going.

In addition to an intriguing new member introduction by Martha Blecher Gibbons, PhD, and another thoughtful blog post from Trish Cleary, MS, we also offer an elegant journal review from our new, mystery-no-longer reviewer, Roman Lokhmotov, PhD. A Fellow in ICP+P's Contemporary Forms of Psychoanalysis program, Roman is an Assistant Professor of Psychology at the Institute for the Psychological Sciences, and he maintains a private practice in Arlington. We hope to hear a lot more from him in these pages-and from you, as well.

Yours,



[therapy@doctor-jon.com](mailto:therapy@doctor-jon.com)



## ***Welcome Our New Member***

**Martha Blechar Gibbons, PhD, APRN, BC**

## Yasmine Kaidbey, MSW



Following a recent conversation with ICP+P's new member Yasmine Kaidbey, I was left with the impression that we are very fortunate that she shifted careers from political science to clinical social work!

Growing up in Beirut, Yasmine attended the American University of Beirut and in 2005 graduated with a B.A. in Political Science. Remaining in Beirut, for seven years she worked first as a Research Assistant and then Research Associate with the United Nations Development Programme/Programme on Governance in the Arab Region (UNDP-POGAR). In 2010 Yasmine earned an M.A. in International Affairs from the Lebanese American University in Beirut. She met her husband in Beirut in 2008 and moved to the United States in 2011.

In September of 2011 Yasmine assumed the position of Consultant with the International Finance Corporation - World Bank Group. Initiating her own psychodynamic therapy she cultivated an interest in the therapy process and in psychoanalysis. Yasmine realized that she desired to change careers, and after working with the World Bank for two years she enrolled in the Master of Social Work program at George Mason University. Following graduation from this program in May of 2016 Yasmine plans to pursue her LCSW.

GMU's program has offered Yasmine a variety of experiences. Her first internship placed her in Artemis House Domestic Violence Shelter in Fairfax County, Virginia where she was involved with crisis calls and case management. An independent study on Veteran Treatment Courts allowed Yasmine to work with the Fairfax Court House. She took part in the birth of the First Veteran Treatment Docket in the State of Virginia. A combination of mental health courts, drug courts, and a mentorship program, the court prosecutes veterans who have committed crimes but attends to their mental health needs in an attempt to break the criminal cycle.

Currently Yasmine is an intern at Fort Belvoir, Virginia in an outpatient interdisciplinary clinic working with active duty members who are dealing with co-occurring substance use disorders, as well as comorbid mental illness. She facilitates groups and provides individual psychotherapy with the challenge that the program is limited to four to eight weeks.

The second graduate degree program has proved satisfying to Yasmine "on a different kind of level" as the program requires her to draw from prior personal and professional experiences. She has added an ICP+P study group to her agenda and is pleased to join other professionals who appreciate psychotherapy and psychoanalysis.

Expressing her athletic "self," Yasmine participates in sports that include skiing, swimming, and biking and she currently enjoys Cross Fit. Travel is a recreation that

Yasmine values and she may have an advantage being trilingual! Arabic is her mother tongue; however, Yasmine attended a French school where she developed proficiency with French as well as English.

Besides her husband, Yasmine's family includes her parents who reside in Lebanon, a younger brother who works in media and advertising, and two cats, Arya and Bran, named in honor of characters from "Game of Thrones."

To contact Yasmine, please email her at [Yasmine.kaidbey@gmail.com](mailto:Yasmine.kaidbey@gmail.com).

## ***Call for Nominations for the ICP+P Board Elections 2016 -2018 Term***

### **ICP+P Nominations and Elections Committee**

"ICP+P gets its strength, vitality and creativity from our membership participation in our activities. With 240 members, we have tremendous membership potential." (Roger Segalla, Director, ICP+P)

Soon, you will be receiving an e-mail for a Call for Nominations from our Committee. We hope some of you will consider becoming active in the governance of ICP+P. It is through the work of the Board that speaker programs, training programs, and study groups are conceived and supported. Board members serve in varied capacities: as committee members, Board Representatives, and as officers. Please go to <http://icpeast.org/icpp-about/> on-line for a current list of our Board members, and feel free to contact them directly to discuss any questions you may have about their work.

We encourage you to consider nominating a colleague or yourself to run in the current election. A list and description of the current open Board positions will be e-mailed to you in a Board Nominations memo in 7 to 10 days.

Thank you for your participation in the nominations process.

ICP+P Nominations and Elections Committee

[Kathy Beck](#)

[Martha Gibbons](#)

[Lynne Greenwald](#), Chair

[Dawn Taylor](#)

[Caron Trout](#)



Belonging - and not belonging - is the overarching theme of the journal's last issue. The articles in this issue focus on the concept of belonging by examining a wide array of specific human characteristics, including ethnicity and skin color, geocultural identity and language, religion and sexual orientation. In their discussions, the authors draw on their work with patients, as well as on their own life journeys, and offer the reader a number of courageously personal accounts of belonging and alienation.

Why is belonging an important subject? The authors remind us that the experience of belonging is a salient feature of psychological survival and flourishing, which we attain through attachment bonds with important others and the world in general. Kottler's article, for example, draws on Kohut's life experiences, as well as on her own, and highlights the profound sense of alienation, marginalization, and difference that were present in both of their lives. Other authors in the issue, including ICP+P's own Bob Benedetti, reveal their own experiences of not belonging, as well as the deep personal and professional costs of such alienation.

At the same time, the discussions transcend the false dichotomy of classifying belonging and not belonging as simply good and bad. Indeed, several authors emphasize that the human quest for belonging can also come at a significant cost. For instance, in describing her analysis of a bilingual patient, Lewis underscores that the experience of belonging can also compel the renunciation of a part of one's individuality. She illustrates the complex psychological negotiation that is present in the lives of many: to belong is to overcome profound loneliness and alienation, but also to relinquish one's self in some important way; to not belong is to fight against self-relinquishment, but also to perpetuate the experience of aloneness.

Lastly, the issue touches on an important point - the purpose of sharing our personal and professional experiences with our fellow therapists. In the article based on her 2014 Heinz Kohut Memorial Lecture, Gardner recounts her journey toward becoming a self psychologist, and highlights the crucial role of empathic relatedness - not only in therapeutic encounters, but also with colleagues, mentors and students - that fosters a sense of belonging in our field. Similarly, Kottler discusses the parallels between Kohut's own experiences of alienation and his development of the psychology of the self. Highlighting the twinship selfobject experiences as an antidote to alienation, Kottler demonstrates how participation in the professional community can provide "vitalizing twinship selfobject experiences" and transform not belonging into becoming known and welcomed into another's world.



## *Hidden Dimensions of the "Adult Child"*

Trish Cleary, MS, LCPC-MFT-ADC, CGP

*Is it possible that generations of external pressures and traumatic circumstances could be powerful enough to play a role in creating the Adult Child phenomenon?*

I have met the Adult Child over and over again in my practice and I always expect to find influences of substance abuse in their family history. When I don't observe this dynamic, I wonder what might have occurred that would impose a shame so deep that it would cause someone to avoid the intimacy and comfort of secure attachments and emotional well-being.

This first post of 2016 introduces a series on the hidden dimensions of the Adult Child phenomenon. We will explore family secrets about addiction issues, disease, financial challenge, illness, injury, loss, poverty and unemployment to reflect influences beyond the 12 Step Adult Child of Alcoholics (ACA) model.

My clients are competent individuals with histories of success. Yet, as they struggle to understand what makes their lives so challenging, these abilities aren't always as they seem. Words don't come easily. It is difficult for them to translate sensations and images into words to convey their confounding feelings of isolation, uncertainty, and insecurity. When vulnerable feelings erratically appear and then vanish, we pay attention to these emerging "snapshots" of experience. Together we take time to observe and reflect on what is said and isn't said and on what is heard and unheard. As we look at their emerging memories of being deprived of their childhood needs for affirmation and affection, they begin to appreciate how invisible and lonely they were as children. When my clients accept themselves as fitting the Adult Child paradigm, they begin to see how their early self-protective idealizations evolved into defenses that are now second nature. This recognition has the power to release them from intergenerational family suffering and to come out of hiding and be seen by their significant others.

[Click here to read on...](#)



## ***Couples Therapy Training Program Class to Begin in September***

**Michael Wannon, PhD**

The Couples Therapy Training Program is a one-year course comprised of both theoretical seminars and clinical group supervision. The trainees learn the material through lectures, case write ups and presentations and group participation. The trainees meet together for 3 hours per week from September to May. The emphasis of the programs is on the application of self-psychological and relational concepts applied to the clinical practice of treating couples.

The Couples Training Program has accepted five members for its 2016-2017 class. If you are interested in learning more about the program and the possibility of becoming a member of the upcoming class, please contact the Chair of the program, Michael Wannon, PhD, [menaw1@aol.com](mailto:menaw1@aol.com).

## ***2016 CAPP Outreach Opportunities***

### **CONTEMPORARY APPROACHES TO PSYCHODYNAMIC PSYCHOTHERAPY (CAPP) PROGRAM**

#### **2016 OUTREACH OPPORTUNITIES**

ICP+P's CAPP Program is pleased to announce the following programs, offered free of charge, as an introduction to topics and clinical applications included in the training experience. For further information about applying to the CAPP Program, you may contact **Janna Sandmeyer, PhD**, Program Chair, at [jannalou@me.com](mailto:jannalou@me.com) or 202 306 6500.

#### **Open House and Case Presentation**

This Open House will meet on Saturday morning from 10 AM to Noon at the ICP+P Office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC, 20008. For further information or to sign up, you may contact **Mary Jean Kane, LCSW**, at [mjkanelcsw@gmail.com](mailto:mjkanelcsw@gmail.com), 703 550 4298, or **Sharon Ballard, LICSW**, at [sfballard@gmail.com](mailto:sfballard@gmail.com), 301 681 9809.

#### **March 19, 2016 ~ *A Case Illustration of Core Concepts in Self Psychology***

Using a detailed case example, we will explore Kohut's seminal contributions in empathy, selfobject transferences, and disruption and repair as they manifest in the therapeutic relationship.

**Janna Sandmeyer, PhD**, is Chair of the Contemporary Approaches to

Psychodynamic Psychotherapy program, and is faculty and supervisor at the Washington School of Psychiatry.

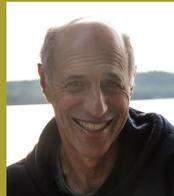
## Pre-Program Study Group

Meetings will be held the second Tuesday of each month, through May, from 7:15 to 8:30 PM in Monica L. Callahan, PhD's office, 4915 St. Elmo Ave., Suite 404, Bethesda, 20814.

This group is designed particularly for people who plan to apply to the CAPP program for the training class beginning in September, 2016. We will be reading and discussing clinically-relevant writings representative of contemporary Self Psychology and Relational theory, including chapters from Joseph Lichtenberg's book *Craft and Spirit* and recent journal articles. Later readings will be selected based on the interests of the group.

**Monica L. Callahan, PhD** is a faculty member and supervisor in ICP+P's CAPP Program and in its Psychoanalytic Training Program. She is Chair of ICP+P's Fellowship Program.

For further information or to sign up for the study group, you may contact Monica Callahan at [Callahanml@erols.com](mailto:Callahanml@erols.com) or 301 587 6211.



### ***22nd Annual Conference ~ Connectedness: Intimate Moments of Therapeutic Growth***

**Richard Geist, EdD**

**Saturday, April 16**

**Registration: 8:30-9am**

**Program: 9am-4:30pm**

***Case Presentation by Janna Sandmeyer, PhD***

***Discussion by Sally Bloom-Feshbach, PhD***

***Sponsored by the***

***Contemporary Approaches to Psychodynamic Psychotherapy (CAPP) Program***

Every therapeutic couple struggles to find that idiosyncratic bond that drives and holds

together the treatment process and facilitates development and healthy growth. Dr. Richard Geist captures this clinical phenomenon in his construct of Connectedness, a consciously or nonconsciously felt sense of sharing in another's subjective emotional life while simultaneously experiencing another as participating in one's own subjective life.

Dr. Geist challenges our capacity to open ourselves to our patients, and to allow them to take up residence in our emotional world. Using verbatim selections from a clinical hour, he will demonstrate how the mutative vitality and therapeutic action of the treatment both emerge from the Connectedness between patient and therapist. Join us for this special event!

*National 4H Conference Center  
7100 Connecticut Avenue ● Chevy Chase, MD 20815*

At the conclusion of the conference, attendees will be able to:

1. Describe how the concept of Connectedness facilitates the therapeutic process.
2. Identify a Connectedness sensibility in clinical material.
3. Describe the relationship between a Connectedness sensibility and Kohut's theory of selfobject transferences.
4. Discuss the ways in which therapists are challenged to be emotionally accessible to their patients.
5. Articulate a self psychological approach to defenses.
6. Describe how a protectiveness attitude facilitates emotional development in the treatment setting.

**This conference is appropriate for all levels of experience and offers 6 CE credits.**

Go to [our website](#) for more information or [click here to register online](#).

[Click Here to see the full flier...](#)

[Click Here to register online...](#)

**Continuing education credit: - 6 CE credits available for full attendance.** The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. Attendees from the above professional groups will earn 6 CE credits for attending the conference. Full attendance is required to receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 6 *AMA PRA Category*

## Short Course

### *"Letter Salad:" Relational Practice with Clients who are LGBTQIA2-S*

Jonathan Lebolt, PhD and Melanie Ricaurte, PsyD



### **Meets Cultural Competence Requirement**

Just when you thought you had mastered the term, "LGBT," one by one, a new letter was added. Now we have, "LGBTQIA2-S"-what's a culturally sensitive clinician with acronym challenge to do? In this workshop, we will use a variety of learning modalities, including didactic, case discussion, and experiential exercises, to increase our awareness of categories of sexual orientation, sexual behavior, and gender identity, while acknowledging that these categories are fluid and exist along continua. We will also learn how to intervene more sensitively and effectively in relational practice with sexual minorities.

By the end of this course, participants will be able to:

1. Explain how categories of sexual orientation, sexual behavior, and gender identity are fluid and exist along continua.
2. Define the terms, "sexual orientation," "sexual behavior," "gender identity," "lesbian," "gay," "bisexual," "transgender," "queer," "intersex," "asexual," and "two spirit."
3. Identify at least one psychosocial issue for each of the LGBTQIA-2S categories.
4. Use this knowledge to intervene more sensitively with clients of diverse sexualities.

**This program is appropriate for clinicians at all levels of experience.**

For more information or to register, please visit [our website](#).

[Click Here to see the full flier...](#)

[Click Here to register online...](#)

**Continuing Education Credit - 3.0 CE credits available for full attendance.** The Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P) is approved by the American Psychological Association to sponsor continuing education for psychologists. ICP+P maintains responsibility for this program and its content. ICP+P is approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP+P has approval from the Maryland Board, CE credit hours awarded by ICP+P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval standards for nurses and the approved standards for marriage and family therapists. Attendees from the above professional groups will earn 3.0 CE credits for attending the conference. Full attendance is required to

receive the designated CE credit. ICP+P is accredited by MedChi, the Maryland State Medical Society to provide continuing medical education for physicians. ICP+P designates this educational activity for a maximum of 3.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## ***2016-2017 Institute ~ Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body***

Coming Soon . . .

### **Embodying the Unspoken Self: Attachment, Trauma, Neurobiology and the Body**

#### **ICP+P's Third Year-Long Institute - 2016-2017**

This Institute will explore new developments in understanding neurobiology, physiology, and the impact of early attachment experiences and of trauma. Following on previous programs which have emphasized the emotional, cognitive and relational aspects of clinical work, the **Institute on Embodying the Unspoken Self** will emphasize the body and how to access implicit memory and integrate previously inaccessible pieces of the past by attending to body communications. Trauma will be addressed at both theoretical and clinical levels, with a focus on developmental trauma, i.e. injuries resulting from nuanced early failures of care, the "hidden traumas" of infancy that may be overlooked. Such experiences are less frequently identified as traumatic, relative to more dramatic disruptive events that receive the bulk of attention in the trauma literature. These early traumatic experiences occur as attachment patterns are being established, prior to the development of expressive language. Therapists will benefit greatly from learning to "read" the language of the body as it reveals early life experiences.

The Institute will consist of four weekend conferences - a pre-conference on Friday afternoon and a full-day conference on Saturday.

#### **Beatrice Beebe, PhD on Attachment**

September 24, 2016

#### **Stephen Porges, PhD on Polyvagal Theory**

December 10, 2016

#### **Kathy Steele, MN, CS on Structural Dissociation**

February 25, 2017

#### **Ame Cutler, PhD on Sensorimotor Psychotherapy**

May 6, 2017

## Registrations will begin in April!

For more details, see our website, [www.icpeast.org](http://www.icpeast.org). Check back frequently for new information and updates.

### **Save the Date for Graduation!**



SAVE THE DATE!

ICP+P GRADUATION CEREMONY

for

**Members-in-Training from the CAPP Training Program**

Sunday, May 22, 2016

Mid-morning ceremony followed by champagne luncheon

Maggiano's Little Italy

Chevy Chase Pavilion

5333 Wisconsin Avenue, NW

Washington, DC 20015

Contact Linda Kanefield ([likanefieldphd@gmail.com](mailto:likanefieldphd@gmail.com)) or

Kathy Beck ([kathy.beck@rcn.com](mailto:kathy.beck@rcn.com)) for any questions.

### **Upcoming Events**

- **Saturday, March 19, 2016, 10 am-noon, *Contemporary Approaches to Psychodynamic Psychotherapy Program (CAPP) Open House and Case Presentations*** - ICP+P Office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008. Contact Sharon Ballard for more information at [sfballard@gmail.com](mailto:sfballard@gmail.com).
- **Sunday, April 3, 2016, 1:00-4:15 pm, *Short Course, Letter Salad: Relational Practice with Clients who are LGBTQIA2-S***, with **Jonathan Lebolt, PhD** and **Melanie Ricaurte, PsyD**, ICP+P Office, 4601 Connecticut Ave., NW, Suite 8, Washington, DC 20008. [Click HERE to register.](#)
- **Saturday, April 16, 2016, 9:00 am-4:30 pm, *ICP+P 22nd Annual Conference, Connectedness: Intimate Moments of Therapeutic Growth with Richard Geist, EdD.*** [Click HERE to register.](#)
- **Friday, April 29, 2016, 10:00 am-1:15 pm, *Couples Short Course, Why did I decide to be a couples therapist anyway?*** with **Peggy Miller, LICSW** and **Leslie Smith, PhD**, ICP+P Office, 4601 Connecticut Ave., NW, Suite 8,

Washington, DC 20008. Peggy and Leslie will present on the topic of couples that make us feel ineffective and how to respond to them. **Registering Soon!**

- **Sunday, September 11, 2016, 11:00 am-2:00 pm, ICP+P's Annual Potluck and Fall Kickoff**, Chevy Chase Village Hall, 5906 Connecticut Ave., Chevy Chase, MD 20815. More information to follow as we get closer to the event or you can contact Kathy Beck, [kathy.beck@rcn.com](mailto:kathy.beck@rcn.com).

## News & Notes

- **Elizabeth Haase, Ph.D** has opened an office in Northern Virginia in addition to her Washington, DC office. The new office is at 5205 Lyngate Ct. in Burke, VA. For further information or referrals, please contact Elizabeth at (202) 232-7877 or [emthaase@verizon.net](mailto:emthaase@verizon.net). Elizabeth is a psychologist in general practice with individuals, couples and groups and she also specializes in working with grief, trauma, illness and loss issues.
- **Martha Blechar Gibbons, PhD, APRN, BC** was awarded the Visionary Leader Award in Recognition of Nursing Excellence by the Virginia Commonwealth School of Nursing in Richmond Virginia.
- **Tom Gray, PhD, LICSW, LCSW-C** received a "Best Professional Paper" award for his submission on cooperatives to the Southern Rural Sociology Association annual meetings in San Antonio, Texas Feb. 3, 2016.
- At a time when we are seeing the rise of right-wing fundamentalist movements in the United States and all over the world, Erich Fromm's historical and socio-psychoanalytic analysis of authoritarian movements and Nazism in Germany, and his advocacy for a humanistic revival, as discussed in some of his books such as *Escape from Freedom* and *The Sane Society* and *The Heart of Man*, is more relevant than ever before. THE (IN)SANE SOCIETY: Remembering Erich Fromm and the Frankfurt School Conference is being held in NY from March 31 through April 2. **Mauricio Cortina, MD** is a co-organizer and will be a speaker and discussant on various panels on topics including *Fromm's Social Character and Bourdieu's Habitus*, *Fromm's Theoretical Contributions: In Defense of Humanism*, and *Erich Fromm's Challenge to Freudian Orthodoxy and the Search for Continuity and Change*. [Click here for the conference schedule](#).
- **Thomas Hoffman, MD** presented at the Leadership Breakfast of Maryland, "Know Your Mind: The Royal Road to Leadership." Video of the presentation is available at <https://www.youtube.com/channel/UCAA5FkeWEvzLOGZXJEiM8bA> or at <http://www.pscience.com/media/>. You may also access a podcast of the full presentation by contacting [thoffmd@pscience.com](mailto:thoffmd@pscience.com).
- **Joanne Zucchetto, LICSW** and Simone Jacobs, LICSW have been asked to speak at ISSTD'S 33rd Annual Conference: Trauma/Dissociation/Attachment on

Saturday, April 2nd in San Francisco. The title of their discussion is: *Suicidal Attachments - How suicidal behaviors help maintain primary attachments in survivors of childhood abuse and neglect.*

- **ICP+P's Psychoanalytic Training Program is pleased to offer a Fellowship Program in Contemporary Forms of Psychoanalysis**, introducing participants to the ways psychoanalysis has evolved and to its relevance for clinical practice in the 21st century. The program is intended for residents, interns, advanced graduate students, and practicing clinicians from mental health fields including psychiatry, psychology, social work, counseling, and nursing. Fellows will attend monthly Saturday afternoon seminars throughout the academic year featuring presentations, case material, and discussion by faculty and graduates of the ICP+P Psychoanalytic Training Program. Seminars will draw from a variety of contemporary theories, including self psychology, relational theory, intersubjective systems theory, motivational systems theory, attachment theory, and findings from infant and childhood studies. The Fellowship Program is free of charge, other than a minimal application fee. [Click HERE for more information.](#)

## Bulletin Board

- **Relational Supervision Group Opening - Dr. Roger Segalla, PhD**, the Director of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP+P), currently has an opening in his Friday, 12:30pm to 1:45pm, relational supervision group. This interactive weekly supervision group, for mid to late career professionals, utilizes a relational psychoanalytic perspective, that includes self psychology and intersubjectivity theory, to assist group members in conceptualizing and treating individuals, couples, and families. If you are interested in learning more about this group, please contact Dr. Segalla at (301) 652-1707 or you can email him at: [rsegalla@verizon.net](mailto:rsegalla@verizon.net).



- **Available April 1.** Directly across from the National Zoo, nestled in the charming and historic neighborhoods of Cleveland and Woodley Park, is Washington D.C.'s Cathedral Mansions. Cleveland Park or Woodley Park Metro stations -- about 10 minute walk. Secure building, secure mailbox, concierge and fitness center on premises. Rent is \$1342/month. If interested, please call 301-518-1338 or email [jessicabrownmd@gmail.com](mailto:jessicabrownmd@gmail.com).
- MAGPS Spring Conference will feature Dr. Haim Weinberg and is titled, Impossible Groups: Absorbing a New Paradigm for Group Therapy? It is being held Saturday & Sunday, April 9 - 10, 2016 at Saint Elizabeths Hospital, Washington, DC. For more information and to register, please go to: [www.magps.org](http://www.magps.org).

- Looking for office space to share - Unexpectedly, due to the death of a colleague, I am looking for office space in the Tenley to Friendship Heights' corridor in Northwest DC. I need a space full-time that is large enough for group therapy. I know of space (for 2 therapists) currently available at 4801 Wisconsin Ave. NW/DC and (for three therapists) at 4545 42nd St. If you are interested either in sharing a lease or have space to sub-let, please contact me, Sarah (Sally) Brandel, PhD by phone or text at 301-526-0936 or e-mail: [s.brandel@verizon.net](mailto:s.brandel@verizon.net).



***ICP+P Connections*** is the e-Newsletter of the Institute of Contemporary Psychoanalysis and Psychotherapy, issued at the beginning of each month.

Please e-mail articles, announcements, and artwork in JPG/PNG format to Jonathan Lebolt, PhD (Editor) (240-507-7696) at [Therapy@Doctor-Jon.com](mailto:Therapy@Doctor-Jon.com) *and* Nancy Der, ICP+P Administrator (Managing Editor) (202-686-9300 ext.5) at [administrator@icpeast.org](mailto:administrator@icpeast.org) by the 23rd of the previous month.

